



COMMUNITY COMMUNICATION

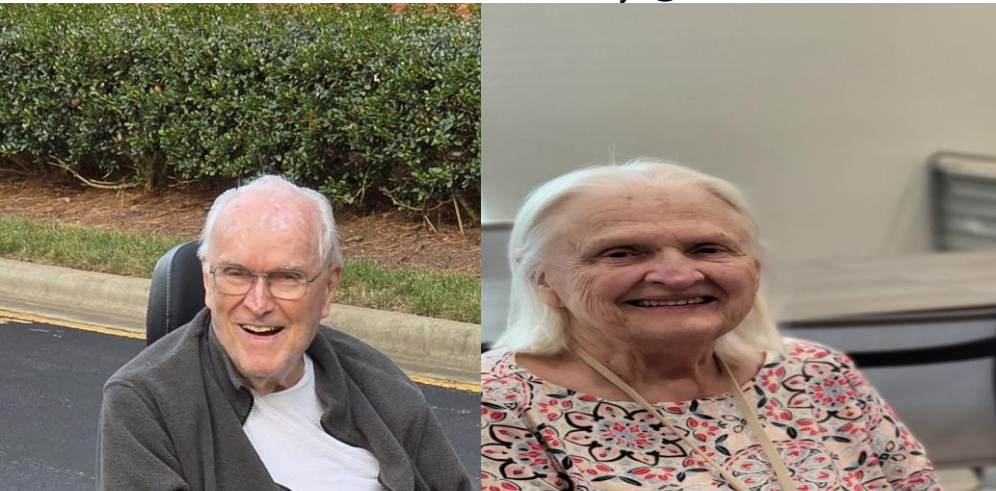
STAY CONNECTED

Our very own Tony Dingman and Bonnie O’ Conner will be cast in Dancing Man Productions’ Singing in the Rain Sr. play Thursday October 15th at the Raleigh Little Theatre.

Tony has always loved community theater and especially teaching others the many aspects of theatrical production including set design, costuming, musical scoring, make-up, and of course, acting. One of his first experiences was at the Weston Playhouse, Weston Vt and then on to the Dorset Playhouse in Dorset, Vt where he directed summerstock. In the early to mid-1970’s, Tony was appointed Director of Raleigh Little Theater at the urging of Smedes York where for several years he directed a series of musicals including Annie Get Your Gun, Plaza Suite, Hello Dolly! The Sound of Music, and Oliver!

Bonnie joined the Central Missouri State College Players, the official drama club and theatre troupe of Central Missouri State College now known as the University of Central Missouri. In 1957, Bonnie was part of this group when they began operating the summer theatre productions at the Shepherd of the Hills Theatre in Branson Missouri, which is now a major tourist attraction. She appeared in several of their productions, including “The Shepherd of the Hills”, “Old Drum” and “The Rainmaker”. While at Central Missouri State College, she also directed the highly successful “Miracle of the Danube”.

We could not be prouder of them! Wish them well when you see them around the community ☺



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it, too! Ask for details!

CARY PARKWAY
CONNECT



OCTOBER 2026

760 SE Cary Parkway, Cary, NC 27511
www.waltonwood.com | 919-460-7330
Facebook: /WaltonwoodCaryParkway

ASSISTED LIVING



OCTOBER OUTLOOK: TURNING A NEW LEAF

It’s fall yall! The autumn season is officially in full swing, and there is a lot to celebrate in our community! We will kick off the month by celebrating Active Aging Week, a time to celebrate aging while staying active and engaged. Join us Monday, October 5th, through Friday, October 9th, as we set sail for a week of cruise-themed activities! These will include limbo, mini golf, fishing, and more. I hope you will join us as we discover fun and creative ways to stay active!

Next, I invite you to help us celebrate our very own resident, Florence, as she turns 100! Join us on Friday, October 9th, at 2:00pm in the AL Café for a special celebration featuring live music by Caroline Gregory. I can’t wait to see you as we celebrate this incredible milestone with Florence! The celebrations will continue on Tuesday, October 13th, with our Oktoberfest Celebration. Join us for live accordion music by Tom Neuhauser, themed food, games, and more!

Finally, we will wrap up the month with all things spooky! Join us for our annual Trick-or-Treat Parade on Thursday, October 29th. We invite grandchildren, great-grandchildren, and loved ones of all ages to join us as we pass out candy, play games, and enjoy themed refreshments. Then, join us on Friday, October 30th, for our Halloween Happy Hour featuring live DJ music by DJ Les. It’s sure to be a spooktacular time! I look forward to celebrating a fun-filled October with all of you!

COMMUNITY
MANAGEMENT

- Noreen Mohit
Executive Director
- Tina Forsythe
Business Office Manager
- Aylin Altintop
IL Life Enrichment Manager
- Shantel Carr
AL Life Enrichment Manager
- Ashleigh Wood
MC Life Enrichment Manager
- Dionna Daniels
Independent Living Manager
- Harry Castro
Environmental Service Manager
- Garth Tallcott
Culinary Service Manager
- Doug Thurston
Marketing Manager
- Shay Barnett
Marketing Manager
- Kristen Gallaro
Move-In Coordinator
- Hilda Williams
Resident Care Manager
- Victoria Wheeler
Assisted Living Coordinator
- Stacy McNeill
Memory Care Coordinator

Resident Birthdays

Charlie S.	10/19
Doris B.	10/20

Associate Birthdays

Erin H.	10/5
Jashara S.	10/6
Connor W.	10/9
Joanna I.	10/14
Morgan D.	10/16
Janet S.	10/19
Sara G.	10/24
Krystal M.	10/26
Johanna C.	10/27
Aylin A.	10/28
Jonathan C.	10/28

Associate Anniversaries

Kai L.	10/7	yr
Ashleigh W.	10/9	4yrs
Adam T.	10/12	1yr
Noreen M.	10/19	1yr
Mary O.	10/22	14yrs
Jabricca H.	10/23	1yr

FRIENDS & FAMILY REFERRAL PROGRAM!

EMPLOYEE SPOTLIGHT

Adanech “Jimma” is our Associate of the Month!

Adanech, known as Jimma, has been a valued member of the Waltonwood family since December 2025. She takes great pride in keeping our community clean and, most importantly, in making the people around her feel comfortable and happy. With her joyful smile, Jimma shares, “My joy is more when people are happy because of what I did.” Jimma’s family is the most important part of her life. She and her husband enjoy spending time with their two boys, ages 15 and 13. One of their favorite activities is playing basketball together. When she isn’t spending time with her family, Jimma enjoys reading and praying. She also has a wonderful relationship with her coworkers, who describe her as a beautiful person who is always friendly and kind.

Our residents are delighted to have Jimma on our team! Thank you, Jimma, for all that you do for our community!



SEPTEMBER HIGHLIGHTS

10th 14th- 18th

Family Night

This year for Grandparent’s Day we celebrated by giving our family an everlasting hug using paint.

21st 23rd

New Hope Valley Train Ride

We enjoyed a cool breeze while soaking in the sites of a nearby train station.

AL Week

This week we honored associates and residents that work and live in our community.

Beatlemania

We traveled to England and celebrated our favorite group the Beatles with tasting and learning during our social.



ACTIVE AGING WEEK

Celebrating its 23rd year, Active Aging Week kicks off Monday October 5th at Waltonwood. The week-long event highlights the need and importance of actively aging as we celebrate older adults’ contributions and promote healthy lifestyles through engaging wellness programs. Wellness looks different to everyone, and each Waltonwood community will uniquely display what Active Aging means to them. Starting Monday October 5th be sure to check your life enrichment and forever fit schedules for classes, programs and events that uniquely capture the many ways we all can age actively.

Chris G., Senior Forever Fit Manager

TRANSPORTATION INFORMATION

The Life Enrichment Team have been busy orchestrating the Monday outings. On the calendar for *September* was New Hope Valley Train Ride, The Cary Theater: Cookie Queens (Movie), Ultimate Comics Comic Book Store, Pizza Hut, Silver Saddles Therapeutic Horse Ranch, and a Scenic Ride! Some of the outings were for fun, and some educational, but all were worth it to see the glow on the residents’ faces. Many residents have appreciated our outings, whether it’s something they wanted to try again, try for the first time or “just to get out and about.” We will keep the momentum going for *October* as we enjoy more fun trips!

- Upcoming planned trips:
- Carolina Ale House
 - Vollis Simpson Whirligig Park
 - Raleigh Little Theatre
 - Spring Haven Farms
 - Steven’s Nature Center
 - Halloween Scenic Ride



OCTOBER SPECIAL EVENTS

8th 13th

Active Aging Week: Wheelchair/Walker Wash

We will have fun splashing around while we get our assistive devices catered to.

15th

Singin’ in the Rain Sr.

We will sing our hearts out to this classic movie turned play at Raleigh Little Theatre.

Oktoberfest

We will celebrate the most fun German festival with an accordion player and cultural games.

27th

Magic with Chocolate and Illusions

We will take our tastebuds on a journey during our Willy Wonka themed social before being wow’d by Illusionist Josh Farley.



~Trick or Treat Parade

EXECUTIVE DIRECTOR CORNER

I am thrilled to officially welcome the fall season! There is so much to celebrate in our community throughout the month of October, and I invite you and your families to join us for all the fun.

On Thursday, October 29th, we will host our annual Trick-or-Treat Parade! Children ages 4–12 is welcome to dress up in their favorite costumes, trick-or-treat, and enjoy themed games and refreshments. Please RSVP by calling the community or signing up at one of our front desks.

I look forward to seeing you and your families as we celebrate the fall season together!

Thank you,
Noreen Mohit