

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Morning Musical, C 10:00 Chair Yoga With Shelby, C 1:00 Walking Club, L **2:00 Bingo, DR** 5:30 Evening Movie, FL Daylight Saving Time Ends	**2** 9:00 Hot Mocha Social, C 9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 1:00 Walking Group, L **1:30 Scenic Drive, L** 3:00 Margarita Monday, C 5:30 Evening Movie, FL 6:00 Table Games, C	**3** 9:00 Morning Musical, C 10:00 Exercise & Strength 1:00 Walking Group, L **1:00 Bible Study, FL** 2:00 Bananagrams , C Word Games, C 3:00 Scattegories Word Games, C 5:30 Evening Movie, FL	**4** 9:30 Table Word Puzzles C 10:00 Morning Exercise, DR **10:30 Shopping-** **Walgreens, L** 12:30 Cocktails & Trivia, C **2:00 Bingo, DR** 3:30 Afternoon Stroll, L 5:30 Evening Movie, FL	**5** **Medical** **Transportation** 9:30 Table Word Puzzles C 10:00 Morning Musical, C **1:00 Activity Talk, C** 2:00 Strike up the Band, DR 3:00 Exercise & Strength 5:30 Evening Movie, FL	**6** 9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 12:30 Adult Coloring, C **2:00 Birthday Celebration** **Carol Hendrickson, DR** 3:00 Afternoon Stroll, L 5:30 Evening Movie, FL 6:00 Table Games, C	**7** 10:00 Morning Exercise, DR 2:00 Balloon Volleyball, C 2:30 Word Games, D 5:30 Evening Movie, FL 6:00 Table Games, C
8 9:00 Morning Musical, C 10:00 Chair Yoga With Shelby, C 1:00 Walking Club, L **2:00 Bingo, DR** 5:30 Evening Movie, FL Diwali (Hindi)	**9** 9:00 Hot Mocha Social, C 9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 1:00 Walking Group, L **1:30 Scenic Drive, L** 3:00 Margarita Monday, C 5:30 Evening Movie, FL 6:00 Table Games, C	**10** 9:30 Table Word Puzzles C 10:00 Exercise & Strength **12:15 Swing Dance-North** **Bellevue Center L** **1:00 Bible Study, FL** 1:00 Walking Group, L 2:00 Documentary, C 5:30 Evening Movie, FL	**11** 9:30 Table Word Puzzles C 10:00 Morning Exercise, DR **10:30 Shopping-** **QFC, L** 12:30 Cocktails & Trivia, C **2:00 Crafty Creations** **With Dianna, DR** 5:30 Evening Movie, FL Veterans Day Remembrance Day (Canada)	**12** **Medical** **Transportation** 9:30 Table Word Puzzles C 10:00 Morning Musical, C 1:00 Exercise & Strength, DR **2:00 Entertainment with** **Silver Lining, DR** 3:30 Walking Group, L 5:30 Evening Movie, FL	**13** 9:30 Table Word Puzzles C 10:00 Morning Exercise, DR **11:00 Lunch Outing-** **Bai Tong, L** **1:00 Let's Talk Food, DR** **2:00 Happy Hour** **Bingo, DR** 5:30 Evening Movie, FL	**14** 10:00 Morning Exercise, DR 2:00 Balloon Volleyball, C 2:30 Word Games, D 5:30 Evening Movie, FL 6:00 Table Games, C
15 9:00 Morning Musical, C 10:00 Chair Yoga With Shelby, C 1:00 Walking Club, L **2:00 Bingo, DR** 5:30 Evening Movie, FL	**16** 9:00 Hot Mocha Social, C 9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 1:00 Walking Group, L **1:30 Scenic Drive, L** 3:00 Margarita Monday, C 5:30 Evening Movie, FL 6:00 Table Games, C	**17** 9:00 Morning Musical, C 10:00 Exercise & Strength **1:00 Bible Study, FL** **2:00 Beading with** **Joy & Dianna, DR** 3:15 Walking Group, L 5:30 Evening Movie, FL	**18** 9:30 Table Word Puzzles C 10:00 Morning Exercise, DR **10:30 Shopping-** **Fred Myers, L** 12:30 Cocktails & Trivia, C **2:00 Bingo, DR** 3:30 Afternoon Stroll, L 5:30 Evening Movie, FL	**19** **Medical** **Transportation** 9:30 Table Word Puzzles C 10:00 Morning Musical, C **1:00 Sing Along with Lucy** **Songs of Hope, Inspiration** 2:15 Strike up the Band, DR 3:00 Exercise & Strength	**20** 9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 12:30 Adult Coloring, C **2:00 Happy Hour with** **Jim & Beth, DR** 3:00 Afternoon Stroll, L 5:30 Evening Movie, FL 6:00 Table Games, C	**21** 10:00 Morning Exercise, DR 12:30 Word Games, C **2:00 Entertainment with** **Steve Ryals, DR** 5:30 Evening Movie, FL 6:00 Table Games, C
22 9:00 Morning Musical, C 10:00 Chair Yoga With Shelby, C 1:00 Walking Club, L **2:00 Bingo, DR** 5:30 Evening Movie, FL	**23** 9:00 Hot Mocha Social, C 9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 1:00 Walking Group, L **1:30 Scenic Drive, L** 3:00 Margarita Monday, C 5:30 Evening Movie, FL 6:00 Table Games, C	**24** 9:00 Morning Musical, C 10:00 Exercise & Strength **1:00 Casino Time, L** **1:00 Bible Study, FL** 2:00 Bananagrams , C Word Games, C 3:00 Scattegories Word Games, C 5:30 Evening Movie, FL	**25** 9:30 Table Word Puzzles C 10:00 Morning Exercise, DR **10:30 Shopping-** **CVS, L** 12:30 Cocktails & Trivia, C **2:00 Bingo Bash, DR** 3:30 Afternoon Stroll, L 5:30 Evening Movie, FL	**26** **Medical** **Transportation** 9:30 Table Word Puzzles C 10:00 Morning Musical, C **1:00 Chef Demo, DR** 2:00 Strike up the Band, DR 3:00 Exercise & Strength 5:30 Evening Movie, FL Thanksgiving Day (U.S)	**27** 9:30 Table Word Puzzles C 10:00 Morning Exercise, DR **11:00 Lunch Outing-** **Mod Pizza, L** 12:30 Adult Coloring, C **2:00 Happy Hour with** **Mark Shaffer, DR** 5:30 Evening Movie, FL	**28** 10:00 Morning Exercise, DR 2:00 Balloon Volleyball, C 2:30 Word Games, D 5:30 Evening Movie, FL 6:00 Table Games, C
29 9:00 Morning Musical, C 10:00 Chair Yoga With Shelby, C 1:00 Walking Club, L **2:00 Bingo, DR** 5:30 Evening Movie, FL	**30** 9:00 Hot Mocha Social, C 9:30 Table Word Puzzles C 10:00 Morning Exercise, DR 1:00 Walking Group, L **1:30 Resident Meeting-** **Come Share you Ideas, DR** 3:00 Margarita Monday, C 5:30 Evening Movie, FL 6:00 Table Games, C					

November 2026

The Monthly Gazette

"The year's last, loveliest smile.
Thou com'st to fill with hope the human heart,
And strengthen it to bear the storms awhile,
Til winter's frowns depart."

~ John Howard Bryant, "Indian Summer"



Animal of the Month – Striped Bark Scorpion

The venomous striped bark scorpion, *Centruroides vittatus*, is distinctive due to its markings, which include (you guessed it) two dark stripes along the top of the body and a dark triangle on the head. Native to the South-Central U.S. and northern Mexico, these skilled climbers belong to Buthidae, the largest family of scorpions. Like other scorpions, they have eight legs; a long, flattened oval-shaped body with pincers in the front; and a curled tail with a stinger. In addition to several sets of lateral eyes at the front of the head, they also have a pair of median eyes in the middle of the head plate. Sensitive "hairs" on their legs and pincers, and comblike organs called pectines on their undersides help them navigate their surroundings and find prey, which consists of a range of insects, spiders, centipedes, and even other scorpions. To survive the winter, they enter a state of dormancy called diapause.



Special Days

Election Day (U.S.)
November 3

Diwali
November 8

Forget-Me-Not Day
November 10

Remembrance Day (Canada)
November 11

Veterans Day
November 11

Thanksgiving (U.S.)
November 26

Black Friday
November 27

Flower – Chrysanthemum



These beautiful blooms, more commonly called *mums*, generally signify optimism and cheerfulness, but they can have different meanings depending on their color. For example, red signifies love, white represents truth, and yellow is the color for unrequited love. In parts of Asia, chrysanthemums have been used in teas and wines and are traditionally associated with health and longevity. In North American tradition, mums symbolize friendship and are a lovely gift to bestow on your best pals.

Birthstone – Yellow Topaz



Topaz likely gets its name from the Red Sea's Island of Topazios (now called Zabargad). Pure topaz is colorless, but trace imperfections in its crystal structure can produce shades of yellow, brown, pink, red, and blue. Imperial topaz, which ranges from reddish orange to orange-red, is one of the gem's most valuable color varieties. The ancient Greeks associated topaz with strength and believed it was capable of granting invisibility in times of emergency.

PATRIOTS Glen
ASSISTED LIVING & MEMORY CARE

Assisted Living

A Great Place to Call Home

Hair Salon
Wednesdays
9:00 AM—1:30 PM
Stylist—Oanh
Sign Up at the Front Desk

November 6th @ 2:00 PM Birthday Celebration with Carol Hendrickson

November 10th @ 12:15 PM Swing Dance-North Bellevue Center

November 11th @ 2:00PM Crafty Creations with Dianna

November 13th @ 11:00 AM Lunch Outing- Bai Tong

November 13th @ 2:00 PM Happy Hour Bingo

November 19th @ 1:00 PM Sing Along/ Songs of Hope, Inspiration

November 20th @ 2:00 PM Happy Hour with Jim & Beth

November 21st @ 2:00 PM Entertainment with Steve Ryals

November 24th @ 1:00 PM Casino Time

November 26th @ 1:00 PM Chef Demo with Josh

November 27th @ 11:00 AM Lunch Outing- Mod Pizza

November 27th @ 2:00 PM Happy Hour with Mark Shafter

November 30th @ 1:30 PM Resident Meeting-Come Share your Ideas

Scenic Drive Every Monday with Dianna