



RESIDENT BIRTHDAYS

Winifred S. 10/10

Wilson R. 10/22

ASSOCIATE BIRTHDAYS

Julius S. 10/8

Audrey P. 10/9

Cecil B. 10/15

Zoe W. 10/18

Triniti S. 10/23

Angela C-W 10/26

Kendra D. 10/28

Javion N. 10/28

Active Aging Week October 4-11: National Active Aging Week will be celebrated the first full week of October. Special events include opening of the new Assisted Living personal training fitness center with 1:1 training with Forever Fit Instructor Deb on Monday October 5th at 9:00 am. Danceable music with Bobby G on Tuesday October 6th at 2:20 pm. Walk in the Park outing at Rochester Municipal Park on Wednesday October 7th at 1:30 pm. And a two-day celebration of our oldest resident Winnie Swoffer who will be 104! (See ad below) Deb, our Forever Fit instructor will provide fun energetic “twists” to our regular exercise routine that week as well as fun fact trivia about health and exercise.

Winnie's 104th BIRTHDAY Celebration

Happy HOUR

Friday, October 9th at 3:00 PM
in the Assisted Living Activities Room

Kevin Wills VOCAL ENTERTAINMENT

Saturday, October 10th at 3:30 PM
in the Assisted Living Common Room

Join us as we celebrate Winnie's special day!



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask Celeste for details!

WALTONWOOD UNIVERSITY

OCTOBER 2026

3250 Walton Boulevard, MI 48309
www.waltonwood.com | (248) 375-2500

Life Enrichment Corner

75th Anniversary of Disney's Alice in Wonderland: On October 6th 9:30am we will be watching the animated film “Alice in Wonderland” followed by a “Mad Hatter Tea” at 1:30 pm. Join us for a nostalgic day of fun and laughter.

Fall Bow Making with Jenna: Jenna Nelson, our Move-In Coordinator will be assisting us with Fall Bow making Thursday afternoon October 8th at 1:30 pm in the Activity Room. Get ready for the season with this creative, fun craft!

Bald is Beautiful Day: Brennen Bollinger, our Independent Living Manager, will be celebrated on “Bald is Beautiful” Day with a coffee donut social Wednesday October 14th at 10:30 am in the Activity Room. Hip, Hip, Hooray for Beautiful Bald Brennen!

Children's Annual Halloween Costume Parade: Our annual Children's Halloween Costume Parade will be held Thursday Evening October 15th at 6:30 pm. Invite your little ones to take part in the fun. The parade will wind through the Assisted Living Hallways. Residents can take part by watching from their doorway or in the Common area.

Paint Your Neighbor Happy Hour: Friday October 23rd we host a special Happy Hour at 3 pm in the Activity Room. Nurse Amber and Executive Director Zac will “face off” in a portrait painting “competition”. Get to know our wonderful administrators in a fun creative way and encourage some artistic expression!

America's Thanksgiving Parade Presentation: Join us 2:00 pm Thursday October 29th in the Activity Room for a presentation by a Detroit Parade Company representative focusing on the history and logistics for putting on one of Detroit's premiere Holiday Events! Presentation will include artifacts from past parade and a guest speaker.



SINGH

COMMUNITY MANAGEMENT

Zachary Adamski
Executive Director

Tammy Collins
Business Office Manager

Carrie Roehm
Marketing Manager

Barry Kekelik
Culinary Services Manager

Taylor Crowe
Environmental Services Manager

Brennen Bollinger
Independent Living Manager

Alyssa Duff
IL Life Enrichment Manager

Donna Donakowski
AL Life Enrichment Manager

Amber Williams
Resident Care Manager

Elijah Jones
Wellness Coordinator

Assisted Living
Employee of the
Month- Rick Ward



Congratulations to Rick! Rick has worked at Waltonwood Senior Living for about a year and truly loves his job. Rick is our chauffeured licensed driver who takes us everywhere we need to go! He takes great pride in providing excellent service to the residents and consistently takes initiative, works hard, and looks for ways to make each resident's experience positive and enjoyable. Not only does Rick get us safely and efficiently where we need to go, like doctor's appointment, grocery stores and church; but he also helps the Life Enrichment Managers create new and excited outings for our residents like his signature "Rick's Scenic Tour of Detroit" featuring nostalgic drives down Woodward Avenue and past many iconic Detroit landmarks old and new. Ric has many wonderful plans for us in the upcoming year, so tell him thank you and keep those great ideas coming!

September HIGHLIGHTS

2
Oberweiss Ice Cream Outing

5
UWM Baseball
Joe Kretzmer
Adventure



13
UWM Baseball
Wilson Revenaugh
Adventure

14-18
Assisted Living
Week Celebrations



Forever Fit: Active Aging Week

Celebrating its 23rd year, Active Aging Week kicks off Monday October 5th at Waltonwood. The week-long event highlights the need and importance of actively aging as we celebrate older adults' contributions and promote healthy lifestyles through engaging wellness programs. Wellness looks different to everyone, and each Waltonwood community will uniquely display what Active Aging means to them. Starting Monday October 5th be sure to check your life enrichment and forever fit schedules for classes, programs and events that uniquely capture the many ways we all can age actively.

Outings and Entertainment

This month's Wednesday outings include a "Walk in the Park" at Rochester's Downtown Municipal Park on October 7 at 1:30 pm. A scenic drive to haunted "Tilson Street" in Romeo on October 14 at 1:30 pm. Rochester Cider Mill on October 21 at 1:30 pm and "Resident Choice" Shopping October 28 at 11:30 am. See Life Enrichment for details and shopping suggestions.

Entertainment this month: Bobby G, Music & Movement at 2:20 pm Tuesday, October 6. Kevin Wills, 40's style crooner at 3:30 pm Saturday, October 10 (Winnie's Birthday). Octoberfest with Luka on Accordion at 2 pm Monday, October 12. Billy McAllister, Frank Sinatra style vocalist at 1:30 pm on October 16.

October Special Events

6 Disney's "Alice in Wonderland" 75 th Anniversary Events	9-10 Winnie Swoffer 104 th Birthday Celebrations
15 Children's Halloween Costume Parade	26 Family Night "Care for the Caregiver" Presentation



Executive Director Note: Zachary Adamski

Welcome October! October has a special way of reminding us to slow down and enjoy the little things. The air gets a little cooler, the leaves begin to show off their beautiful fall colors, and there's nothing quite like a warm cup of coffee on a crisp Michigan morning. The name "October" comes from the Latin word *octo*, meaning eight, because it was originally the eighth month of the ancient Roman calendar. Today, October is a month we often associate with change, gratitude, togetherness, and enjoying the beauty of the fall season. Around our community, we're looking forward to everything October brings—from seasonal activities and fall flavors to Halloween fun and plenty of opportunities to spend time together. More importantly, it's another month to enjoy the friendships and familiar faces that make our community feel like home. As the leaves begin to change, October gives us a simple reminder: change can be beautiful. We hope you'll join us throughout the month, try something new, share a few laughs, and make some wonderful memories along the way. Here's to a happy, healthy, and colorful October!