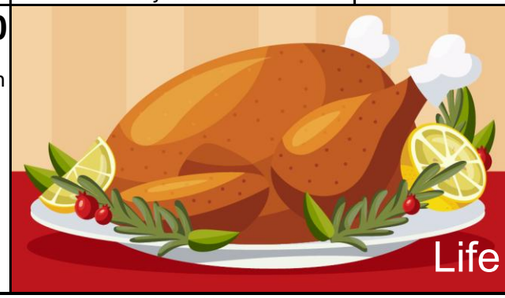
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daylight Savings Time Ends **1** 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 12:15 Sit & Fit **12:30 McChord BX/Commissary** 1:00 Chair Yoga 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night Daylight Saving Time Ends	**Transportation: APPT. Day** **2** 9:30 SAIL Fitness 10:00 Compassion in Conversation 10:30 Sub Aqua Activities 12:15 Sit & Fit 1:00 Gentle Stretching 1:00 Library Committee Meeting **2**:00 Brain Fitness **5:15 Seahawks Game**	**Transportation: APPT. Day** **3** 9:30 Cardio/Strength Fitness **10:30 Cell Phone Help** 10:30 Walking Group 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo 3:15 Wii Games 6:15 Triominos 7:00 Movie Night	9:30 SAIL Fitness **4** **10:00 Red Wind Casino** 10:30 Sub Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 12:15 Sit & Fit 1:00 Gentle Stretching 1:00 Pinochle **1:45 3rd Grade Visit from Cabrini** 2:00 Mystery Book Club 3:00 Needle Group 5:30 Larry Barry Sing-along 6:30 Cribbage **6:30 BINGO**	**Transportation: APPT. Day** **5** 9:30 Cardio/Strength Fitness 10:30 Walking Group 12:15 Sit & Fit 1:00 Gentle Stretching 1:00 Bible Study **7:00 Mexican Train (Time Change)** 7:00 Resident Run Card Games	**6** 9:30 Senior Fitness **10:00 Tahoma Nat'l Cemetery** 10:15 Bible Study 10:30 Sub Aqua Activities 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo 6:15 Triominos 7:00 Movie Night	**7** 9:15 Support Run 2 Remember 9:30 Move and Groove 10:15 Wii Games **11:00 Walmart, Lacey** 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night
9:30 Shuttle to St. John Bosco **8** 9:30 Church @ Patriots Landing 12:15 Sit & Fit **12:30 Ft Lewis PX/Commissary** 1:00 Chair Yoga **1:25 Seahawks Game** 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night Diwali (Hindi)	**Transportation: APPT. Day** **9** 9:30 SAIL Fitness 10:00 Compassion in Conversation 10:30 Sub Aqua Activities 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bean Bag Toss 6:15 Mexican Train	**US Marine Corps 251st Birthday** **10** **Transportation: APPT. Day** 9:30 Cardio/Strength Fitness 10:30 Walking Group 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo 6:15 Triominos 7:00 Movie Night	9:30 SAIL Fitness **11** 10:30 Sub Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 12:15 Sit & Fit 1:00 Gentle Stretching 1:00 Pinochle **2:00 - 4:30pm** **Veterans Day Program** 3:00 Needle Group 5:30 Larry Barry Sing-along 6:30 Bingo Veterans Day Remembrance Day (Canada)	**Transportation: APPT. Day** **12** 9:30 Cardio/Strength Fitness 10:30 Walking Group 12:15 Sit & Fit 1:00 Gentle Stretching 1:00 Bible Study 6:15 Mexican Train 6:30 Resident Run Card Games	9:30 Senior Fitness **13** **10:00 Lakewood Towne Center** 10:15 Bible Study 10:30 Sub Aqua Activities 12:15 Sit & Fit **1:00 Blood Pressure Clinic** 1:00 Gentle Stretching 2:00 Bingo **3:15 We Care Support Group** 6:15 Triominos 7:00 Movie Night	**14** 9:15 Support Run 2 Remember 9:30 Move and Groove **10:00 Pt Defiance Zoo (Trolls)** 10:15 Wii Games 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night
15 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 12:15 Sit & Fit 1:00 Chair Yoga **1:05 Seahawks Game** 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night	**Transportation: APPT. Day** **16** 9:30 SAIL Fitness 10:00 Compassion in Conversation 10:30 Sub Aqua Activities 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bean Bag Toss 3:00 Bar Bingo 6:15 Mexican Train	**Transportation: APPT. Day** **17** 9:30 Cardio/Strength Fitness 10:30 Walking Group 10:30 ACU Resident Banking 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo 3:15 Wii Games 6:15 Triominos **7:00 Wine Social w/Joey Jewell**	**18** 9:30 SAIL Fitness **10:00 Hess Bakery** 10:30 Sub Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 12:15 Sit & Fit 1:00 Gentle Stretching 1:00 Pinochle **2:00 Town Hall** 3:00 Needle Group 5:30 Larry Barry Sing-along 6:30 Bingo	**Transportation: APPT. Day** **19** 9:30 Cardio/Strength Fitness 10:30 Walking Group 12:15 Sit & Fit 1:00 Gentle Stretching 1:00 Bible Study **2:30 Tom Steinhart – Lincoln Talk** 6:15 Mexican Train 6:30 Resident Run Card Games *AROWs*	9:30 Senior Fitness **20** 10:15 Bible Study 10:30 Sub Aqua Activities **11:00 Ruston Way Lunch** **YOU choose your restaurant. Not everyone has to eat at the same place along the waterfront** 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo **3:15 Storytime by Carolee Day** 6:15 Triominos 7:00 Movie Night	**21** 9:15 Support Run 2 Remember 9:30 Move and Groove **10:00 Olympia High School Christmas Holiday Bazaar** 10:15 Wii Games 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo **3:00 Resident Birthday Party South Sound Harmony** 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night
22 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 12:15 Sit & Fit **12:30 McChord BX/Commissary** 1:00 Chair Yoga 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night	**Transportation: APPT. Day** **23** 9:30 SAIL Fitness 10:00 Compassion in Conversation 10:30 Sub Aqua Activities (TBD) 10:30 UNO 12:15 Sit & Fit 1:00 Gentle Stretching **2:00 Songbirds** 6:15 Mexican Train	**Transportation: APPT. Day** **24** 9:30 Cardio/Strength Fitness 10:00 Patriots Landing Book Club 10:30 Walking Group 12:15 Sit & Fit 1:00 Gentle Stretching 2:00. Bingo 3:15 Wii Games 6:15 Triominos 7:00 Movie Night *Sojourners*	9:30 SAIL Fitness **25** **10:00 Masonry on the Green** 10:30 Sub Aqua Activities (TBD) 10:30 Catholic Prayer Service 11:00 Mass 12:15 Sit & Fit 1:00 Gentle Stretching 1:00 Pinochle **2:00 Early Bingo** 3:00 Needle Group **7:00 Church @ Patriots Landing Thanksgiving Service**	**THANKSGIVING** **26** **Seatings will be at 12:00pm and 3:00pm** Please make your reservations with Iris, Craig or a member of our dining staff & purchase tickets at the front desk. Without reservations we cannot guarantee seating. Special Meal Tickets for sale at the front desk. $30/adult guest, $10/youth guest 12 & under Activity Schedule Resumes Tomorrow Thanksgiving Day (U.S)	9:30 Senior Fitness **27** **10:00 Black Bear Diner** 10:15 Bible Study 10:30 Sub Aqua Activities (TBD) 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo 6:15 Triominos 7:00 Movie Night	**28** 9:15 Support Run 2 Remember 9:30 Move and Groove 10:15 Wii Games **11:00 Trader Joe's/Safeway, UP** 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night
29 9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 12:15 Sit & Fit **12:30 Ft Lewis PX/Commissary** 1:00 Chair Yoga **1:25 Seahawks Game** 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night	**Transportation: APPT. Day** **30** 9:30 SAIL Fitness 10:00 Compassion in Conversation 10:30 Camping w/Sasquatch 10:30 Aqua Activities 12:15 Sit & Fit 1:00 Gentle Stretching **2:00 Songbirds** 3:00 Bar Bingo **6:30 Normanna Chorus Music Social**					

November 2026

Patriots Landing Retirement Community
Life Enrichment Calendar: Independent & Assisted Living