



October Birthday!

Betty L.
October 2nd



“Those born in October bring a special kind of warmth to the world. Wishing our October birthdays a day as wonderful and memorable as they are!”

MONSTER BASH FAMILY NIGHT

Get ready for a spooktacular evening at Waltonwood Lake Boone! On Thursday, October 29th, from 6:30–7:30 PM, we invite our residents, families, and friends to join us in the Assisted Living Grove Cafe for our Monster Bash Family Night! We are excited to partner with Bayada Home Health Care to create a fun and memorable Halloween celebration for everyone to enjoy.

This special evening will be filled with opportunities to laugh, socialize, play, and make lasting memories together. Family night may include a variety of Halloween-themed games, festive treats, spooky music, and other fun surprises throughout the evening. Families can enjoy spending quality time together while getting into the Halloween spirit in a welcoming and festive atmosphere. Whether you come dressed in your favorite costume, wear your best Halloween colors, or simply bring your festive spirit, we hope you'll join us for an evening full of fun, family, friendship, and plenty of Halloween cheer!



\$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FAMILY & FRIENDS REFERRAL PROGRAM!

LAKE BOONE CONNECT

October 2026

Hello October!!



October: A Month of Change & Connection

October is a beautiful time of year filled with cooler temperatures, colorful leaves, and plenty of opportunities to enjoy the changing season. This month, we will celebrate Breast Cancer Awareness Month, along with many fun, festive, fall-inspired activities and events. From seasonal crafts and delicious treats to music, games, outings, and special gatherings, October gives us countless reasons to come together and enjoy the season. As the days grow cooler and the leaves begin to change, we look forward to creating meaningful moments filled with laughter, connection, creativity, and community. Whether you're enjoying a favorite fall tradition, trying a new activity, or simply spending time together, there will be something for everyone to enjoy. We are excited to make October a memorable month for our residents, families, and team members. Let's celebrate the beauty of fall and make the most of this wonderful season together!



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COMMUNITY MANAGEMENT

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LaTasha Archie
Resident Care Manager

Rachel Walters
Memory Care Wellness Coordinator

Jennifer Noyd
Independent Living Manager

Nancy Urbanowicz
Independent Living Life Enrichment Manager

Holly Bryant
Assisted Living Life Enrichment Manager

Sheridan Schoen
Memory Care Life Enrichment Manager

ASSOCIATE SPOTLIGHT:

Meet Victoria Perez

Victoria has been a valued member of the Waltonwood team for the past year, serving as a Caregiver. She is dedicated to supporting our residents and appreciates being part of a team where everyone works together and departments are always willing to lend a helping hand. Victoria says that the teamwork and sense of community at Waltonwood are some of the things she enjoys most about working here.

Outside of work, Victoria enjoys baking and listening to music. She also has some very exciting news to share—she became engaged on September 26, 2026! We are so happy for Victoria and wish her and her fiancé all the love and happiness as they begin this exciting new chapter together. Congratulations, Victoria!



OCTOBER SPECIAL DATES

5

First Day of Active Aging Week!

14

Pumpkin Painting



29

Monster Bash Family Night

31

Happy Halloween!



FOREVER FIT: FOCUS ON FITNESS

Active Aging Week

Celebrating its 23rd year, Active Aging Week kicks off Monday, October 5th at Waltonwood. The week-long event highlights the need and importance of actively aging as we celebrate older adults' contributions and promote healthy lifestyles through engaging wellness programs. Wellness looks different to everyone, and each Waltonwood community will uniquely display what Active Aging means to them. Starting Monday, October 5th, be sure to check your Life Enrichment and Forever Fit schedules for classes, programs, and events that uniquely capture the many ways we all can age actively.

OCTOBER ANNOUNCEMENTS

October is Breast Cancer Awareness Month, a meaningful time to raise awareness, honor those affected, and recognize the importance of early detection and regular screenings.

Throughout the month, we celebrate the strength and courage of survivors, remember those we have lost, and show support for the individuals, families, and caregivers impacted by breast cancer. It is also an opportunity to encourage one another to stay informed, prioritize our health, and support those navigating their own journeys. Together, we can spread hope, compassion, and encouragement while reminding our community that no one has to face the journey alone.



SEPTEMBER HIGHLIGHTS



EXECUTIVE DIRECTOR CORNER

October is one of my favorite times of year, as we begin to see the change of seasons and enjoy all that fall has to offer. There is something special about this time of year—the cooler weather, familiar traditions, and the many opportunities to gather together with friends and neighbors. As we move into the final months of the year, I want to thank each of you for the role you play in making Waltonwood Lake Boone such a welcoming and connected community. Whether you are participating in an activity, enjoying a meal with friends, welcoming a new neighbor, or simply sharing a conversation in the hallway, these everyday moments are what make our community special. I'm looking forward to enjoying the many events and activities planned for October and seeing all of you throughout the month. As always, my door is open, and I welcome your questions, ideas, and feedback. Thank you for continuing to make Waltonwood Lake Boone a wonderful place to call home.

Cameron Gregory