November 2026

Patriots Landing Retirement Community
Life Enrichment Calendar: Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Savings Time Ends **1** 9:00a Morning Headlines CE 9:30a PL Church and Hymns SS 11:00a Morning Fitness FPE 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Bingo SCF 3:00p Memory Match SCF 6:15p Movie Night LL Daylight Saving Time Ends	**2** 9:15a Morning Headlines CE 9:30a Making/Baking Bread FSI 9:45a Cards & Puzzles SCF 10:30a SAIL Fitness FPE 11:00a Brain Games SCF 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Musical Movement FPE 2:15p November Decor Craft AE 3:00p Balloon Games FPE 6:15p Movie Night LL	**3** 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Walking Group FPE 10:30a SAIL Fitness FPE 11:00a Sensory Games SCF 11:30a Oshibori PIES 1:00p Afternoon Fitness FPE 1:30p Molly & Friends/Nail Care 2:00p Fall Colors Craft AE 3:00p Word Search SCF 6:15p TV Time LL	**4** 9:15a Morning Headlines CE 9:30a Aromatherapy SCF 10:30a SAIL Fitness FPE 10:30a Catholic Services SS 11:00a Brain Games SCF 11:30a Oshibori PIES 1:00p Gentle Stretching FPE **1:30p 3rd Graders from Cabrini** 2:00p Pinbo FSI 3:00p I-Spy SCF *3:00p Scenic Bus Ride* LL 6:15p TV Time LL	**5** 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Move to Music FPE 10:30a SAIL Fitness FPE 11:00a Brain Games SCF 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Molly & Friends 3:00p Thanksgiving Craft AE 6:15p TV Time LL	**6** 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:30a SAIL Fitness FPE 11:00a Funny Friday Jokes SCF 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Bingo SCF 3:00p Travelogue LL 6:15p Movie Night LL	**7** 9:15a Morning Headlines CE 9:30a Walking Group FPE 10:30a Reminisce With Me FSI 11:00a Brain Games SCF 11:30a Oshibori PIES 1:00p Yoga/Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Thanksgiving Craft AE 3:00p Word Puzzles CE *3:00p Scenic Bus Ride* LL 6:15p Evening Movie LL
8 9:00a Morning Headlines CE 9:30a PL Church and Hymns SS 11:00a Morning Fitness FPE 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Bingo SCF 3:00p Memory Match SCF 6:15p Movie Night LL Diwali (Hindi)	**9** 9:15a Morning Headlines CE 9:45a Cards & Puzzles SCF 10:30a SAIL Fitness FPE 11:00a Brain Games SCF 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Musical Movement FPE 2:15p Fall Leaves Craft AE 3:00p Balloon Games FPE 6:15p Movie Night LL	**US Marine Corps 251th Birthday** **10** 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Walking Group FPE 10:30a SAIL Fitness FPE 11:00a Sensory Games SCF 11:30a Oshibori PIES 1:00p Afternoon Fitness FPE 1:30p Molly & Friends/Nail Care 2:00p Scrapbook Pages AE 3:00p Word Search SCF 6:15p TV Time LL	**11** 9:15a Morning Headlines CE 9:30a Aromatherapy SCF 10:30a Catholic Services SS 11:00a Brain Games SCF 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Musical Movement FPE **2:30 - 4:30pm** **Veterans Day Program** 6:15p TV Time LL Veterans Day Remembrance Day (Canada)	**12** 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Move to Music FPE 10:30a SAIL Fitness FPE 11:00a Brain Games SCF 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Molly & Friends 3:00p Fall Crafting AE 6:15p TV Time LL	**13** 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Move to Music FPE 10:30a SAIL Fitness FPE 11:00a Funny Friday Jokes SCF 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Bingo SCF 3:00p Travelogue LL 6:15p Movie Night LL	**14** 9:15a Morning Headlines CE 9:30a Walking Group FPE 10:30a Exploring Color Through Sensory AE 11:00a Brain Games SCF 11:30a Oshibori PIES 1:00p Yoga/Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Fall Colors Craft AE 3:00p Word Puzzles CE *3:00p Scenic Bus Ride* LL 6:15p Evening Movie LL
15 9:00a Morning Headlines CE 9:30a PL Church and Hymns SS 11:00a Morning Fitness FPE 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Bingo SCF 3:00p Memory Match SCF 6:15p Movie Night LL	**16** 9:15a Morning Headlines CE 9:45a Cards & Puzzles SCF 10:30a SAIL Fitness FPE 11:00a Brain Games SCF 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Musical Movement FPE 2:15p Fall Leaves Craft AE 3:00p Balloon Games FPE 6:15p Movie Night LL	**17** 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Walking Group FPE 10:30a SAIL Fitness FPE 11:00a Sensory Games SCF 11:30a Oshibori PIES **1:00p Doug Deems Music FSI** 2:00p Craft Hour AE 3:00p Word Search SCF 6:15p TV Time LL **7:00p Wine Social w/Joey Jewell**	**18** 9:15a Morning Headlines CE 9:30a Aromatherapy SCF 10:30a Catholic Services SS 11:00a Brain Games SCF 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Musical Movement FPE 2:00p Hula Hoop Games FSI 3:00p I-Spy SCF *3:00p Scenic Bus Ride* LL 6:15p TV Time LL	**19** 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Move to Music FPE 10:30a SAIL Fitness FPE 11:00a Brain Games SCF 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE **2:00p Resident Birthday Party** 3:00p Thanksgiving Coloring AE 6:15p TV Time LL	**20** 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Move to Music FPE 10:30a SAIL Fitness FPE 11:00a Funny Friday Jokes SCF 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Bingo SCF 3:00p Travelogue LL 6:15p Movie Night LL	**21** 9:15a Morning Headlines CE 9:30a Walking Group FPE 10:30a Reminisce With Me FSI 11:00a Brain Games SCF 11:30a Oshibori PIES 1:00p Yoga/Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Fall Leaves Craft AE 3:00p Word Puzzles CE *3:00p Scenic Bus Ride* LL 6:15p Evening Movie LL
22 9:00a Morning Headlines CE 9:30a PL Church and Hymns SS 11:00a Morning Fitness FPE 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Bingo SCF 3:00p Memory Match SCF 6:15p Movie Night LL	**23** 9:15a Morning Headlines CE 9:45a Cards & Puzzles SCF 10:30a SAIL Fitness FPE 11:00a Brain Games SCF 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Musical Movement FPE **2:00p Songbirds FSI** 3:00p Balloon Games FPE 6:15p Movie Night LL	**24** 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Walking Group FPE 10:30a SAIL Fitness FPE 11:00a Sensory Games SCF 11:30a Oshibori PIES 1:00p Afternoon Fitness FPE 1:30p Molly & Friends/Nail Care 2:00p Scrapbook Pages AE 3:00p Word Search SCF 6:15p TV Time LL	**25** 9:15a Morning Headlines CE 9:30a Aromatherapy SCF **10:00a Cheryl Z. Music** FSI 10:30a Catholic Services SS 11:00a Brain Games SCF 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Musical Movement FPE 2:00p Table Hockey FSI 3:00p I-Spy SCF *3:00p Scenic Bus Ride* LL 6:15p TV Time LL	**26** 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Move to Music FPE 10:30a SAIL Fitness FPE 11:00a Thanksgiving Memories FSI 11:30a Oshibori PIES **HAPPY THANKSGIVING** **Turkey Buffet delivered and family visits welcome** Thanksgiving Day (U.S)	**27** 9:15a Morning Headlines CE 9:45a Coffee & Conversation FSI 10:15a Move to Music FPE 10:30a SAIL Fitness FPE 11:00a Funny Friday Jokes SCF 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Bingo SCF 3:00p Travelogue LL 6:15p Movie Night LL	**28** 9:15a Morning Headlines CE 9:30a Walking Group FPE 10:30a Exploring Color Through Sensory AE 11:00a Brain Games SCF 11:30a Oshibori PIES 1:00p Yoga/Stretching FPE 1:30p Afternoon Fitness FPE 2:00p December Craft AE 3:00p Word Puzzles CE *3:00p Scenic Bus Ride* LL 6:15p Evening Movie LL
29 9:00a Morning Headlines CE 9:30a PL Church and Hymns SS 11:00a Morning Fitness FPE 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Afternoon Fitness FPE 2:00p Bingo SCF 3:00p Memory Match SCF 6:15p Movie Night LL	**30** 9:15a Morning Headlines CE 9:45a Cards & Puzzles SCF 10:30a SAIL Fitness FPE 11:00a Brain Games SCF 11:30a Oshibori PIES 1:00p Gentle Stretching FPE 1:30p Musical Movement FPE **2:00p Songbirds FSI** 3:00p Balloon Games FPE **6:30p Normanna Chorus**					

SCF – Stimulate Cognitive Function
FPE – Fitness and Physical Engagement
SS – Spiritual Support
CE – Continuing Education
LL – Lifestyle and Leisure
AE – Artistic Expression
FSI – Foster Social Interaction
PIES – Physical, Intellectual, Emotional, Spiritual