



RESIDENT BIRTHDAYS

Lucy. M – 10/4
Pat. F – 10/9
Barb. J – 10/9
Tom. S – 10/14
Jackie. H – 10/16
Kay. C – 10/17
Nancy. B – 10/23
Bernice. H – 10/24
Lola. D – 10/29
Farley. D – 10/30
Bill. B – 10/31

ASSOCIATE BIRTHDAYS

Julius. S – 10/8
Audrey. P – 10/10
Cecil. B – 10/15
Zoe. W – 10/18
Triniti. S – 10/23
Kendra. D – 10/28
Javion. N – 10/28

Life Enrichment Corner

Some things to look forward to this October in the

Life Enrichment Department!

October 5th at 3:00pm “OKTOBERFEST” – Join us in the campus room for a fun-filled afternoon with beer cheese & pretzels, festive drinks, and Lukas the Accordionist as we celebrate Oktoberfest!

October 12th 1:00pm- 4:00pm Chair Massages in the Private Dining Room! If you are interested in receiving a chair massage, please check the sign-up book to save your spot!

October 15th 6:00pm-8:00pm “Halloween Costume Party” – This is our annual Halloween party for all of the kiddos in your families to enjoy! Join us throughout the community for a spooky costume parade & festive activity!

October 30th 11:00am- “Outing to the D.I.A”. If you are interested in participating in this outing, please pay attention to details and updates regarding the trip! It will be made aware if tickets need to be purchased in advanced.

Cider & Donut Sundays! Come down to the café for a crisp & delicious sweet treat at 1:30pm every Sunday!

Any comments or concerns can be addressed to me privately! I appreciate your daily participation in life enrichment!

Warm Regards,

Alyssa Duff

Independent Living Life Enrichment Manager

WALTONWOOD UNIVERSITY

OCTOBER 2026

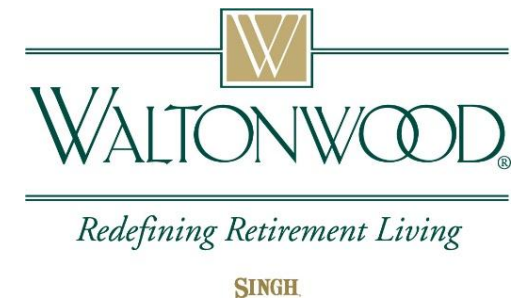
3250 Walton Boulevard, MI 48309
www.waltonwood.com | (248) 375-2500

What is Oktoberfest?

Oktoberfest has evolved from a 19th-century royal wedding into the world's largest folk festival (*Volksfest*), serving as a powerful monument to Bavarian identity, community, and global cultural exchange.

At its core, Oktoberfest is a living preservation of Southern German heritage. It provides a dedicated stage for centuries-old customs that remain a deep point of regional pride:

- **The Garb:** The festival grounds are a sea of traditional folk costume (*Trachten*). Men wear heavy leather *lederhosen* while women wear *dirndls*—outfits that historically signified regional roots and working-class pride.
- **The Beer Purity Mandate:** The liquid centerpiece of the festival is bound by the *Reinheitsgebot* (German Beer Purity Law) of 1516. By law, only six historic Munich breweries are allowed to serve their specially crafted, malty *Oktoberfestbier*.
- **The Folk Arts:** From brass oompah bands playing traditional drinking songs to grand costume parades winding through the streets of Munich, the festival ensures that folk music, dance, and craft survive vibrantly in the modern era.



COMMUNITY MANAGEMENT

Zachary Adamski
Executive Director

Tammy Collins
Business Office Manager

Carrie Roehm
Marketing Manager

Taylor Crowe
Environmental Services Manager

Barry Kekelik
Culinary Service Manager

Brennen Bollinger
Independent Living Manager

Alyssa Duff
IL Life Enrichment Manager

Donna Donakowski
AL Life Enrichment Manager

Amber Williams
Resident Care Manager

Elijah Jones
Wellness Coordinator

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask Carrie for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

SEPTEMBER HIGHLIGHTS AT UNIVERSITY



TRANSPORTATION REMINDERS

Waltonwood University provides transportation to doctor appointments and other necessary pre-scheduled appointments. Residents must schedule transportation at least one full week in advance. In order to accommodate other community outings, these appointments need to be scheduled on Mondays and Thursdays from 9:00am – 2:00pm. All appointments must be within a 10-mile radius of the community. Exceptions to day and distance will be considered if driver is available and with approval of the Life Enrichment Manager. Please do not assume he is available without a scheduled appointment and written approval from our driver Rick or from a Life Enrichment Manager.

As our transportation varies day to day, keep in mind there may be an occasional wait for pick up. While we try to ensure residents are picked up as timely as possible, sometimes our driver may be dropping off another resident, dealing with traffic or poor weather, or other delays.

Transportation request forms can be found at the driver’s desk near the front concierge desk. Please see Life Enrichment Manager if you have questions or concerns.

PINK FRIDAY FOR BREAST CANCER AWARENESS MONTH

As we step into Breast Cancer Awareness Month, we ask residents and staff of our community to participate in “PINK FRIDAYS” to share our love and support of those who have been diagnosed, survived, or passed from breast cancer.

This October, the American Cancer Society (ACS) commemorates the 40th anniversary of the founding of Breast Cancer Awareness Month. In 1985, ACS co-led the effort to start Breast Cancer Awareness Month as a week-long campaign to educate women about the importance of early screening and routine mammograms for breast cancer detection and treatment.



EVENTS TO ADD TO YOUR CALENDAR

5

“OKTOBERFEST with
Lukas the Accordionist!

12

Chair Massages 1pm –
4pm in the PDR

15

Halloween Costume Party!
6-8pm

31

Outing to the DIA



EXECUTIVE DIRECTOR CORNER

October has a special way of reminding us to slow down and enjoy the little things. The air gets a little cooler, the leaves begin to show off their beautiful fall colors, and there’s nothing quite like a warm cup of coffee on a crisp Michigan morning.

Around our community, we’re looking forward to everything October brings—from seasonal activities and fall flavors to Halloween fun and plenty of opportunities to spend time together. More importantly, it’s another month to enjoy the friendships and familiar faces that make our community feel like home. As the leaves begin to change, October gives us a simple reminder: change can be beautiful. We hope you’ll join us throughout the month, try something new, share a few laughs, and make some wonderful memories along the way. Here’s to a happy, healthy, and colorful October!

From your Executive Director, Zachary Adamski.