



Celebrating Birthdays this Month:

- Francine S. – October 7th
- Nancy L. – October 18th
- Kathy S. – October 19th
- Marti D. – October 25th
- Thomas J. – October 26th
- Doris H. – October 26th
- Sue H. – October 27th
- Carolyn H. – October 30th

OUTINGS

The sign up sheets for outings are located in a leatherbound binder outside the Evergreen Fitness Room on the 3rd Floor.

Community outings will be temporarily paused beginning September 22 until mid-October while our bus undergoes repairs and repainting. Scheduled appointments will continue as planned using our community minivan. Additional outings may be added to the Program Calendar and Outing Binder if the bus repairs finish earlier than scheduled.

Here are our outings for the month of October:

- Monday, September 19th – Scenic Drive to Historic Yates Mill
- Thursday, September 22nd – Andy’s Frozen Custard
- Thursday, September 29th – Groovy Duck Bakery

ADVENTURE BY WALTONWOOD

We are excited to continue promoting our company-sponsored program called Adventure by Waltonwood. At Waltonwood, we pride ourselves in providing residents with exceptional life experiences. The purpose of this program is to encourage Waltonwood residents to pursue their life’s desires and ambitions. Adventures can be as big or small as you would like – the possibilities are endless! From revisiting meaningful places to trying something completely new, each experience is thoughtfully planned to create joy, connection, and lasting memories. Our goal is to celebrate each resident’s unique story while helping them continue to grow, explore, and feel inspired every day.

Residents can nominate themselves for an Adventure, or may be nominated by family members, staff or other residents. All Adventure requests must be submitted to Christina or Danielle in Life Enrichment. Please reach out to a Life Enrichment team member if you have any questions.

We are so excited to kick off this program and help make our residents’ dreams come true!



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

LEAD MINE CONNECT

OCTOBER 2026 MEMORY CARE



OCTOBER IN FULL COLOR

As fall settles in, we look forward to a month filled with opportunities to discover something new, connect with one another, and enjoy the season together.

From October 5th to 11th, we will celebrate Active Aging Week with our theme, A Lifetime of Discovery. Residents will be encouraged to stay curious, try something new, revisit favorite memories, and discover new interests. We'll explore new places with our Road Trip USA virtual travel to New York City, try new treats, put our senses to the test with a special Five Senses Discovery Lab, and enjoy a live animal encounter. The week will also feature edutainment with pianist Robert Buxton and themed Forever Fit classes. Check the calendar for the full Active Aging Week lineup!

Our Hygiene & Cold Weather Donation Drive continues through Thanksgiving in partnership with the Wake County Women’s Center and Oak City Cares. Residents will help assemble donated items into care kits for those experiencing homelessness. In recognition of Breast Cancer Awareness Month, join us for Waltonwood Wears Pink on Friday, October 16.

We'll close out the month with plenty of Halloween fun! Costumes are encouraged! Our Trunk-or-Treat will welcome associates’ children, residents’ grandchildren, and children from the community for trick-or-treating as well as a festive costume parade in the afternoon. Residents can look forward to even more Halloween festivities with a special Halloween Happy Hour Social.

We look forward to a wonderful October filled with discovery, connection, and fall fun!



Redefining Retirement Living

SINGH

4510 Lead Mine Road Raleigh, NC 27612
www.waltonwood.com | 984-304-9900
Facebook: /WaltonwoodLeadMine

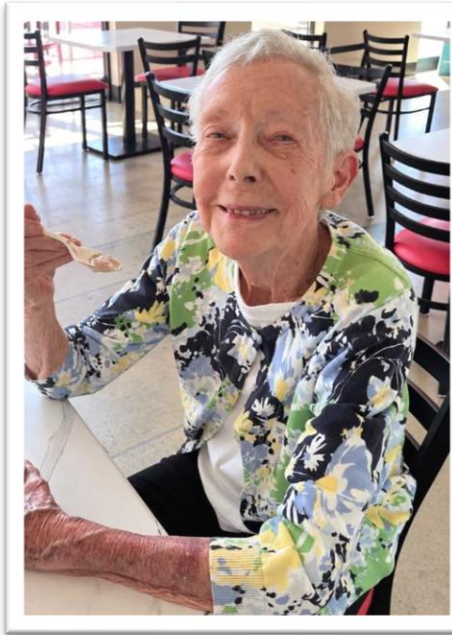
COMMUNITY MANAGEMENT

- Eric Davis
Executive Director
- Diane Davis
Business Office Manager
- Chef Robert Stephan
Culinary Services Manager
- Joseph Wright
Environmental Services Manager
- Christina Ryerson
AL Life Enrichment Manager
- Danielle Lucido
MC Life Enrichment Manager
- Tiffany Ashton
Marketing Manager
- Nick Long
Marketing Manager
- Grayson Hale
Associate Marketing Manager
- Gintare Bernotas
Resident Care Manager
- Shay Williams
MC Wellness Coordinator



ASSOCIATE SPOTLIGHT:
TIA BURT

Meet our Assoicate of the Month, Tia Burt! Tia has been serving as our bus driver since before we opened this past January and loves that every day brings something different. Connecting with residents, lending a helping hand, assisting with pet therapy, and creating special memories on outings are her favorite parts of the job. Tia is a lifelong Raleigh resident and the parent of two girls and two boys. She enjoys watching football with her sons and cheering on the Philadelphia Eagles. Family vacations—especially trips to Florida’s sandy beaches—are another favorite pastime. A fun fact about Tia is that her driving experience began with a Volkswagen Beetle and she has since taught nine people how to drive! We’re grateful for the kindness, care, and joy she brings to our community. Thank you Tia for all that you do!



TRANSPORTATION INFORMATION

Our Driver, Tia Burt, will be available by phone at 984-308-2193 to take appointments.

She is available to transport residents to and from appointments on Tuesdays and Wednesdays. Please try to schedule at least 2 weeks in advance to ensure availability for your needs. Please speak with Danielle or Tia if this is your first time using this service.

Tuesday	9:00am-3:30pm
Wednesday	9:00am-3:30pm
Thursday	By Appointment Only
Friday	By Appointment Only

SEPTEMBER HIGHLIGHTS

September brought plenty of fall fun and special moments! We celebrated National Wildlife Day with wildlife-themed programs throughout the day, ending with our festive Wildlife Social featuring jungle juice mocktails and zebra brownies.

We welcomed the First Day of Autumn with seasonal fun, including a special Taste Test Tuesday! Residents sampled a variety of apple, pumpkin, and other fall-inspired treats and voted for their favorites. We also got creative throughout the month with seasonal projects, including leaf rubbing art and Autumn shadow boxes.

Residents enjoyed getting out and about, including a sweet trip to Krispy Kreme! Fresh doughnuts made for the perfect afternoon treat. September gave us plenty of wonderful ways to celebrate the changing season!



FOCUS ON FITNESS: ACTIVE AGING WEEK

Celebrating its 23rd year, Active Aging Week kicks off Monday October 5th at Waltonwood. The week-long event highlights the need and importance of actively aging as we celebrate older adults’ contributions and promote healthy lifestyles through engaging wellness programs. Wellness looks different to everyone and each Waltonwood community will uniquely display what Active Aging means to them. Starting Monday, October 5th, be sure to check your life enrichment and forever fit schedules for classes, programs and events that uniquely capture the many ways we all can age actively.

OCTOBER SPECIAL EVENTS

05

Celebrate Active Aging Week: A Lifetime of Discovery with a week of special programs!

16

Wear pink with us as we come together in recognition of Breast Cancer Awareness Month!

26

Celebrate National Pumpkin Day with pumpkin painting and our festive Pumpkin Palooza Social!

30

Join us for Halloween fun with Trunk-or-Treat, a costume parade, and Halloween Happy Hour!



EXECUTIVE DIRECTOR CORNER

October brings crisp mornings, colorful leaves, and the cozy flavors of fall to our community. We’re looking forward to celebrating the season together at our upcoming Fall Harvest Luncheon, where residents can gather for delicious food and wonderful fellowship. We’re also excited to welcome a new fall menu in The Grove Café, featuring fresh selections and seasonal favorites.

Our flu shot clinic was a huge success, and we extend a heartfelt thank-you to all of our residents for participating and helping us make it such a smooth and successful event.

As the leaves begin to change, we hope you’ll take time to enjoy the beauty of the season, connect with friends, and savor the many activities and gatherings happening throughout our community. Here’s to a beautiful October filled with good food, great company, and all the joys of fall!

- Eric Davis