

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2026

"You don't stop laughing when you grow old, you grow old when you stop laughing."
— George Bernard Shaw

9:00 Televised Church Services 10:00 Self-Directed Games 1:00 Enjoy Your Afternoon Singing Praises unto Him w/D'Lissa-"Live" Worship Music 2:00 Afternoon Movie "Storm" YouTube	8:30 Morning Walk 9:00 ☆ Chair Dancing Fitness Around the World 10:00 Idiom Builders: Team Word Challenge 1:30 ☆ BINGO 2:30 ☆ Self-Directed Games <i>Do Something nice day</i>	8:30 Morning Walk 9:00 Stretch Exercise-DVD 10:00 Hula Noho 1:30 Photographic Memory 1:30 Blackjack-Kolea Lounge 3:00 Bible Study w/ Pastor Olaf  Alma Y.	8:30 Morning Walk 9:00 Seated Drum to be Fit 10:00 ☆ WORD GAME 1:00 Shopping Longs Drugs 1:00 Self-Directed Games YouTube Lifeskills 3:00 ☆ BINGO	8:30 Morning Walk 9:00 Sittercise CD 9:30-10:00 Communion 10:00 Newcomers Meeting 1:30 ☆ Hand Therapy ☆ Sing Along 1:30 Poker-Kolea Lounge 3:00 Self-Directed Games 5:00 Movie night (TBA)	8:30 Morning Walk 9:00 Stretch Exercises-YouTube Cherry Blossoms 10:00 Ukulele & Sing Along 1:30 Kupuna BINGO 2:30 Island Scenic Drive 3:00 Self-Directed Games	9:00 Strength Exercise DVD 10:00 ☆ Directed Games 1:30 Afternoon Movie "The Silent One" YouTube
9:00 Televised Church Services-New Hope 10:00. Self-Directed Games 1:30 Afternoon Movie Blessings in Disguise" YouTube  Georgianne J.	8:30 Morning Walk 9:00 ☆ Chair Dancing Fitness Around the World 10:00 Cucumber Boats 1:30 ☆ BINGO 3:00 Self-Directed Games <i>Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)</i>	8:30 Morning Walk 9:00 Stretch Exercise-DVD 10:00 Hula Noho 1:30 Blackjack-Kolea Lounge 1:30 Collage Detective 2:30 YouTube-Lifeskills 3:00 Bible Study w/Pastor Olaf  Mana B.	8:30 Morning Walk 9:00 Seated Tai Chi Live! 10:00 ☆ WORD GAME 1:30 BINGO 2:45 ☆ Hand Therapy ☆ Sing Along 3:00 ☆ Self-Directed Games	8:30 Morning Walk 9:00 Sittercise CD 9:30-10:00 Communion 10:00 `Ukulele & Sing-Along 1:00 Shopping Walmart 1:30 Poker -Kolea Lounge 2:30 YouTube Lifeskills 5:15-6:30 Alzheimer's SG	8:30 Morning Walk 9:00 Stretch Exercises-YouTube Cherry Blossoms 10:00 Wellness w/Sharon Pumpkin Spice and Everything Nice! 1:30 BINGO 2:30 Buddhist Service w/Rev. Hojo <i>Wear Orange/Brown</i>	9:00 Strength Exercise DVD 10:00 ☆ BINGO 1:30 Afternoon Movie "The Tiger" YouTube
9:00 Live Church Service with Pastor Jed Young & Pastor Jerry Terui 10:00 Self-Directed Games 1:30 Afternoon Movie "Johnny" YouTube  Janis S.  Perry M.	8:30 Morning Walk 9:00 ☆ Chair Dancing Fitness Around the World 10:00 Name That Anagram 1:30 ☆ BINGO 3:00 ☆ Self-Directed Games <i>Scavenger Hunt Begins at 12noon</i>	8:30 Morning Walk 9:00 Stretch Exercise-DVD 10:00 Hula Noho 1:30 Puzzle & Prize 1:30 Blackjack- Kolea Lounge 3:00 Bible Study w/Pastor Olaf	8:30 Morning Walk 9:00 Seated Drum to be Fit 10:00 ☆ WORD GAME 1:30 Employee Meeting <i>The Essence of Customer Service</i> 1:30 Self-directed Games-Bistro 3:00 ☆ BINGO	8:30 Morning Walk 9:00 Sittercise CD 9:30-10:00 Communion 10:00 Mini Mummy Dogs 1:00 ☆ Hand Therapy & Scavenger Hunt Reveal 1:30 Poker-Kolea Lounge 2:30 Happy Hour w/Ron Toki  Cynthia P.	8:30 Morning Walk 9:00 Stretch Exercises-YouTube Cherry Blossoms 10:00 Live Music w/Kimo & Ned 1:30 BINGO 2:30 Island Scenic Drive 3:00 Self-Directed Games YouTube Lifeskills	9:00 Strength Exercise DVD 10:00 Self-Directed Games 1:30 Afternoon Movie "Summer Snow" YouTube  Michael I.
9:00 Televised "Daily Thought" #5031 "Love is a Verb" #5031 YouTube-The Spoken Word & the Tabernacle Choir of The Church of Jesus Christ of Latter Day Saints 10:00 Self-Directed Games 1:30 Movies Based on True Events 6:00 Ballet w/David	8:30 Morning Walk 9:00 ☆ Chair Dancing Fitness Around the World 10:00 Bring Your Ghoulishly Funny Riddles-Dr. Noah Lot has the right prescription to keep you laughing! 1:30 ☆ BINGO 3:00 ☆ Self-Directed Games  Wilma Gina R.	8:30 Morning Walk 9:00 Stretch Exercise-DVD 10:00 Hula Noho 1:30 ☆ Monster Match 1:30 Blackjack-Kolea Lounge 3:00 Bible Study w/Pastor Olaf 5-6:30 Parkinson's SG	8:30 Morning Walk 9:00 Seated Tai Chi Live! 10:00 ☆ WORD GAME 1:30 BINGO 3:00 YouTube & Self-Directed Games	8:30 Morning Walk 9:00 Resident Meeting 9:30-10:00 Communion 10:00 BINGO 1:00 YouTube Lifeskills Self-Directed Games 1:30 Poker -Kolea Lounge 2:30 Kitchen Talk w/Riley	8:30 Morning Walk 9:00 Stretch Exercises-YouTube Cherry Blossoms 10:00 Eunice's Halloween Celebration & Costume Contest w/Alzheimer's Walk 1:30 BINGO 2:45 Self-Directed Games & YouTube Lifeskills  Jennifer A. <i>Wear Your Costumes</i>	9:00 Strength Exercise DVD 10:00 Self-Directed Games 1:30 Afternoon Movie <i>Halloween</i>

Regency Puakea, "Bringing Independence to Living and quality of Life." Activities scheduled are subject to change due to unforeseen circumstances, Mahalo