REGENCY ON WHIDBEY

RETIREMENT & ASSISTED LIVING

A Regency Pacific Community

Bringing independence to living and quality to life

WHIDBEY NEWS GROUP ★ 2025 ★ THE BEST OF WHIDBEY READERS CHOICE AWARDS

November 2026

Regency on Whidbey Celebrates National Assisted Living Week

The third week of September, Regency on Whidbey celebrated National Assisted Living Week, an annual event to honor all the members of our care community; Residents, Staff, and Families. The theme this year was "Shining through the Years!" We began by hosting a Glamour Shot Day for Residents on the first of September. There portraits were then displayed in our lobby for everyone to see just how bright they shine!



Each day of Assisted Living Week there was a special event and spirit day for all to be a part of the festivities . The week kicked off with Crazy Hat & Sock Day and a visit from The Reptile Lady. Her visit has become an annual highlight of the week and we are always amazed at how many Residents and Staff want to touch and hold the various reptiles that she brings to share with us.



Tuesday was Hawaiian Day. Residents in Assisted Living had a special happy hour with music and Pina Coladas Slushies. Wednesday was Decades Day and the Bearly Awake Coffee Trailer was on site to treat our hardworking Staff to delicious coffees and fruit smoothies.



Thursday was Tie-Dye Day, and we celebrated a very special event - Resident Bernie Lange's 100th Birthday. Bob Burke, Bernie's tablemate, hosted a pizza party during our regularly scheduled happy hour. During the party Bernie was presented with special gifts from the City of Oak Harbor, as well as a special proclamation from Representative Dave Paul.

The week concluded on Friday with Team Spirit Day and a visit with local Falconer Cole Serad. Cole gave a very informative presentation. Afterwards Residents and Staff had the opportunity to hold several of the birds, if they wished.

It was a fun-filled week! Thank you to everyone that participated in our various events.





















Regency on Whidbey's Management Team

Wilma Jo Flaherty
Executive Director

Kathleen Pendleton MN/RN
Wellness Director

Amanda Streubel LPN
AL Nurse Manager

Mandy Gibbs LPN
MC Nurse Manager

Bonnie Patterson
Business Office & Payroll Manager

Teri Mendiola
Community Relations Director

Lanida Brophy
AL Life Enrichment Director

Shawnna Hodges
MC Life Enrichment Director

Aaliyah Robinson
Dietary Manager

Jeff Lujan
Maintenance Director

Megan Rivers
AL Resident Care Coordinator

Love Angel Parba
MC Resident Care Coordinator





Residents

- Sondra Keith - 11/2
- Judith Graham - 11/6
- Nasser Mansour - 11/10
- Bob Suttles - 11/16
- David Williams - 11/19
- Daniel Simenson - 11/20
- Judy Winship - 11/21
- Tom Piper - 11/23
- Harry Peterson - 11/27
- Janet Heideger - 11/27
- Ed Fraser - 11/29



Door Hours

Regency on Whidbey's Front door is unlocked from

8:30am - 5:00pm Daily

Please schedule visits appropriately.

If you will be visiting or returning to the building after 5:00pm, please contact the front desk for the door code.

Thank you!!



Regency's Beauty Salons

Operated by Naomi Lucente

In addition to full salon services, Naomi offers...

Waxing, Pedicures, & Manicures

If you would like to make an appointment, you can call or text Naomi directly at...

360-280-3805





After Hour Calls

It is best to call during normal business hours, 8:30am - 5:00pm

While we apologize for any inconvenience, after 5 o'clock, Staff are working to care for your loved one, and are not always able to take calls.

We appreciate your understanding!



Staff

- Marianne Campos - 11/1
- Greg Villarreal - 11/1
- Wilma Jo Flaherty - 11/11
- Rosemary Good - 11/11
- Shannon Delciello - 11/11
- Megan Rivers - 11/17
- Ken Harrison - 11/23
- Nikki Henry - 11/24
- Chris Villarreal - 11/27



Regency on Whidbey will offer a traditional

Thanksgiving Meal

with all the fixings

On Thanksgiving, November 26th at 11:30am

Reservations are required & can be made at the front desk until end of business Friday, November 20th

Maximum 3 Guests
Cost per Guest Meal is $25

Please be aware, when decorating for the holiday season, we can not allow cut greens or candles in rooms.

Live potted plants, including trees, are allowed, as they can be watered to avoid drying out.

Additionally, Poinsettias are NOT permitted in Memory Care.

Thank you for your cooperation!



As the holidays approach, many Residents and family members look for ways to show their appreciation to the Staff here at Regency on Whidbey. However, employees are not permitted to accept gifts or money. Instead, we have the Employee Holiday Fund where all monies given are distributed to all of our employees to show your gratitude.

If you wish, contributions to this fund can be given to the front desk or the business office.

Thank your for your generosity!!!

Please make checks payable to: Regency on Whidbey

Include on the Memo Line: Employee Holiday Fund

Thank you!



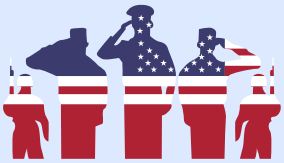
Last month you may have noticed that the roof on Memory Care was replaced and maintenance was done on the Assisted Living roof.

Our next project is to replace the Assisted Living Kitchen floor. Over the next few weeks, all food will be prepared in the Memory Care Kitchen, and Assisted Living meal service will utilize paper plates and plastic utensils until the work can be completed.

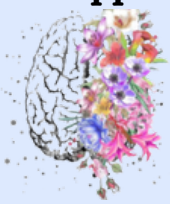
We apologize for any inconvenience



Wednesday, November 11th
11:00am
Oak Harbor High School Outting for Community Veterans Day Service



Thursday, November 12th
2:00-3:30
Dementia Support Group



Friday, November 19th
9:45am
Cupcake Wars at NWMS



Tuesday, December 8th
5:45pm
Oak Harbor High School Jazz Band



Thursday, December 10th
7:00pm
Christmas Carol Buy-Out at Whidbey Playhouse



Fun with the Reptile Lady



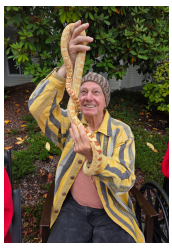










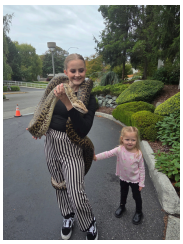













Happy 100 Bernie!!







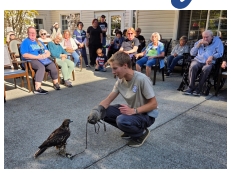






Crooked Skies Falconry








Glamour Shots

Memory Care - National Assisted Living Week

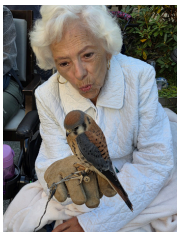























Memory Care Moments

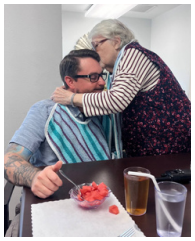
















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