# November 2026
## MC

created with Sagely

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| **1**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Sunday Service<br>2:30 Interfaith Music and Sunday Fellowship<br>3:30 Inspirational Quotes<br>4:00 Pass the Light<br>4:30 Dinner<br>5:30 Evening Wind-Down | **2**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Picture Matching & Sorting Games [MPR]<br>2:30 Tea Social and Conversation Cards<br>3:30 Yoga club [MC/LR]<br>4:30 Dinner<br>5:30 Calming Music & Aromatherapy [MC/LR] | **3**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Homemade Cooking Club<br>2:30 Taste Test Social<br>3:30 Motown Music Hour<br>4:30 Dinner<br>5:30 Evening Wind-Down | **4**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Sensory Wellnes- Soft Fabrics& & Familiar Scents [MPR]<br>2:30 U.S National Arboretum<br>3:30 Word in a word<br>4:30 Dinner<br>5:30 Guided Relaxation [MC/LR] | **5**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Autumn Leaf Collage & Watercolor Painting [MPR]<br>2:30 Gallery Walk and Music [CR/AS]<br>3:30 Trivia Thursday<br>4:30 Dinner<br>5:30 Evening Reflections [MC/LR] | **6**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Bingo w/prizes [MPR]<br>2:30 Chocolate Cookie Social<br>3:30 Happy Hour [MC/LR]<br>4:30 Dinner<br>6:00 Evening Wind-Down | **7**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Residents Choice<br>2:30 Snack & Chat<br>3:30 Music & Movement<br>4:30 Dinner<br>5:30 Evening Wind-Down |
| **8**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Sunday Service<br>2:30 Interfaith Music and Sunday Fellowship<br>3:30 Inspirational Quotes<br>4:00 Pass the Light<br>4:30 Dinner<br>5:30 Evening Wind-Down | **9**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Large-Print Word Search [MPR]<br>2:30 Karaoke Happy Hour<br>3:30 Ball Toss and Seated Movement<br>4:30 Dinner<br>5:30 Gentle Music and Relaxation | **10**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Fruit and Vegetable Identification<br>2:30 Create Your Own Recipe Cards<br>3:30 Reading Circle, Sharing Recipe Cards<br>4:30 Dinner<br>5:30 Evening Wind-Down | **11**<br>8:00 Breakfast<br>10:00 Morning Greetings & Service Appreciation Conversation Edition [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Red, White and Blue Craft [MPR]<br>2:30 Let's Reminisce: Service and Community<br>3:30 Patriotic Sing-Along<br>4:30 Dinner<br>5:30 Calming Music & Reflection | **12**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Homemade Holiday Greeting Cards<br>2:30 Armchair Travel Italy Edition<br>3:30 Show -and- Tell Greeting Cards<br>4:30 Dinner<br>5:30 Evening Wind-Down | **13**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Guess The Famous Landmark<br>2:30 Afternoon Matinee w/ popcorn<br>3:30 Happy Hour [MC/LR]<br>4:30 Dinner<br>5:30 Evening Wind-Down | **14**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Residents Choice<br>2:30 Snack & Chat<br>3:30 Music & Movement<br>4:30 Dinner<br>6:00 Evening Wind-Down |
| **15**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Sunday Service<br>2:30 Interfaith Music and Sunday Fellowship<br>2:30 Sunday Fellowship<br>3:30 Inspirational Quotes<br>4:00 Pass the Light<br>4:30 Dinner<br>5:30 Evening Wind-Down | **16**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Picture Matching & Sorting Games [MPR]<br>2:00 December Activity Preview and Residents Suggestions<br>2:30 Music & Movement<br>3:30 Match the Object to its Purpose<br>4:30 Dinner<br>5:30 Evening Wind-Down | **17**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Fall Arts and Cafts<br>2:30 Trivia Tuesday<br>3:30 Turkey Trot Relay Race<br>4:30 Dinner<br>5:30 Evening Wind-Down | **18**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Armchair Travel [MPR]<br>2:30 National Gallery of Art<br>3:30 Museum Outing Recap & Discussion<br>4:30 Dinner<br>5:30 Evening Wind-Down | **19**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Cooking with Chef Herb Happy Hour Social<br>2:30 Beachball Volleyball<br>3:30 Music, Movement & Instruments<br>4:30 Dinner<br>5:30 Evening Wind-Down | **20**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Sorting by Colors<br>2:30 Afternoon Matinee w/ popcorn<br>3:30 Happy Hour [MC/LR]<br>4:30 Dinner<br>5:30 Evening Wind-Down | **21**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Residents Choice<br>2:30 Snack & Chat<br>3:30 Music & Movement<br>4:30 Dinner<br>5:30 Evening Wind-Down |
| **22**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Sunday Service<br>2:30 Interfaith Music and Sunday Fellowship<br>2:30 Sunday Fellowship<br>3:30 Inspirational Quotes<br>4:00 Pass the Light<br>4:30 Dinner<br>5:30 Evening Wind-Down | **23**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Fall Word Games [MPR]<br>*2:30 Bingo w/prizes*<br>3:30 Karaoke Happy Hour<br>4:30 Dinner<br>5:30 Evening Wind-Down | **24**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Thanksgiving Themed Treat Preparation<br>2:30 Holiday Music Social & Snack<br>3:30 Wreath Making Class [MC/AA]<br>4:30 Dinner<br>5:30 Evening Wind-Down | **25**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Slice of Pie Eating Contest [MPR]<br>2:30 Scenic Ride<br>3:30 Table Centerpiece Craft<br>4:30 Dinner<br>6:00 Evening Wind-Down | **26**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Family Photo Sharing and Reminiscence<br>2:30 Indoor Walk<br>3:30 Thanksgiving Social<br>4:30 Thanksgiving Dinner W/ Family & Friends<br>5:30 Evening Wind-Down | **27**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Reading Circle<br>2:30 Afternoon Matinee w/ popcorn [MPR]<br>3:30 Happy Hour [MC/LR]<br>4:30 Dinner<br>5:30 Evening Wind-Down | **28**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Residents Choice<br>2:30 Snack & Chat<br>3:30 Music & Movement<br>4:30 Dinner<br>5:30 Evening Wind-Down |
| **29**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Sunday Service<br>2:30 Interfaith Music and Sunday Fellowship<br>2:30 Sunday Fellowship<br>3:30 Inspirational Quotes<br>4:00 Pass the Light<br>4:30 Dinner<br>5:30 Evening Wind-Down | **30**<br>8:00 Breakfast<br>10:00 Morning Greetings & Conversations [MPR]<br>10:30 Brain Games<br>11:00 Fitness & Hydration [MPR]<br>12:00 Lunch<br>1:30 Winter-Themed Art & Collage [MPR]<br>3:30 End of Month Social<br>4:30 Dinner<br>5:30 Evening Wind-Down | **November Birthday Star**<br><br>**Charles Donnelly 11/23** | *Daily Fresh Air and Walks, Weather Permitting* |  | "Each day I am thankful for nights that turned into mornings, friends that turned into family, dreams that turned into reality and likes that turned into loves."<br>*— Unknown* |  |

Created on Wednesday, November 11, 2026 9:25 AM