

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 The Summit Building				1 9:45 News of the Day (S)AR 10:00 Weights (E)AR 10:30 Chair Yoga (E)AR 1:00 Family Hearing Clinic (V)LB 1:00 Trivia (S/C)AR 1:30 Let's Reminisce (S)AR 2:00 Soc Hop in the Courtyard Until 4:00 6:30 Residents Choice (S/C)T	2 9:45 News of the Day (S)AR 10:00 Thera Band Exercise (E)AR 10:30 Jewelry with Rita (A)AR 11:30 Black Eyed Pea (O)L 1:00 Uno Card Game (S/C)AR 2:00 Coffee Hour Club (S)DR 2:00 Biography/Peter Lorre(C)AR 3:00 Poker & Dominoes (S/C)AR 4:00 Game of Choice (S/C)AR 6:00 Uno Card Game (S/C)AR	3 10:00 Donuts & Coffee Club(S)AR 10:00 Week in History (C)AR 11:00 Weights (E)AR 1:00 Residents Choice (S/C)T 2:00 Coffee Hour Club (S)DR 2:00 Dominoes (S/C)AR 3:00 Game of Choice (S/C)AR 6:00 Cards (S/C)AR Simchat Torah Begins
4 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)T 11:00 TV Time (S)AR 2:00 Coffee Hour Club (S)DR 2:00 Bingo (S/C)AR 3:00 Dominoes Game (S/C)AR 6:30 Residents Choice (S/C)T	5 9:00 Booster Clinic (O)L 10:00 Thera Band Exercise (E)AR 1:00 Mandala Art (A)AR 2:00 Bible Study (R)MVP 2:00 Coffee Hour Club (S)DR 2:00 Happy Hour (M)AR 3:00 Dominoes (S/C)AR 6:00 Uno Card Game (S/C)AR	6 Enable Dental on Campus 9:30 King Soopers/Safeway (O)L 9:45 News of the Day (S)AR 10:00 Weights (E)AR 10:30 Chair Yoga (E)AR 1:00 Trivia (S/C)AR 1:30 Blackjack Bunch (S)AR 2:00 Coffee Hour Club (S)DR 3:00 Touching Lives (S/R)AR 5:00 Activity Room Reserved 6:30 Residents Choice (S/C)T	7 National Covered Pretzel Day 9:45 News of the Day (S)AR 10:00 Better Balance (E)AR 10:30 Thera Bands (E)AR 11:00 Uno Card Game (S/C)AR 1:00 Covered Pretzels! AR 1:30 Prize Bingo (S/C)AR 2:00 Coffee Hour Club (S)DR 3:00 Poker & Dominoes (S/C)AR 4:00 Game of Choice (S/C)AR	8 9:45 News of the Day (S)AR 10:00 Weights (E)AR 10:30 Chair Yoga (E)AR 2:00 Coffee Hour Club (S)DR 2:00 Armchair Travels (S/C)AR 3:00 Treat Yourself Arts (A)AR 4:00 Dominoes (S/C)AR 6:30 Residents Choice (S/C)T	9 16-year Anniversary for TS OnSite Dermatology 9:45 News of the Day (S)AR 10:00 Thera Band Exercise (E)AR 11:30 Golden Corral (O)L 2:00 Coffee Hour Club (S)DR 2:00 Anniversary Party in the AR 3:00 Biography/John Wayne(C)AR 4:00 Game of Choice (S/C)AR 6:00 Uno Card Game (S/C)AR	10 10:00 Donuts & Coffee Club(S)AR 10:00 Week in History (C)AR 11:00 Weights (E)AR 1:00 Residents Choice (S/C)T 2:00 Coffee Hour Club (S)DR 2:00 Dominoes (S/C)AR 3:00 Game of Choice (S/C)AR 6:00 Cards (S/C)AR
11 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)T 11:00 TV Time (S)AR 2:00 Coffee Hour Club (S)DR 2:00 NOOOOOO BINGO! 3:00 Dominoes Game (S/C)AR 6:30 Residents Choice (S/C)T	12 10:00 Thera Band Exercise (E)AR 10:30 Game of Choice (S/C)AR 1:00 Mandala Art (A)AR 2:00 Bible Study (R)MVP 2:00 Coffee Hour Club (S)DR 2:00 Happy Hour (M)AR 3:00 Dominoes (S/C)AR 6:00 Uno Card Game (S/C)AR Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 9:30 Target & Dollar Tree (O)L 10:00 Weights (E)AR 10:30 Live Music in the MVAR 10:30 Chair Yoga (E)AR 1:00 Pumpkin Spice Coffee Bar-AR 1:30 Blackjack Bunch (S)AR 2:00 Coffee Hour Club (S)DR 3:00 Touching Lives (S/R)AR 5:00 Activity Room Reserved 6:30 Residents Choice (S/C)T	14 9:45 News of the Day (S)AR 10:00 Better Balance (E)AR 10:30 Thera Bands (E)AR 11:00 Uno Card Game (S/C)AR 1:00 Trivia (S/C)AR 1:30 Prize Bingo (S/C)AR 3:00 Poker & Dominoes (S/C)AR 4:00 Game of Choice (S/C)AR	15 9:45 News of the Day (S)AR 10:00 Weights (E)AR 10:30 Violin Concert w Fran (M)AR 1:00 Calendar Review (L)AR 2:00 Coffee Hour Club (S)DR 2:00 Armchair Travels (S/C)AR 3:15 Music Therapy (M)AR 4:00 Dominoes (S/C)AR 6:30 Residents Choice (S/C)T	16 9:45 News of the Day (S)AR 10:00 Thera Band Exercise (E)AR 11:30 New Anything Nature Library and café (O) 2:00 Coffee Hour Club (S)DR 1:00 Uno Card Game (S/C)AR 2:00 Biography/Jayne MansfieldAR 3:00 Poker & Dominoes (S/C)AR 4:00 Game of Choice (S/C)AR 6:00 Uno Card Game (S/C)AR	17 10:00 Donuts & Coffee Club(S)AR 10:00 Week in History (C)AR 11:00 Weights (E)AR 1:00 Card Bingo (S/C)AR 2:00 Coffee Hour Club (S)DR 2:00 Poker & Dominoes (S/C)AR 3:15 Slushie Saturday! AR 4:00 Game of Choice (S/C)AR 6:00 Cards (S/C)AR
18 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)T 11:00 TV Time (S)AR 2:00 Coffee Hour Club (S)DR 2:00 Bingo (S/C)AR 3:00 Dominoes Game (S/C)AR 6:30 Residents Choice (S/C)T	19 10:00 Thera Band Exercise (E)AR 10:30 Game of Choice (S/C)AR 1:00 Mandala Art (A)AR 1:00 Active Minds Presents Pompeii (P)MVAR 2:00 Bible Study (R)MVP 2:00 Coffee Hour Club (S)DR 2:00 Happy Hour (M)AR 3:00 Dominoes (S/C)AR 6:00 Uno Card Game (S/C)AR	20 9:30 King Soopers/Safeway (O)L 9:45 News of the Day(S)AR 10:00 Weights (E)AR 10:30 Chair Yoga (E)AR 1:00 Trivia (S/C)AR 1:30 Blackjack Bunch (S/C)AR 2:00 Coffee Hour Club (S)DR 3:00 Touching Lives (S/R)AR 5:00 Activity Room Reserved 6:30 Residents Choice (S/C)T	21 9:45 News of the Day (S)AR 10:00 Better Balance (E)AR 10:30 Thera Bands (E)AR 10:30 Financial Scams and Fraud Presentation by 1 st Interstate Bank (P) MV Activity Room 1:00 Trivia (S/C)AR 1:30 Prize Bingo (S/C)AR 3:15 Directors & Desserts (L)AR 4:00 Game of Choice (S/C)AR 5:00 Activity Room Reserved	22 9:45 News of the Day (S)AR 10:00 Weights (E)AR 10:30 Chair Yoga (E)ARR 1:00 Trivia (S/C)AR 1:30 Chef Chat with Parfaits (L)AR 2:00 Coffee Hour Club (S)DR 2:00 Armchair Travels (S/C)AR 3:00 Soda Pop Break (S/C)AR 4:00 Dominoes (S/C)AR 6:00 Courtyard Concert-CY 6:30 Residents Choice (S/C)T	23 9:45 News of the Day (S)AR 10:00 Thera Band Exercise (E)AR 11:30 PF Cheng's (O)L 1:00 Uno Card Game (S/C)AR 2:00 Coffee Hour Club (S)DR 2:00 Heartlanders Perform(M)AR 3:00 Poker & Dominoes (S/C)AR 4:00 Game of Choice (S/C)AR 6:00 Uno Card Game (S/C)AR	24 10:00 Donuts & Coffee Club(S)AR 10:00 Week in History (C)AR 11:00 Weights (E)AR 1:00 Card Bingo (S/C)AR 2:00 Coffee Hour Club (S)DR 2:00 Poker & Dominoes (S/C)AR 3:15 Slushie Saturday! AR 4:00 Game of Choice (S/C)AR 6:00 Cards (S/C)AR
25 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)T 11:00 TV Time (S)AR 2:00 Coffee Hour Club (S)DR 2:00 Bingo (S/C)AR 3:00 Dominoes Game (S/C)AR 6:30 Residents Choice (S/C)T	26 10:00 Thera Band Exercise (E)AR 10:30 Game of Choice (S/C)AR 1:00 Mandala Art (A)AR 2:00 Bible Study (R)MVP 2:00 Coffee Hour Club (S)DR 2:00 Happy Hour (M)AR 3:00 Dominoes (S/C)AR 6:00 Uno Card Game (S/C)AR	27 9:30 Advanced Foot Care-Salor 9:30 Walmart & Sprouts (O)L 9:45 News of the Day(S)AR 10:00 Weights (E)AR 10:30 Chair Yoga (E)AR 1:00 Quiz Blitz (S/C)AR 1:00 Parkinson's Support Grp(V)T 1:30 Blackjack Bunch (S/C)AR 2:00 Coffee Hour Club (S)DR 3:00 Touching Lives (S/R)AR 5:00 Activity Room Reserved 6:30 Residents Choice (S/C)T	28 National Chocolate Day 9:45 News of the Day (S)AR 10:00 Better Balance (E)AR 10:30 Thera Bands (E)AR 11:00 Uno Card Game (S/C)AR 1:00 Chocolate & Trivia (S/C)AR 1:30 Prize Bingo (S/C)AR 2:00 Coffee Hour Club (S)DR 3:00 Poker & Dominoes (S/C)AR 4:00 Game of Choice (S/C)AR 6:00 Phase 10 Cards (S/C)AR	29 9:45 News of the Day (S)AR 10:00 Weights (E)AR 10:30 Chair Yoga (E)AR 1:00 Trivia (S/C)AR 1:30 Let's Reminisce (S)AR 2:00 Coffee Hour Club (S)DR 2:00 Armchair Travels (S/C)AR 3:00 Crafts (A)AR 4:00 Dominoes (S/C)AR 6:30 Residents Choice (S/C)T	30 9:00 Donation Station AR 9:45 News of the Day (S)AR 10:00 Thera Band Exercise (E)AR 11:30 Flat Iron Mall/Lunch(O)L 1:00 Uno Card Game (S/C)AR 2:00 Coffee Hour Club (S)DR 2:00 Biography/Fred Gwynn (C)AR 3:00 Poker & Dominoes (S/C)AR 3:00 Costume Party in MTV AR 4:00 Game of Choice (S/C)AR 6:00 Uno Card Game (S/C)AR	31 10:00 Donuts & Coffee Club(S)AR 10:00 Week in History (C)AR 11:00 Weights (E)AR 1:00 Card Bingo (S/C)AR 2:00 Coffee Hour Club (S)DR 2:00 Halloween Party w/ Music AR Wear your scariest costume! 3:15 Slushie Saturday! AR 4:00 Game of Choice (S/C)AR 6:00 Cards (S/C)AR Halloween