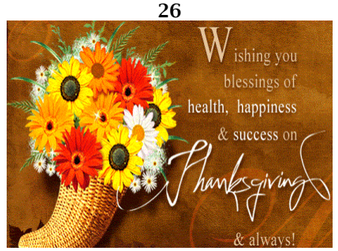


ASSISTED LIVING NOVEMBER 2026

Keystone Commons

A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Mass at St Elizabeth's *2pm- Rummikub-Billiards* *Visit the Game Table Outside the Activity Room for Fun word games, crosswords and Word Searches – Changes every Weekend*	*2* *9:30- Shopping in Ludlow* *10am- Communion w/ Keith- Theater* *10:30- Chair Boxing With Dave- Via Youtube-3A* *12:30- Rosary- Theater* *2pm- Rock Paper Scissors Tournament-3A* *3:15- Wii Bowling- Theater* *3:15- Canasta- Billiards Room* *6:45- Quarter Bingo w/ Harriet-Pub*	*3 Voting Day Trips to the Polls* *9:30- Topic Talks-Pub* *10:00- Blood Pressure Clinic-Pub* *10:30- Parcheesi- Billiards Room* *1pm- Wii Bowling- Theater* *2pm- Painting Class-3A* *3:15- Blackjack- Dollar Buy-in-3A* *6:45- Rummikub- Billiards*	*4* *9:30- Hubbard Coffee Chat- Pub* *10:30- Magdalena Presents "Things part 2"-3A* *12:30- Rosary-Theater* *2pm- Mystery Dime Bingo-Pub* *3pm- Wii Bowling-Theater* *6:45- Rummikub-Billiards*	*5* *9:30- Around the World Breakfast- Korea-3A* *11:30- Monthly Birthday PIZZA PARTY-Pub for those with November Birthdays* *1pm- Exercise w/ Alex-3A* *2pm- Steve the Duo Performs-3A* *3:15- Mocktails and Popcorn Club-T* *3:15- Jeopardy for Amateurs-3A Games Games and more Games* *6:45- Canasta-Pub*	*6* *9:30- Coffee and Chronicles-Pub* *10:30- Adaptive Boxing-3A* *11:30- Lunch Outing to Fazio's East Longmeadow* *1pm- Wii Bowling- Theater* *2:30pm- Pokeno-3A* *3:15pm- Sequence- Billiards Room* *6:45- Crazy 8's- Billiards*	*7* *10:30- Dime Bingo-3A* *1pm- Games for Prizes w/ Barb- Billiards Room* *2pm- Honky Tonk Piano Man Performs-3A*
8 Mass at St Elizabeth's *2pm- Rummikub-Billiards* *Visit the Game Table Outside the Activity Room for Fun word games, crosswords and Word Searches – Changes every Weekend*	9 *9:30- Shopping in Chicopee* *10am- Communion w/ Keith- Theater* *10:30- Immersive Interactive Exercises w/ Amy or Lynn-3A* *12:30- Rosary- Theater* *1pm- Writing Just Cuz Group-Pub* *2pm- Minute to Win It Games-3A* *3:15- Wii Bowling- Theater* *3:15- Canasta- Billiards Room* *6:45- Quarter Bingo w/ Denise-Pub*	*10* *9:30- Topic Talks-Pub* *10:00- Blood Pressure Clinic-Pub* *10:30- Pitch- Billiards Room* *1pm- Wii Bowling- Theater* *2pm- Jimmy Mazz performs-3A* *3:15- Blackjack- Dollar Buy-in-3A* *6:45- Rummikub- Billiards*	*11 Veteran's Day* *Wear your Patriotic Gear!* *9:30- Hubbard Coffee Chat- Pub* *10:30- Meditation w/ Rob-3A* *10:30- Rosary-Theater* *12pm- Celebrate our Veteran's Luncheon- IL Dining Room* *2pm- Old Country Road Performs-3A* *3pm- Wii Bowling- Theater* *6:45- Rummikub-Billiards*	*12* *9:30- Coffee and Trivia-3A* *10:30- Parker Brother's Mystery of Board Games-Theater* *1pm- Exercise w/ Alex-3A* *2pm-Making Turkey Pins-3A Sign-ups necessary* *3:15- Mocktails and Popcorn Club-T* *3:15- Jeopardy for Amateurs-3A Great Wars and Battles* *6:45- Canasta-Pub*	*13* *9:30- Coffee and Chronicles-Pub* *10:30- Adaptive Boxing-3A* *12:30- Rosary- Theater* *1pm- Food Meeting-Pub* *2pm- Sequence- Billiards Room* *3:30pm- Pokeno- Billiards Room* *6:45- Crazy 8's- Billiards*	*14* *10:30- Bingo for Prizes-3A* *12:30- Read Aloud w/ Brownie-2A* *2pm- Bill Shontz performs*
15 Mass at St Elizabeth's *2pm- Rummikub-Billiards* *Visit the Game Table Outside the Activity Room for Fun word games, crosswords and Word Searches – Changes every Weekend*	16 *9:30- Shopping in Ludlow* *10am- Communion w/ Keith-Theater* *10:30-Chair Boxing w/ Dave-via Youtube-3A* *12:30- Rosary-T* *2pm- The No so Newly Wed Game with our Couples-3A* *3:15- Wii Bowling Theater* *3:15- Canasta-Billiards Room* *6:45- Quarter Bingo w/Harriet-Pub*	*17* *9:30- Friendsgiving Cooking-3A* *10:00- Blood Pressure Clinic- Pub* *12pm- Staff and Resident Friendsgiving-3A* *1pm- Wii Bowling- Theater* *2pm- Mike and Dan Performs-3A* *3:15- Blackjack- Dollar Buy-in-Pub* *6:45- Rummikub- Billiards*	*18* *9:30- Hubbard Coffee Chat-Pub* *10am- Reading at Harris Brook School RAOK* *12:30- Rosary-T* *2pm- Musical Bingo-3A* *3pm- Wii Bowling- Theater* *6:45- Rummikub-Billiards*	*19 Massage Therapist 1-4pm* *9:30- Coffee and Trivia-3A* *10:30 Mystery Book Club Breakfast-Pub* *1pm- Exercise w/ Alex-3A* *2pm-Dave Brinnel Performs-3A* *3:15- Caretenders Presents-Pub* *6:45- Canasta- Pub*	*20* *9:30- Coffee and Chronicles-Pub* *10:30- Giant Connect Four-3A* *12:30- Rosary- Theater* *1pm- Retro Game Shows- Theater* *3pm- Pokeno-3A* *6:45- Puzzle in the Billiards Room*	21 *10:15- Caden Performs Piano- 1st Floor Piano Room* *1pm- Games for Prizes w/ Barb- Billiards Room* *2pm- Dime Bingo-3A* *3:15pm- Newsletter Committee Meets-Pub*
22 Mass at St Elizabeth's *2pm- Rummikub-Billiards* *Visit the Game Table Outside the Activity Room for Fun word games, crosswords and Word Searches – Changes every Weekend*	23 *9:30- Shopping in Chicopee* *10am- Communion w/ Keith-Theater* *10:30- Immersive Interactive Exercise* *12:30- Rosary-T* *2pm- Turkey Shoot game-3A* *3:15- Canasta- Billiards Room* *3:15- Wii Bowling-Theater* *6:45- Quarter Bingo w/Judy and Laurie-Pub*	*24* *9:30- Topic Talks-Pub* *10:00- Blood Pressure Clinic- Pub* *10am- Coffee House-3A* *10:30- Willie Nininger Performs-3A* *1pm- Divine Discussion w/ Judy and Laurie-Theater* *2pm- Painting Class-3A* *2pm- Line Dancing-2A* *3pm- Blackjack- Dollar Buy-in-3A* *6:45- Rummikub- Billiards*	25 *9:30- Hubbard Coffee Chat and* *10am- Men's Group w/ George-Pub* *10:30- Making Lunch for Ronald Mc Donald House Outing* *12:30- Rosary- Theater* *1pm- Wii Bowling- Theater* *2pm- Ladder Bingo-3A* *3pm- Wii Bowling Theater* *6:45- Rummikub-Billiards*	26 	27 *9:30- Coffee and Manicures-3A* *12:30- Rosary- Theater* *1:30- Games Galore and Cocoa-3A* *2:30- Holiday Popcorn Club-Theater* *6:45- Crazy 8's- Billiards Room*	28 *9:30- Coffee Chat-2A* *10:30- Bingo for Prizes-3A* *12:30- Read Aloud w/ Brownie-2A* *2pm- Peter and Laura Hicks Performs-3A*
29 Mass at St Elizabeth's *2pm- Rummikub-Billiards* *Visit the Game Table Outside the Activity Room for Fun word games, crosswords and Word Searches – Changes every Weekend*	30 *9:30- Shopping in Ludlow* *10am- Communion w/ Keith-Theater* *10:30- Chair Boxing w/ Dave-via Youtube-3A* *12:30- Rosary-T* *2pm- Dave Colucci Performs-3A* *3:15- Canasta- Billiards Room* *3:15- Wii Bowling-Theater* *6:45- Quarter Bingo w/ Denise-Pub*	*Resident and Staff Friendsgiving* *Join us in the Activity room for a luncheon like the Waltons. We cook, we share and we eat at one very long table. In order to eat you have to participate, either by bringing a dish to share or coming and helping in the morning cook the potatoes and the stuffing.* *Sign-ups are necessary in the 3rd Floor Activity Room*			***Monthly Theme*** 	**Monthly Birthdays** *11/6- Betty Commanday* *11/11- Mary Rys* *11/12- Gail Archambault* *11/14- Janice Bator* *11/18- Linda Seibold*