October 2026

Assisted Living & Cottages

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 **Doctor Day** 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 You Be the Judge! (AR) 1:00 Movie (T) 1:30 Hand Massage & Nail Care (AR) 3:00 Happy Hour & Music with Steve & Ward (AR) 5:45 Movie (T)	**2** **Shopping Day** **Bus leaves @ 9:30** 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Pinochle (L) 1:30 Bingo (AR) 3:00 Friday Fun – Sing-a-Long (AR) 5:45 Movie (T)	**3** 1:00 Movie (T) 2:00-3:30 Happy 90th Birthday Aletha!!! (AR) (Hosted by Family) 5:45 Movie (T)
4 1:00 Movie (T) 3:00 Church – Pastor Gareth Forney (AR) 5:45 Movie (T)	**5** 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Music from the 1950s with Maryann Nowicki (AR) 5:45 Movie (T)	**6** **Doctor Day** 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 Jeopardy Trivia (AR) 1:00 Movie (T) 1:30 Resident Meeting (AR) 3:00 Travelogue – Checking Out the Czech Republic (AR) 5:45 Movie (T)	**7** **Flu Shot Clinic** 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Witchy Gnome Painting Part 1 (AR) 5:45 Movie (T)	**8** **Doctor Day** 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 Brain Games – Words in a Word (AR) 1:00 Movie (T) 1:30 Hand Massage & Nail Care (AR) 3:00 Happy Hour & Music with Ryan Prichard (AR) 5:45 Movie (T)	**9** **Shopping Day** **Bus leaves @ 9:30** 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Pinochle (L) 1:30 Bingo (AR) 3:00 Friday Fun – Sweet History of Halloween Candy (AR) 5:45 Movie (T)	**10** 1:00 Movie (T) 5:45 Movie(T)
11 1:00 Movie (T) 3:00 Church – Pastor David Crawford (AR) 5:45 Movie (T)	**12** 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Celebrate Columbus Day & Indigenous People's Day (AR) 5:45 Movie (T) Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	**13** **Doctor Day** 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 Brain Games - Indigenous Peoples' Day Jeopardy (AR) 1:00 Movie (T) 1:30 Chair Yoga with Becki (AR) 3:00 Tuesday Treats Door to Door 5:45 Movie (T)	**14** 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Witchy Gnome Painting Part 2 (AR) 5:45 Movie (T)	**15** **Doctor Day** 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 You Be the Judge! (AR) 1:00 Movie (T) 1:30 Hand Massage & Nail Care (AR) 3:00 Happy Hour & Music with Lori & Friends (AR) 5:45 Movie (T)	**16** **Shopping Day** **Bus leaves @ 9:30** 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Pinochle (L) 1:30 Bingo (AR) 3:00 Friday Fun – Halloween Left / Right Game (AR) 5:45 Movie (T)	**17** 1:00 Movie (T) 1:30 Bingo with Brynn (AR) 5:45 Movie (T)
18 1:00 Movie (T) 3:00 Church – Pastor Gareth Forney (AR) 5:45 Movie (T)	**19** 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Piano Music with Jason Brooks (AR) 5:45 Movie (T)	**20** **Doctor Day** 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 Jeopardy Trivia (AR) 1:00 Movie (T) 1:00-1:30 Library on Wheels (AR) 1:30 Active Games – Monster Mash Balloon Bash (AR) 3:00 Would You Rather? – Halloween Spinner Game (AR) 5:45 Movie (T)	**21** 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Halloween Tie-Dye (AR) 5:45 Movie (T)	**22** **Doctor Day** 9:30 Music in the Morning (AR) 10:00 Halloween Fun with the Kids (AR) 10:45 Brain Games – Sudoku (AR) 1:00 Movie (T) 1:30 Hand Massage & Nail Care (AR) 3:00 Happy Hour & Music with Mr. Bagel (AR) 5:45 Movie (T)	**23** **Shopping Day** **Bus leaves @ 9:30** 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Pinochle (L) 1:30 Bingo (AR) 3:00 Friday Fun – October Birthday Social (AR) 5:45 Movie (T)	**24** 1:00 Movie (T) 5:45 Movie (T)
25 1:00 Movie (T) 3:00 Church – Pastor David Crawford (AR) 5:45 Movie (T)	**26** 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Healthy Living Talk with Martin Iverson (AR) 5:45 Movie (T)	**27** **Anacortes Doctor Day** 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 Believable or Batty? (AR) 1:00 Movie (T) 1:30 Chair Yoga with Becki (AR) 3:00 Travelogue – Salem Massachusetts (AR) 5:45 Movie (T)	**28** 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Rope Ghost Craft (AR) 5:45 Movie (T)	**29** **Doctor Day** 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 You Be the Judge! (AR) 1:00 Movie (T) 1:30 Hand Massage & Nail Care (AR) 3:00 Midnight Margarita Happy Hour & Music with Keystone (AR) 5:45 Movie (T)	**30** **Shopping Day** **Bus leaves @ 9:30** 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Pinochle (L) 1:30 Bingo (AR) 3:00 – 5:00 Regency Trick-or-Treat 5:45 Movie (T)	**31** 1:00 Movie (T) 1:30 Bingo with Brynn (AR) 5:45 Movie (T)

ALL Activities are subject to change – Please check the Elevators and the Front Desk for the most up-to-date schedule of Activities