REGENCY ON WHIDBEY
RETIREMENT & ASSISTED LIVING
A Regency Pacific Community

Bringing independence to living and quality to life

WHIDBEY NEWS GROUP ★ 2025 ★ THE BEST OF WHIDBEY READERS CHOICE AWARDS

October 2026

Regency on Whidbey's 7th Annual Rock-a-Thon to End Alzheimer's

On Friday, August 28th, Regency on Whidbey held its annual Rock-a-Thon to end Alzheimer's. Our first Rock-a-Thon was held in 2019 in the Assisted Living Lobby, making this our 7th year raising money for the Alzheimer's Association. In 2020, we moved the Rock-a-Thon outside due to Covid, and it has been growing ever since.

As always, rocking chairs were graciously loaned to us by Habitat for Humanity and others in our community. Residents, Staff, their Family Members, and Community Members took turns keeping the chairs rocking all day long. DJ Moose Moran joined us, helping to keep the festivities going with lively music and fundraising updates, while Staff and Volunteers stood at the intersection collecting donations fill-the-boot style.

Thanks to the generosity of Residents, their Families, & the greater Oak Harbor community and other, smaller, fundraising efforts throughout the year, this year we raised over $7,000 for the Alzheimer's Association.

A HUGE THANK YOU!! to everyone who supported this year's Rock-a-Thon!











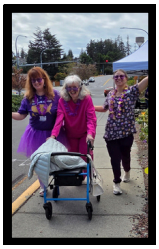










































Regency on Whidbey's Management Team

Wilma Jo Flaherty
Executive Director

Kathleen Pendleton MN/RN
Wellness Director

Amanda Streubel LPN
AL Nurse Manager

Mandy Gibbs LPN
MC Nurse Manager

Bonnie Patterson
Business Office & Payroll Manager

Teri Mendiola
Community Relations Director

Lanida Brophy
AL Life Enrichment Director

Shawnna Hodges
MC Life Enrichment Director

Aaliyah Robinson
Dietary Manager

Jeff Lujan
Maintenance Director

Megan Rivers
AL Resident Care Coordinator

Love Angel Parba
MC Resident Care Coordinator





Residents

- Tom Ries - 10/5
- Shelley Nuss - 10/6
- Aletha Martin - 10/7
- Ginger Mansour - 10/7
- Mavis Mitten - 10/12
- Anne Colligan - 10/14
- Paul Hackett - 10/19
- Harry Lynam - 10/19
- Peter Pellegrini - 10/19
- Cynthia Vilseck - 10/25
- Jan Nelson - 10/25
- Michael Benway - 10/27



Door Hours

Regency on Whidbey's Front door is unlocked from

8:30am - 5:00pm Daily

Please schedule visits appropriately.

If you will be visiting or returning to the building after 5:00pm, please contact the front desk for the door code.

Thank you!!



Regency's Beauty Salons

Operated by Naomi Lucente
In addition to full salon services, Naomi offers...
Waxing, Pedicures, & Manicures

If you would like to make an appointment, you can call or text Naomi directly at...

360-280-3805





After Hour Calls

It is best to call during normal business hours, 8:30am - 5:00pm

While we apologize for any inconvenience, after 5 o'clock, Staff are working to care for your loved one, and are not always able to take calls.

We appreciate your understanding!



Staff

- Teri Mendiola - 10/5
- Olivia Umaguing - 10/7
- Jahira Quintero - 10/7
- Jada Ramsauer - 10/8
- Jo Caylor - 10/9
- Rhodora Theriault - 10/9
- Susan Goss - 10/10
- Ben Raymundo - 10/18
- Natasha Hilliard - 10/22
- Lea Bolosan - 10/31



As the holidays approach, many Residents and family members look for ways to show their appreciation to the Staff here at Regency on Whidbey. However, employees are not permitted to accept gifts or money. Instead, we have the Employee Holiday Fund where all monies given are distributed to all of our employees to show your gratitude.

If you wish, contributions to this fund can be given to the front desk or the business office.

Thank your for your generosity!!!

Please make checks payable to:
Regency on Whidbey

Include on the Memo Line:
Employee Holiday Fund

Thank you!

Fighting Alzheimer's

thank you

to everyone who donated and took part in our annual Rock-a-Thon to end Alzheimer's!

This year, with your help, we raised over $7000

Thank you for your support!

YOU SHOULD KNOW

While we focus on our Employee Fund during the Holidays, even referring to it as a "Holiday Fund", it is really so much more!

Every year, some monies are reserved for other Employee benefits. On their Birthdays and work Anniversaries, Staff receive a card with a monetary gift from you, the Residents.

We also use Fund money to order pizza or other snacks for Staff.

Managers can use the Fund to take Staff to lunch or dinner as a thank you for their hard work.

Most importantly, the Fund is used as an Emergency Fund for Employees. If a Staff member has an unexpected financial expense or an emergency, they can request a small loan from the Fund to cover that cost.



Wednesday, October 7th
Flu & Covid Vaccine Clinic for Residents & Staff

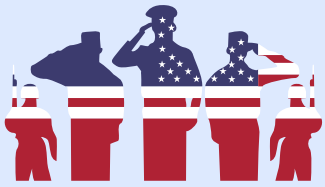
Thursday, October 8th
2:00-3:30
Dementia Support Group



Friday, October 30th
3:00-5:00
Trick-or-Treat



Tuesday, November 10th
12:30pm
Regency's Veterans Day Ceremony



Wednesday, November 11th
11:00am
Oak Harbor High School Outting for Community Veterans Day Service

More Rock-a-Thon Fun











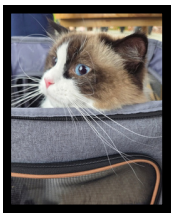


















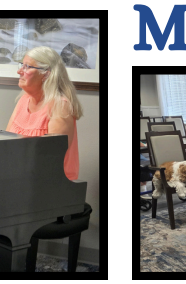















Music & Crafts

Memory Care Moments















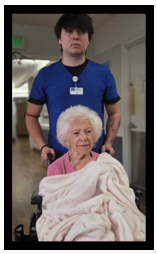



























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1040 SW Kimball Drive ~Oak Harbor WA 98277
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