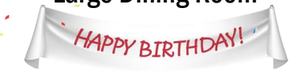
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 **10:00** *Doggie Day* Get a good snuggle from the most wonderful working therapy dogs. Lobby **10:00** Catholic Mass Meet for Mass in the 2nd Floor Chapel **10:00** Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing exercises. 3rd Floor Theater **1:00** Movie Matinee Sit back relax and enjoy popcorn while you watch the afternoon show. Check your daily flyer for detailed movie Information. 3rd Floor Theater Room **1:30** Latter Day Saints Church Service Members and guests are warmly welcome to join us for a special church service 2nd Floor Chapel **3:00** *Worship in The Word* Scripture, singing & praise together. 2nd Floor Chapel	**2** **9:45** Stronger Sr Exercises Exercises for **EVERYONE** Megan will meet you in the Large Dining Room **10:00** Seated Yoga Level 1 & 2 Seated strengthening & maintenance exercises 3rd Floor Theater Room **1:00** Volunteer Project Simple blankets to donate. See how you can get involved 2nd Floor Craft Room **1:00** Pinochle Stop in and play! 3rd Floor Billiard Room **1:30** $Nickel$ Bingo Pay a Nickel each game & a Quarter for the end game Large Dining Room **2:00** "GOLF" CARD GAME With Linda Enjoy good conversation, laughter and time to socialize with friends. 2nd Floor Craft Room **3:00** *Happier Hour Hot Chocolate* Warm up with a cocktail and socialize before dinner. Spiced Rum & Cider We have non alcoholic versions too! (Mocktails) Lobby **3:00** Bible Figure Lessons Learn more about interesting biblical figures & discover lessons from their lives that can encourage & inspire us. 3rd Floor Theater	**3** **9:50** OTAGO Better Balance Exercise Class Exercise Class Strength & balance exercises Large Dining Room **10:00** Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater **1:00** Pinochle Stop in and play! 3rd Floor Billiard Room **1:30** Friends & Faith with Joe "Words of the Week" Together, we'll explore values, interests, and life experiences in a positive and uplifting way through conversation & prayer. 2nd Floor Chapel **2:00** Candy BINGO Enjoy all regular BINGO games with candy prizes. Large Dining Room **3:00** BUNCO Dice Game Join us for this fun and easy to learn dice game. Have fun, make friends & win candy! 2nd Floor Craft Room	**4** **9:00** Casino Outing Ride with us to play! Sign up in the book at the front desk. **9:45** Stronger Sr Exercises VIDEO Exercises for **EVERYONE** Gentle moves, BIG benefits Take that first step with us 3rd Floor Theater Room **10:00** Seated Yoga Level 1 Seated strengthening 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater **1:00** Practice Pinochle Revisit or learn this game 3rd Floor Billiard Room **2:00** Wine -Down Wednesday KARAOKE With Bobby McFay Sip, enjoy singers and a fun time with your Parkview family. Large Dining Room **6:00** Movie Night Check your flyer for more info 3rd Floor Theater Room **6:00** Decks & Dice Meet to play residents choice of dice, card or board games. 2nd Floor Loft Tables (outside the puzzle Room)	**5** Shopping 8:30-10:00 Fred Meyer 1.5 hr Trip Sign up in the Lobby to ride **9:45** OTAGO Better Balance NOT TODAY Exercise Class Strength & balance exercises Large Dining Room **10:00** Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater Shopping 12:30 Fred Meyer 1hr Trip Sign up in the Lobby to ride **1:00** Pinochle Stop in and play! 3rd Floor Billiard Room **1:30** Praise Time A continuation of Pastor Al's wonderful Christian service 2nd Floor Chapel **2:00** Soda Shop Social Root Beer Floats Enjoy a classic treat! Stay and chat or take it to go! 2nd Floor "Coke" Room **2:30** Pinewood Singers This group has brought us great sing along songs. Sing with us! Lobby **3:00** BUNCO Dice Game Fun dice game for all! Easy peasy. Just roll the dice SEE YOU THERE!! 2nd Floor Craft Room	**6** **9:45** Stronger Seniors Exercise VIDEO Exercises for **EVERYONE** Gentle moves, BIG benefits Take that first step with us 3rd Floor Theater Room **10:00-11:00** *Musical Memories* Listen to songs you haven't heard in forever... Join us for a time to sit, relax and reminisce Lobby **10:00** Seated Yoga Level 1 & 2 Seated strengthening & maintenance exercises 3rd Floor Theater Room **11:00** VETERANS & SUPPORTERS LUNCH Meet with Rep. from VFW & fellow Patriots. Share stories & comradery and learn about how the Kenn VFW can help. Private Dining Room **1:00** Volunteer Project Simple blankets to donate See how you can get involved 2nd Floor Craft Room **1:00** Pinochle 3rd Floor Billiard Room **2:00** Live Music with John & Cuco The GREY WOLF BAND Enjoy all the best country/folk & more with these great guys. Large Dining Room	**7** **9:00** Perplexing Puzzlement Grab your puzzle packet from the Front Desk & enjoy brain games to keep your firing. **10:00** Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater **1:00** Fuzzy Friends Sweet pet bunnies & other smalls are here for you to pet & enjoy snuggles Lobby **1:00** Pinochle Stop in and play! 3rd Floor Billiard Room **1:00** Movie Matinee Sit back relax and enjoy popcorn while you watch the afternoon show. Check your daily flyer for detailed movie Information. 3rd Floor Theater Room

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8 **10:00** Catholic Mass Meet for Mass in the 2nd Floor Chapel **10:00** Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing exercises. 3rd Floor Theater **1:00** Movie Matinee Sit back relax and enjoy popcorn while you watch the afternoon show. Check your daily flyer for detailed movie Information. 3rd Floor Theater Room **1:30** Latter Day Saints Church Service Members and guests are warmly welcome to join us for a special church service 2nd Floor Chapel **3:00** Worship in The Word Scripture, singing & praise together. 2nd Floor Chapel	**9** **9:45** Stronger Sr Exercises Exercises for **EVERYONE** Megan will meet you in the Large Dining Room **10:00** Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater **1:00** Volunteer Project 2nd Floor Craft Room **1:00** Pinochle Stop in and play! 3rd Floor Billiard Room **1:30** $Nickel$ Bingo Pay a Nickel each game & a Quarter for the end game Large Dining Room **2:00** "GOLF" CARD GAME With Linda 2nd Floor Craft Room **3:00** Happier Hour Hot Apple Cider Warm up with a cocktail and socialize before dinner. Spiced Rum & Cider We have non alcoholic versions too! (Mocktails) Lobby **3:00** Bible Figure Lessons 3rd Floor Theater **6:00** Swing Unlimited 18-piece Big Band Large Dining Room	**10** **9:50** OTAGO Better Balance Exercise Class Exercise Class Strength & balance exercises Large Dining Room **10:00** Seated Yoga Level 1 & 2 Seated strengthening & maintenance exercises 3rd Floor Theater Room **10:00-11:00** Treeus Vocal Harmony Group Their warm, nostalgic sound is sure to bring back fond memories through a collection of beloved classics & timeless favorites. Lobby **1:00** Pinochle Stop in and play! 3rd Floor Billiard Room **10:00** Dr. Forsythe Foot Care Medicare covers foot care every 61 days. Please see the front desk for information. **1:30** Friends & Faith "Words of the Week" 2nd Floor Chapel **3:00** BUNCO Dice Game Join us for this fun and easy to learn dice game. Have fun, make friends & win candy 2nd Floor Craft Room	**11** **9:00** Dollar Store Shop with us for about an hour Sign up at the front desk **9:45** Stronger Sr Exercises Exercises for **EVERYONE** Gentle moves, BIG benefits Take that first step with us Large Dining Room **10:00** Seated Yoga Level 1 Seated strengthening 3rd Floor Theater Room **10:30** Yoga Level 2 3rd Floor Theater **11:00** LDS Ladies Lunch & Learn Meet in the Private Dining Room for lunch & fellowship **1:00** Practice Pinochle Revisit or learn this game 3rd Floor Billiard Room **2:00** Veterans Day Program Honoring all who served Lobby  **6:00** Movie Night Check your flyer for movie info 3rd Floor Theater Room	**12** Shopping 8:30-10:00 Walmart 1.5 hr Trip Sign up in the Lobby to ride **9:45** OTAGO Better Balance Large Dining Room **10:00** Seated Yoga Level 1 & 2 3rd Floor Theater Room Shopping 12:30 Walmart 1hr Trip Sign up in the Lobby to ride **10:00** Nurse Ruth Footcare Foot care appts. $40 cash or check. Please see the front desk for more information **1:00** Pinochle 3rd Floor Billiard Room **1:30** Praise Time A continuation of Pastor Al's wonderful Christian service 2nd Floor Chapel **2:00** Soda Shop Social Root Beer Floats Enjoy a classic treat! Stay and chat or take it to go! 2nd Floor "Coke" Room **2:30** Resident Council Mtg Meet to discuss goings on about Parkview Large Dining Room **3:00** Joyce's Piano Concert Joyful piano In the Lobby before dinner **3:00** BUNCO Dice Game 2nd Floor Craft Room **4:00-6:00** Family & Friends Dinner Invite friends and family to join us for a special evening of dinner, good company, and meaningful moments shared around the table.	**13** **9:45** Stronger Seniors Exercise Exercises for **EVERYONE** Gentle moves, BIG benefits Take that first step with us Large Dining Room **10:00-2:00** Columbia Basin Hearing Stop by to have your hearing aids cleaned & checked. 2nd Floor Coke Room **10:00-11:00** Musical Memories Listen to songs you haven't heard in forever... Join us for a time to sit, relax and reminisce Lobby **10:00** Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater **1:00** Volunteer Project Simple blankets to donate See how you can get involved 2nd Floor Craft Room **1:00** Pinochle 3rd Floor Billiard Room **2:00** TROUBLES BE GONE Sing Along This group is here to lift our spirits with the power of music. Lobby **3:30** Rack'em up Billiards Meet to play before dinner 3rd Floor Billiard Room	**14** **9:00** Perplexing Puzzlement Grab your puzzle packet from the Front Desk & enjoy brain games to keep your firing. **10:00** Seated Yoga Level 1 & 2 Seated strengthening & maintenance exercises 3rd Floor Theater Room **1:00** Pinochle 3rd Floor Billiard Room **1:00** Movie Matinee Sit back relax and enjoy popcorn while you watch the afternoon show. Check your daily flyer for detailed movie Information. 3rd Floor Theater Room  **2:00-3:00** MARYLO'S BINGO BIRTHDAY BASH Join Mary Lou & her family for BINGO fun as we celebrate her birthday together! Large Dining Room  **3:00** Classical Piano with Richard Enjoy timeless tunes with a great couple Lobby

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15 **10:00** Doggie Day Get a good snuggle from the most wonderful working therapy dogs. Lobby **10:00** Catholic Mass Meet for Mass in the 2nd Floor Chapel **10:00** Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing exercises. 3rd Floor Theater **1:00** Movie Matinee Sit back relax and enjoy popcorn while you watch the afternoon show. Check your daily flyer for detailed movie Information. 3rd Floor Theater Room **1:30** Latter Day Saints Church Service Members and guests are warmly welcome to join us for a special church service 2nd Floor Chapel **2:00** JEOPARDY Fun trivia for everyone Stimulate your brain! Lobby **3:00** Worship in The Word Scripture, singing & praise together. 2nd Floor Chapel	**16** **9:45** Stronger Sr Exercises Exercises for **EVERYONE** Megan will meet you in the Large Dining Room **10:00** Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater **1:00** Volunteer Project Simple blankets to donate. See how you can get involved 2nd Floor Craft Room **1:00** Pinochle Stop in and play! 3rd Floor Billiard Room **1:30** $Nickel$ Bingo Pay a Nickel each game & a Quarter for the end game Large Dining Room **2:00** "GOLF" CARD GAME With Linda 2nd Floor Craft Room **3:00** Happier Hour Hot Apple Cider Warm up with a cocktail and socialize before dinner. Spiced Rum & Cider We have non alcoholic versions too! (Mocktails) Lobby **3:00** Bible Figure Lessons Learn more about interesting biblical figures & discover lessons from their lives that can encourage & inspire us. 3rd Floor Theater	**17** **9:50** OTAGO Better Balance Exercise Class Exercise Class Strength & balance exercises Megan will meet you in the Large Dining Room **10:00** Seated Yoga Level 1 & 2 Seated strengthening & maintenance exercises 3rd Floor Theater Room **12:00** Lunch meeting for the Sight–Impaired Meet with peers to enjoy lunch & learn more about programs and tools to help Private Dining Room **1:00** Pinochle Stop in and play! 3rd Floor Billiard Room **1:30** Friends & Faith with Joe "Words of the Week" Together, we'll explore values, interests, and life experiences in a positive and uplifting way through conversation & prayer. 2nd Floor Chapel **2:00** LARRY ASHBY Sit back & enjoy classic songs with a great guy. Guitar and smooth vocals Lobby **3:00** BUNCO Dice Game Join us for this fun and easy to learn dice game. Have fun, make friends & win candy! 2nd Floor Craft Room	**18** **9:45** Stronger Sr Exercises Exercises for **EVERYONE** Gentle moves, BIG benefits Take that first step with us Large Dining Room **10:00** Seated Yoga Level 1 Seated strengthening 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater **11:00** OUT TO LUNCH BUNCH OLIVE GARDEN Join us for lunch out with us. Sign up in the Lobby Each is responsible for the cost of their meal. **1:00** Practice Pinochle Revisit or learn this game 3rd Floor Billiard Room **2:00** Old Time Fiddlers Keeping the music alive with warm, familiar sounds of traditional folk & country. Large Dining Room	**19** Shopping 8:30-10:00 Fred Meyer 1.5 hr Trip Sign up in the Lobby to ride **9:45** OTAGO Better Balance Exercise Class Strength & balance exercises Large Dining Room **10:00** Seated Yoga Level 1& 2 Seated to standing 3rd Floor Theater Room Shopping 12:30 Fred Meyer 1hr Trip Sign up in the Lobby to ride **1:00** Pinochle 3rd Floor Billiard Room **1:30** Praise Time Wonderful Christian service 2nd Floor Chapel **2:00** Soda Shop Social Root Beer Floats Enjoy a classic treat! Stay and chat or take it to go! 2nd Floor "Coke" Room **3:00** BUNCO Dice Game Fun dice game for all! Easy peasy. Just roll the dice SEE YOU THERE!! 2nd Floor Craft Room	**20** **9:45** Stronger Seniors Exercise Exercises for **EVERYONE** Gentle moves, BIG benefits Take that first step with us Large Dining Room **10:00-11:00** Musical Memories Listen to songs you haven't heard in forever... Join us for a time to sit, relax and reminisce Lobby **1:00** Volunteer Project Simple blankets to donate See how you can get involved 2nd Floor Craft Room **1:00** Pinochle 3rd Floor Billiard Room **1:00** Artsy Fartsy No fancy skills or artistic talent required! Just come have some fun and make a simple, and cute decoration for the upcoming season. Nothing too complicated, no stress.. Just time together. 2nd Floor Craft Room **3:30** Rack'em up Billiards Meet to play before dinner 3rd Floor Billiard Room	**21** **9:00** Perplexing Puzzlement Grab your puzzle packet from the Front Desk & enjoy brain games to keep your firing. **10:00** Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater **1:00** Pinochle 3rd Floor Billiard Room **1:00** Movie Matinee Sit back relax and enjoy popcorn while you watch the afternoon show. Check your daily flyer for detailed movie Information. 3rd Floor Theater Room **2:00** Candy Bingo Enjoy all regular BINGO games with candy prizes. Large Dining Room **3:00** Classical Piano with Richard Enjoy timeless tunes with a great couple Lobby

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22 **10:00** White Board Games Just for fun... Word games, Pictionary... Lobby **10:00** Catholic Mass Meet for Mass in the 2nd Floor Chapel **10:00** Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing exercises. 3rd Floor Theater **1:00** Movie Matinee Sit back relax and enjoy popcorn while you watch the afternoon show. Check your daily flyer for detailed movie Information. 3rd Floor Theater Room **1:30** Latter Day Saints Church Service Members and guests are warmly welcome to join us for a special church service 2nd Floor Chapel **2:00** Candy Bingo Enjoy all regular BINGO games with candy prizes. Large Dining Room **3:00** *Worship in The Word* Scripture, singing & praise together. 2nd Floor Chapel	**23** **9:45** Stronger Sr Exercises Exercises for **EVERYONE** Megan will meet you in the Large Dining Room **1:00** Laurie's Sing Along Sing your hearts out! Laurie works to make each get together unique and fun! Lobby **1:00** Volunteer Project 2nd Floor Craft Room **1:00** Pinochle 3rd Floor Billiard Room **1:30** $Nickel$ Bingo Pay a Nickel each game & a Quarter for the end game Large Dining Room **2:00** "GOLF" CARD GAME With Linda 2nd Floor Craft Room **3:00** *Happier Hour* Hot Apple Cider Spiced Rum & Cider We have non alcoholic versions too! (Mocktails) Lobby **3:00** Bible Figure Lessons 3rd Floor Theater **6:00** Praise River Worship Choir Enjoy a beautiful evening with cherished hymns, uplifting melodies as a special family connection shares the joy of music with us! Large Dining Room	**24** **9:50** OTAGO Better Balance Exercise Class Exercise Class Strength & balance exercises Large Dining Room **10:00** Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater **1:00** Pinochle Stop in and play! 3rd Floor Billiard Room **1:30** Friends & Faith with Joe "Words of the Week" Together, we'll explore values, interests, and life experiences in a positive and uplifting way through conversation & prayer. 2nd Floor Chapel **2:00** LARRY ASHBY Sit back & enjoy classic songs with a great guy. Guitar and smooth vocals Lobby **3:00** BUNCO Dice Game 2nd Floor Craft Room	**25** **9:00** Dollar Store Shop with us for about an hour Sign up at the front desk **9:45** Stronger Sr Exercises Exercises for **EVERYONE** Gentle moves, BIG benefits Take that first step with us Large Dining Room **10:00** Seated Yoga Level 1 Seated strengthening 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater **1:00** Practice Pinochle Revisit or learn this game 3rd Floor Billiard Room **2:00** Resident Birthday Party & Music with Gabe Celebrate all of the birthdays together! Everyone Is invited! Enjoy Live music & cake! Birthday month people spin the prize wheel! Large Dining Room **6:00** Movie Night Check your flyer for more info 3rd Floor Theater Room	**26** *Help Find The Turkeys!* **The Turkeys have escaped!** **We need your help finding them. They have gone all over the 3 floors of Parkview!** **Bring the turkey to the front desk to collect your bounty.** *9:00* *Macy's Thanksgiving Day Parade Hunt* **Use the worksheet in the Thanksgiving packets to enjoy this hunt.** **3rd Floor Theater** *11:00~6:00* *Thanksgiving Meal Together* **Meet in either Dining Room to enjoy** *1:30* *Turkey-Tail-gate Party* **Meet to watch the games!** **Enjoy soda, snacks & fun worksheets as you watch the games with friends.** *Count Your Blessings* Count your blessings instead of your crosses; Count your gains instead of your losses. Count your joys instead of your woes; Count your friends instead of your foes. Count your smiles instead of your tears; Count your courage instead of your fears. Count your full years instead of your lean; Count your kind deeds instead of your mean. Count your health instead of your wealth; Count on God instead of yourself.	**27** **9:45** Stronger Seniors Exercise NOT TODAY Exercises for **EVERYONE** Gentle moves, BIG benefits Take that first step with us Large Dining Room **10:00-11:00** Musical Memories Listen to songs you haven't heard in forever... Join us for a time to sit, relax and reminisce Lobby **10:00** Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater **1:00** Volunteer Project Simple blankets to donate See how you can get involved 2nd Floor Craft Room **1:00** Pinochle 3rd Floor Billiard Room **1:30** Happy Little Paintings with Tucker Bob Ross Style Watch the magic happen as our very own artist paints right before your eyes. Share your ideas, suggest what you'd like to see, and watch your vision come to life on canvas. You bring the ideas; he'll handle the paintbrush. Large Dining Room	**28** **9:00** Perplexing Puzzlement Grab your puzzle packet from the Front Desk & enjoy brain games to keep your firing. **10:00** Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater **1:00** Pinochle 3rd Floor Billiard Room **1:00** Movie Matinee Sit back relax and enjoy popcorn while you watch the afternoon show. Check your daily flyer for detailed movie Information. 3rd Floor Theater Room **2:00** Candy Bingo Enjoy all regular BINGO games with candy prizes. Large Dining Room **3:00** *Classical Piano with Richard* Enjoy timeless tunes with a great couple Lobby

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Large Dining Room **3:00** Worship in The Word Scripture, singing & praise together. 2nd Floor Chapel	**30** **9:45** Stronger Sr Exercises Exercises for **EVERYONE** Megan will meet you in the Large Dining Room **10:00** Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room **1:00** Volunteer Project 2nd Floor Craft Room **1:00** Pinochle Stop in and play! 3rd Floor Billiard Room **1:30** $Nickel$ Bingo Pay a Nickel each game & a Quarter for the end game Large Dining Room **2:00** "GOLF" CARD GAME With Linda Enjoy good conversation, laughter and time to socialize with friends. 2nd Floor Craft Room **3:00** Happier Hour Hot Apple Cider Warm up with a cocktail and socialize before dinner. Spiced Rum & Cider We have non alcoholic versions too! (Mocktails) Lobby **3:00** Bible Figure Lessons Learn more about interesting biblical figures & discover lessons from their lives that can encourage & inspire us. 3rd Floor Theater	**1** **9:50** OTAGO Better Balance Exercise Class Exercise Class Strength & balance exercises Large Dining Room **10:00** Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater **1:00** Pinochle Stop in and play! 3rd Floor Billiard Room **1:30** Friends & Faith with Joe "Words of the Week" Together, we'll explore values, interests, and life experiences in a positive and uplifting way through conversation & prayer. 2nd Floor Chapel **3:00** BUNCO Dice Game Join us for this fun and easy to learn dice game. Have fun, make friends & win candy! 2nd Floor Craft Room	**2** **9:45** Stronger Sr Exercises Exercises for **EVERYONE** Gentle moves, BIG benefits Take that first step with us Large Dining Room **10:00** Seated Yoga Level 1 Seated strengthening 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater **1:00** Practice Pinochle Revisit or learn this game 3rd Floor Billiard Room **1:30** $ Nickel $ Bingo Pay a Nickel each game & a Quarter for the end game Large Dining Room **6:00** Movie Night Check your flyer for more info 3rd Floor Theater Room **6:00** Decks & Dice Meet to play residents choice of dice, card or board games. 2nd Floor Loft Tables	**3** Shopping 8:30-10:00 Fred Meyer 1.5 hr Trip Sign up in the Lobby to ride **9:45** OTAGO Better Balance Exercise Class Strength & balance exercises Large Dining Room **10:00** Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater Shopping 12:30 Fred Meyer 1hr Trip Sign up in the Lobby to ride **1:00** Pinochle Stop in and play! 3rd Floor Billiard Room **1:30** Praise Time A continuation of Pastor Al's wonderful Christian service 2nd Floor Chapel **2:00** Soda Shop Social Root Beer Floats Enjoy a classic treat! Stay and chat or take it to go! 2nd Floor "Coke" Room **2:30** Pinewood Singers This group has brought us great sing along songs. Sing with us! Lobby **3:00** BUNCO Dice Game Fun dice game for all! Easy peasy. Just roll the dice SEE YOU THERE!! 2nd Floor Craft Room	**4** **9:45** Stronger Seniors Exercise Exercises for **EVERYONE** Gentle moves, BIG benefits Take that first step with us Large Dining Room **10:00-11:00** Musical Memories Listen to songs you haven't heard in forever... Join us for a time to sit, relax and reminisce **1:00** Volunteer Project Simple blankets to donate See how you can get involved 2nd Floor Craft Room **1:00** Pinochle 3rd Floor Billiard Room **1:00** CHRISTMAS DECORATING PARTY Join us as we deck the halls and bring the magic of Christmas to Parkview! We'll be decorating, with Christmas classic songs, and sharing in the joy of the season. Come lend a hand, enjoy the music & help us make Parkview merry and bright! 	**5** **9:00** Perplexing Puzzlement Grab your puzzle packet from the Front Desk & enjoy brain games to keep your firing. **10:00** Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room **10:30** Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater **1:00** Pinochle 3rd Floor Billiard Room **1:00** Movie Matinee Sit back relax and enjoy popcorn while you watch the afternoon show. Check your daily flyer for detailed movie Information. 3rd Floor Theater Room **3:00** White Board Games Just for fun... Word games, Pictionary... Lobby