



OCTOBER BIRTHDAYS

Libra (The Scales): September 23 – October 22

- **Element:** Air
- **Ruling planet:** Venus
- **Key traits:** Passion for justice and equality, charismatic, stylish, and fun.

ASSOCIATE ANNIVERSARIES

Chan Neal	4yrs.
Alex Gilboe-Frescura	3yrs.
Donte Prater	2yrs.
Adam Benhammou	1yr.
Janiya White	1yr.
Azian Gray	1yr.



FRIENDS & FAMILY
REFERRAL PROGRAM

HALLOWEEN PARTY! OCTOBER



Register at the front desk
Last day to register is September 14th

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they will thank you for it - and then we will thank you for it too! Ask for details!

CARRIAGE PARK CONNECT

OCTOBER 2026



October Is Here! 🎃

Fall is in full swing, with colorful mums, pumpkins, and touches of autumn everywhere you look. The leaves are turning, and we have a busy month ahead filled with fun, friends, and just the right amount of Halloween mischief!

October is **Breast Cancer Awareness Month**, and we'll be showing our support with a special **Pink with a Purpose Bingo Party on October 22nd**. Wear your pink, bring your bingo luck, and join us for an afternoon of fun for a wonderful cause. ❤️

🧻 **Flu season** is also right around the corner. If you haven't already signed up, our **Vaccine Clinic will be held October 7th**. Be proactive and help protect yourself this flu season.

🎬 **A Trip to the Movies**. This month we're heading to Emagine Theatre for a Halloween classic, **"The Ghost and Mr. Chicken,"** starring **Don Knotts!** This **FREE** event is open to everyone and includes a free drink and popcorn. Come along for some laughs, and a fun afternoon at the movies.

🍽️ **Lunch with Friends** Our lunch outing this month takes us to **Hungarian Rhapsody Restaurant**. Spend some time away with friends while enjoying great food and even better conversation. Be sure to sign up and save your seat!

The **foot doctor** will be here **October 12th**, so it's time to give those hardworking feet a little attention. Reserve your appointment at the front desk

🎃 **Something Wicked This Way Comes...** Halloween is here again! Time to dust off those brooms, stir up a little trouble, and prepare for some spooky fun! First up, it's time to decorate those doors! We'll be having a **Halloween Door Decorating Contest**, so bring out the pumpkins, ghosts, cobwebs, witches, and whatever else your imagination can dream up. Our winner will be announced at our **Halloween Party on October 30th**. And speaking of the party—come dressed in your best costume and ready to have some fun. You never know what tricks (or treats!) we may have waiting for you.

👻 Angela will also be working her magic with **Fun Things to Do on October 10th and 24th**, and we have a few new games making their debut this month. That means even more opportunities to laugh, play, and spend time with your neighbors.

01 So, keep those calendars handy and read them carefully—October is packed with activities, and you don't want to miss a thing!



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COMMUNITY MANAGEMENT

Tabitha Sheriff
Executive Director

Terry Lobb
Business Office Manager

William Scott
Independent Living Manager

Brandy Peace
Resident Care Manager

Jazmine Matthews
Wellness Coordinator

Josh Lampear
Culinary Manager

Erin McGraw
Life Enrichment Manager IL

Fran Farrell
Life Enrichment Manager AL

Jonathan VanWicklin
Environmental Service
Manager

Ashley Hall
Marketing Manager

Barbie Campbell
Marketing Manager

Meet our new Marketing Manager

Barbie Campbell

Hello everyone, my name is Barbie Campbell and I am happy to be joining the team at Carriage Park. I attended college at Ferris State University and received a degree in Advertising/Marketing. I have 22 years of senior living experience and can't imagine working in any other industry. I have been married to my husband Clayton for 21 years. We have two children, a daughter Isabella who is 20, and a Junior at Michigan State University. Our son Liam is 17 and a senior in high school with plans to become an accountant. We also have a 9-year-old black lab named Luna who is very spoiled by all of us. I enjoy spending time with my family when I am not working. I love decorating my home for all the holidays. I have had Halloween decorations up in my home since August! I enjoy reading and shopping too. Please feel free to come see me, I would love to speak with you any time.



FOREVER FIT / WELLNESS Chris Grabowski, MS

Active Aging Week

Celebrating its 23rd year, Active Aging Week kicks off Monday October 5th at Waltonwood. The week-long event highlights the need and importance of actively aging as we celebrate older adults' contributions and promote healthy lifestyles through engaging wellness programs. Wellness looks different to everyone, and each Waltonwood community will uniquely display what Active Aging means to them. Starting Monday October 5th be sure to check your life enrichment and forever fit schedules for classes, programs and events that uniquely capture the many ways we all can age actively.



Executive Directors Corner

October is here, and with it comes cooler days, changing leaves, and all the fun that comes with the fall season! As a reminder, our Flu Clinic will be held on Wednesday, October 7, from 9:00 AM–12:00 PM for those who signed up to receive their flu vaccine with Oakland. Please join me on Wednesday, October 14, from 3:00–3:30 PM for Treats & Trivia with Tabitha! We'll have some snacks, fun trivia, and most importantly, a chance to sit together, chat, laugh, and spend some time with one another. We are also thrilled to welcome Barbie, our new Marketing Manager, to the Carriage Park team! Please be sure to give her a warm welcome when you see her around the community. We're excited to have her join us and look forward to you getting to know her. Many of you may have noticed that Kenny has recently moved on to another Waltonwood community following a promotion. While we will certainly miss having him here at Carriage Park, we're excited to celebrate this next opportunity for him and wish him all the best! As the seasons change, please remember the simple things we can all do to help keep our community healthy, including washing our hands regularly and practicing good hand hygiene. Thank you for helping us take care of one another. I hope everyone has a wonderful October, and I look forward to spending time with you throughout the month!

