

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
				1 9:00 Music and Movement, PPW 10:00 Crafting with Shelby, SCF 10:30 Daily Chronicles, SCF 1:00 Sensory Games 1:30 Snack Break, FSI 2:00 Afternoon Walk, PPW 2:30 One on One 3:30 Comedy Time, FSI 5:00 Evening Movie	2 9:00 One on One 9:30 Morning Exercise, PPW 10:00 Cooking w/ Shelby, FSI 10:30 Daily Chronicles, SCF 12:30 Sunshine Chats SCF 1:00 Sensory Time 1:30 Snack Break, FSI 2:00 Birthday Celebration David & Lynn ALDR 3:30 Afternoon Walk, PPW 5:00 Evening Movie	3 9:00 Music and Movement, PPW 10:00 Daily Chronicles, SCF 10:30 Word Games, SCF 1:00 Trivia Time 1:30 Snack Break, FSI 2:00 Color my World, SCF 2:30 One on One 3:30 Afternoon Walk, PPW 5:00 Evening Movie Simchat Torah Begins
4 9:00 Music and Movement, PPW 10:00 Nail Care 10:30 Daily Chronicles, SCF 1:30 Snack Break, FSI 3:00 Table Games & Puzzles, FSI 3:30 Afternoon Stroll, PPW	5 9:30 Music and Movement, PPW 10:30 Daily Chronicles, SCF 1:00 Color my World, SCF 1:30 Music with Larissa, MC, FSI 1:30 Snack Break, FSI 2:00 One on One 3:00 Sensory Time	6 9:00 Music and Movement, PPW 10:00 Sensory Time 10:30 Daily Chronicles, SCF 12:30 Color my World, SSF 1:30 Snack Break, FSI 2:00 Connect 4 2:00 One on One 3:00 Sing Along, FSI 5:00 Evening Movie	7 9:00 ~ 1:30 Hair Salon 9:30 Aromatherapy 10:00 Art Time, SCF 10:30 Daily Chronicles, SCF 12:30 Sunshine Chats SCF 1:30 Snack Break, FSI 2:00 Scenic Drive, FSI 2:30 One on One 3:00 Sensory Game 5:00 Evening Movie	8 9:00 Music and Movement, PPW 10:00 Crafting with Shelby, SCF 10:30 Daily Chronicles, SCF 1:00 Music with Randy FSI 1:30 Snack Break, FSI 2:00 Afternoon Walk, PPW 2:30 One on One 3:30 Comedy Time, FSI 5:00 Evening Movie	9 9:00 One on One 9:30 Morning Exercise, PPW 10:00 Cooking w/ Shelby, FSI 10:30 Daily Chronicles, SCF 12:30 Sunshine Chats SCF 1:00 Sensory Time 1:30 Snack Break, FSI 2:00 Happy Hour with Mark Shaffer ALDR 3:30 Afternoon Walk, PPW 5:00 Evening Movie	10 9:00 Music and Movement, PPW 10:00 Daily Chronicles, SCF 10:30 Word Games, SCF 1:00 Trivia Time 1:30 Snack Break, FSI 2:00 Color my World, SCF 2:30 One on One 3:30 Afternoon Walk, PPW 5:00 Evening Movie
11 9:00 Music and Movement, PPW 10:00 Nail Care 10:30 Daily Chronicles, SCF 1:30 Snack Break, FSI 3:00 Table Games & Puzzles, FSI 3:30 Afternoon Stroll, PPW	12 9:30 Music and Movement, PPW 10:30 Daily Chronicles, SCF 1:00 Color my World, SCF 1:30 Snack Break, FSI 2:00 One on One 3:00 Sensory Time 5:00 Evening Movie Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 9:00 Music and Movement, PPW 10:00 Sensory Time 10:30 Daily Chronicles, SCF 12:30 Color my World, SSF 1:30 Snack Break, FSI 2:00 Connect 4 2:00 One on One 3:00 Sing Along, FSI 5:00 Evening Movie	14 9:00 ~ 1:30 Hair Salon 9:30 Aromatherapy 10:00 Art Time, SCF 10:30 Daily Chronicles, SCF 12:30 Sunshine Chats SCF 1:30 Snack Break, FSI 2:00 Scenic Drive, FSI 2:30 One on One 3:00 Sensory Game 5:00 Evening Movie	15 9:00 Music and Movement, PPW 10:00 Crafting with Shelby, SCF 10:30 Daily Chronicles, SCF 1:00 Music with Carol SCF 1:30 Snack Break, FSI 2:00 Afternoon Walk, PPW 2:30 One on One 3:30 Comedy Time, FSI 5:00 Evening Movie	16 9:00 One on One 9:30 Morning Exercise, PPW 10:00 Cooking w/ Shelby, FSI 10:30 Daily Chronicles, SCF 12:30 Sunshine Chats SCF 1:00 Pet Visit with Ruffles 1:30 Snack Break, FSI 2:00 Happy Hour with Hank Blumenthal ALDR 3:30 Afternoon Walk, PPW 5:00 Evening Movie	17 9:00 Music and Movement, PPW 10:00 Daily Chronicles, SCF 10:30 Word Games, SCF 1:00 Trivia Time 1:30 Snack Break, FSI 2:00 Color my World, SCF 2:30 One on One 3:30 Afternoon Walk, PPW 5:00 Evening Movie
18 9:00 Music and Movement, PPW 10:00 Nail Care 10:30 Daily Chronicles, SCF 1:30 Snack Break, FSI 3:00 Table Games & Puzzles, FSI 3:30 Afternoon Stroll, PPW	19 9:30 Music and Movement, PPW 10:30 Daily Chronicles, SCF 1:00 Color my World, SCF 1:30 Music with Larissa, MC, FSI 1:30 Snack Break, FSI 2:00 One on One 3:00 Sensory Time	20 9:00 Music and Movement, PPW 10:00 Sensory Time 10:30 Daily Chronicles, SCF 12:30 Color my World, SSF 1:00 Music with Randy FSI 1:30 Snack Break, FSI 2:00 Connect 4 2:00 One on One 3:00 Sing Along, FSI 5:00 Evening Movie	21 9:00 ~ 1:30 Hair Salon 9:30 Aromatherapy 10:00 Art Time, SCF 10:30 Daily Chronicles, SCF 12:30 Sunshine Chats SCF 1:30 Snack Break, FSI 2:00 Scenic Drive, FSI 2:30 One on One 3:00 Sensory Game 5:00 Evening Movie	22 9:00 Music and Movement, PPW 10:00 Crafting with Shelby, SCF 10:30 Daily Chronicles, SCF 1:00 Sensory Games 1:30 Snack Break, FSI 2:00 Afternoon Walk, PPW 2:30 One on One 3:30 Comedy Time, FSI 5:00 Evening Movie	23 9:00 One on One 9:30 Morning Exercise, PPW 10:00 Cooking w/ Shelby, FSI 10:30 Daily Chronicles, SCF 12:30 Sunshine Chats SCF 1:00 Sensory Time 1:30 Snack Break, FSI 2:00 Bingo 3:30 Afternoon Walk, PPW 5:00 Evening Movie	24 9:00 Music and Movement, PPW 10:00 Daily Chronicles, SCF 10:30 Word Games, SCF 1:00 Trivia Time 1:30 Snack Break, FSI 2:00 Color my World, SCF 2:30 One on One 3:30 Afternoon Walk, PPW 5:00 Evening Movie
25 9:00 Music and Movement, PPW 10:00 Nail Care 10:30 Daily Chronicles, SCF 1:30 Snack Break, FSI 3:00 Table Games & Puzzles, FSI 3:30 Afternoon Stroll, PPW	26 9:30 Music and Movement, PPW 10:30 Daily Chronicles, SCF 1:00 Color my World, SCF 1:30 Snack Break, FSI 2:00 One on One 3:00 Sensory Time 5:00 Evening Movie	27 9:00 Music and Movement, PPW 10:00 Sensory Time 10:30 Daily Chronicles, SCF 12:30 Color my World, SSF 1:30 Snack Break, FSI 2:00 Connect 4 2:00 One on One 3:00 Sing Along, FSI 5:00 Evening Movie	28 9:00 ~ 1:30 Hair Salon 9:30 Aromatherapy 10:00 Art Time, SCF 10:30 Daily Chronicles, SCF 12:30 Sunshine Chats SCF 1:30 Snack Break, FSI 2:00 Scenic Drive, FSI 2:30 One on One 3:00 Sensory Game 5:00 Evening Movie	29 9:00 Music and Movement, PPW 10:00 Crafting with Shelby, SCF 10:30 Daily Chronicles, SCF 1:00 Sensory Games 1:30 Snack Break, FSI 2:00 Afternoon Walk, PPW 2:30 One on One 3:30 Comedy Time, FSI 5:00 Evening Movie	30 9:00 One on One 9:30 Morning Exercise, PPW 10:00 Cooking w/ Shelby, FSI 10:30 Daily Chronicles, SCF 12:30 Sunshine Chats SCF 1:00 Sensory Time 1:30 Snack Break, FSI 2:00 Halloween Party with Jon Pressman ALDR 3:30 Afternoon Walk, PPW 5:00 Evening Movie	31 9:00 Music and Movement, PPW 10:00 Daily Chronicles, SCF 10:30 Word Games, SCF 1:00 Trivia Time 1:30 Snack Break, FSI 2:00 Color my World, SCF 2:30 One on One 3:30 Afternoon Walk, PPW 5:00 Evening Movie Halloween

October 2026

THE MONTHLY GAZETTE

*"October is a symphony
of permanence and change."*

~ Bonaro W. Overstreet



Animal of the Month – Bombay Cat

Bombay cats are a popular pet. These spunky, affectionate, friendly felines create exceptionally strong bonds with their human families. They love cuddling and are often found on warm laps. If they can't soak up body heat from a human companion, they seek the next warmest spots in the home, such as by a heater or sunny window. Known as "parlor panthers," these sleek black cats were first bred in the 1950s to look like miniature black leopards, complete with shiny coats, glowing eyes, and a curvy, swaying walk. They are a



cross between a sable Burmese and a black American shorthair. In addition to their deep black fur, most have black whiskers, skin, noses, and paw pads. Bombay cats have compact, muscular bodies that are heavier to pick up than they look. These beautiful creatures are a very loyal and intelligent breed that enjoys a lot of activity and stimulation.

Special Days

International Music Day
October 1

Apple Betty Day
October 5

Hero Day
October 8

**Columbus Day /
Indigenous Peoples' Day
(U.S.) & Canadian
Thanksgiving**
October 12

Sweetest Day
October 17

Halloween
October 31

Flower – Calendula



The calendula is a fall-blooming annual that produces a yellow to deep-orange flower with edible petals. Also known as the "pot marigold," the flower gets its name from the Latin *calendae*, meaning "first day of the month." Ancient Greeks and Romans wore crowns and garlands of calendula, and they have long been sacred in India, where they are used to decorate statues of Hindu deities. The lovely calendula symbolizes happiness.

Birthstone – Opal



The opal, October's birthstone, gets its name from the Latin word *opalus*, which means "precious stone." Opals are very soft and easily altered by heat and pressure. They are formed in near-surface volcanic rocks and come in a range of colors and gleaming hues. Although the principal source of opals is Australia, they can also be found in Mexico, Brazil, Honduras, Nicaragua, Guatemala, Japan, and Ireland. In the United States, beautiful, prized black opals are often found in Nevada.



Memory Care

A Great Place to Call Home

Hair Salon

Wednesdays

9:00 AM—1:30 PM

Stylist—Oanh

Sign Up at the Front Desk

Special Activities

Crafting with Shelby ~ October 1st @ 10:00 AM

Trivia Time ~ October 3rd @ 1:00 PM

Music with Larissa ~ October 5th @ 1:30 pm

Color my World ~ October 6th @ 1:00 PM

Music with Randy ~ October 8th @ 1:00 PM

Cooking with Shelby ~ October 9th @ 10:00 AM

Pet Visit with Ruffles ~ October 16th @ 1:00 PM

Music with Larissa ~ October 19th @ 1:30 PM

Music with Randy ~ October 20th @ 1:00 PM

Sensory Games ~ October 22nd @ 1:00 PM

Color My World ~ October 27th @ 1:00 PM

Sunshine Chats ~ October 30th @ 12:30 PM

Enjoy Scenic Drives Every Wednesday with Shelby!