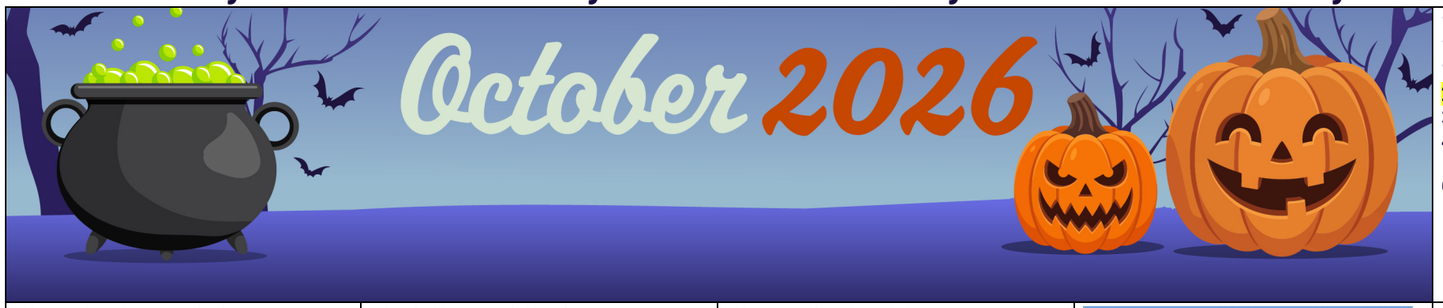
October 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 Daily Chronicals 11:00 Stretches with Haven **12-1 Lunch** **2:00 Steve Ellis Performs** 3:00 Random Reads **4:30-5:30 Dinner** **6:00 Evening Movie**	2 **10:00 Morning Matinee** **Resident's Choice** **12-1 Lunch** 2:00 Sip and Chat 2:30 Balloon Volleyball 3:30 Bad Joke Friday or sing along **4:30-5:30 Dinner** **6:00 Evening Movie**	3 10:00 Daily Chronicles & Reads 11:00 Balloon Volleyball **12-1 Lunch** 2:00 T.V Shows with Vincent! 3:00 Snack and Relax 4:30-5:30 Dinner **6:00 Evening Movie**
4 10:30 Morning Mindfulness 11:30 Gentle chair stretches **12:00-1 Lunch** 1:30 Salinger's Sing 3:00 Snack and Relax **4:30-5:30 Dinner** **6:00 Evening Movie**	5 10:00 Chronical Catch up 11:30 Gentle Chair stretches **12:00-1 Lunch** 2:00 Manicures **3:00 Mr. Bagel Performs** **4:30-5:30 Dinner** **6:00 Evening Movie**	6 10:00 Daily Chronicles 11:00 Gentle Chair stretches **12-1 Lunch** 2:00 Cookie & Beverage social 3:00 Trivia with Vincent **4:30-5:30 Dinner** **6:00 Evening Movie**	7 **10:00 Tours with Wayne (Bus Ride)** 10:30 Story Time **11:30 Bus Returns** **12-1 Lunch** 2:00 Group Meet and Chat 3:00 Free time and snack **4:30-5:30 Dinner** **6:00 Evening Movie**	8 10:00 Daily Chronicals 11:00 Stretches with Haven **12-1 Lunch** **2:00 Ryan Prichard Performs** 3:00 Random Reads **4:30-5:30 Dinner** **6:00 Evening Movie**	9 **10:00 Morning Matinee** **Resident's Choice** **12-1 Lunch** 2:00 Sip and Chat 2:30 Balloon Volleyball 3:30 Bad Joke Friday or sing along **4:30-5:30 Dinner** **6:00 Evening Movie**	10 10:00 Daily Chronicles & Reads 11:00 Balloon Volleyball **12-1 Lunch** 2:00 T.V Shows with Vincent! 3:00 Snack and Relax 4:30-5:30 Dinner **6:00 Evening Movie**
11 10:30 Morning Mindfulness 11:30 Gentle chair stretches **12:00-1 Lunch** 1:30 Salinger's Sing 3:00 Snack and Relax **4:30-5:30 Dinner** **6:00 Evening Movie**	12 10:00 Chronical Catch up 11:30 Gentle Chair stretches **12:00-1 Lunch** 2:00 Manicures 3:00 Mocktails & Music Videos **4:30-5:30 Dinner** **6:00 Evening Movie**	13 10:00 Daily Chronicles **10:30 Jerry O'Neill Performs** **12-1 Lunch** 2:00 Cookie & Beverage social 3:00 Trivia with Vincent **4:30-5:30 Dinner** **6:00 Evening Movie**	14 **10:00 Tours with Wayne (Bus Ride)** 10:30 Story Time **11:30 Bus Returns** **12-1 Lunch** 2:00 Group Meet and Chat 3:00 Free time and snack **4:30-5:30 Dinner** **6:00 Evening Movie**	15 10:00 Daily Chronicals 11:00 Stretches with Haven **12-1 Lunch** 2:00 Ice Cream Social 3:00 Random Reads **4:30-5:30 Dinner** **6:00 Evening Movie**	16 **10:00 Morning Matinee** **Resident's Choice** **12-1 Lunch** 2:00 Sip and Chat 2:30 Balloon Volleyball 3:30 Bad Joke Friday or sing along **4:30-5:30 Dinner** **6:00 Evening Movie**	17 10:00 Daily Chronicles & Reads 11:00 Balloon Volleyball **12-1 Lunch** 2:00 T.V Shows with Vincent! 3:00 Snack and Relax 4:30-5:30 Dinner **6:00 Evening Movie**
18 10:30 Morning Mindfulness 11:30 Gentle chair stretches **12:00-1 Lunch** 1:30 Salinger's Sing 3:00 Snack and Relax **4:30-5:30 Dinner** **6:00 Evening Movie**	19 10:00 Chronical Catch up 11:30 Gentle Chair stretches **12:00-1 Lunch** 2:00 Manicures 3:00 Mocktails & Music Videos **4:30-5:30 Dinner** **6:00 Evening Movie**	20 10:00 Daily Chronicles 11:00 Gentle Chair stretches **12-1 Lunch** 2:00 Cookie & Beverage social 3:00 Trivia with Vincent **4:30-5:30 Dinner** **6:00 Evening Movie**	21 **10:00 Tours with Wayne (Bus Ride)** 10:30 Story Time **11:30 Bus Returns** **12-1 Lunch** 2:00 Group Meet and Chat 3:00 Free time and snack **4:30-5:30 Dinner** **6:00 Evening Movie**	22 10:00 Daily Chronicals 11:00 Stretches with Haven **12-1 Lunch** 2:00 Ice Cream Social 3:00 Random Reads **4:30-5:30 Dinner** **6:00 Evening Movie**	23 **10:00 Morning Matinee** **Resident's Choice** **12-1 Lunch** 2:00 Sip and Chat 2:30 Balloon Volleyball 3:30 Bad Joke Friday or sing along **4:30-5:30 Dinner** **6:00 Evening Movie**	24 10:00 Daily Chronicles & Reads 11:00 Balloon Volleyball **12-1 Lunch** **2:00 Ronnie Nix Performs** 3:00 Snack and Relax 4:30-5:30 Dinner **6:00 Evening Movie**
25 10:30 Morning Mindfulness 11:30 Gentle chair stretches **12:00-1 Lunch** 1:30 Salinger's Sing 3:00 Snack and Relax **4:30-5:30 Dinner** **6:00 Evening Movie** **!!! HAPPY BDAY JAN!!!**	26 10:00 Chronical Catch up 11:30 Gentle Chair stretches **12:00-1 Lunch** 2:00 Manicures **3:00 Danny Ward Performs** **4:30-5:30 Dinner** **6:00 Evening Movie**	27 10:00 Daily Chronicles 11:00 Gentle Chair stretches **12-1 Lunch** 2:00 Cookie & Beverage social 3:00 Trivia with Vincent **4:30-5:30 Dinner** **6:00 Evening Movie**	28 **10:00 Tours with Wayne (Bus Ride)** 10:30 Story Time **11:30 Bus Returns** **12-1 Lunch** 2:00 Group Meet and Chat 3:00 Free time and snack **4:30-5:30 Dinner** **6:00 Evening Movie**	29 10:00 Daily Chronicals 11:00 Stretches with Haven **12-1 Lunch** 2:00 Ice Cream Social 3:00 Random Reads **4:30-5:30 Dinner** **6:00 Evening Movie**	30 **10:00 Morning Matinee** **Resident's Choice** **12-1 Lunch** 2:00 Sip and Chat 2:30 Balloon Volleyball 3:30 Bad Joke Friday or sing along **4:30-5:30 Dinner** **6:00 Evening Movie**	31 10:00 Daily Chronicles & Reads 11:00 Balloon Volleyball **12-1 Lunch** 2:00 T.V Shows with Vincent! 3:00 Snack and Relax 4:30-5:30 Dinner **6:00 Evening Movie** Halloween

Regency On Whidbey Memory Care 360-279-2224