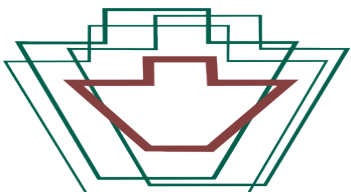




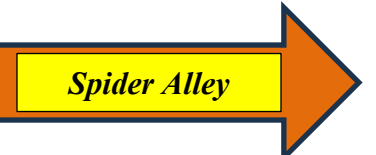
INDEPENDENT LIVING

OCTOBER 2026



Keystone Commons

A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Monthly Theme 	Monthly Birthdays 10/2- John Florence- 95 th 10/3-Courtlandt Kites-95 th 10/3- Lana West 10/6- Christa Aiken 10/9- Lorraine Anderson 10/9- Ellis Langone 10/13- Hedy Tenczar 10/13- Barbara Boucier 10/12- Dolores Choquette	Monthly Birthdays cont. 10/17- Joan Goodreau 10/23- Jim Martin 10/25- Ray Fitzgerald 10/30- Valerie Dobek 10/31- Emmy Mazzaferro 	IT'S ABOUT TO GET SPOOKY AROUND HERE!!! Keystone Commons will turn into Halloween Town starting Oct 8 th and going till our Halloween Trick or Treat Event on the 30 th . Each Department will take a hallway on the first floor and is responsible for decorating it to a specific theme. Voting will start on the 26 th for the best Halloween Town Village. Pick up your voting sheet at the front desk.	1 9:30- Around the World Breakfast-3A 11:30- Monthly Birthday PIZZA PARTY- Pub for those with October Birthdays 1pm- Exercise w/ Alex-3A 2pm- Sarah the Fiddler Performs-3A 3:15- Jeopardy for Amateurs-3A "Oktoberfest" 6:45- Canasta-Pub 6:45- Kings in the Corner- Billiards	2 Celebrating Court's 95th 9:30- Coffee and Chronicles-Pub 10:30- Adaptive Boxing-3A 1pm- Wii Bowling- Theater 2pm- Sequence- Billiards Room 3pm- Pokeno- Pub 4pm- Happy Hour-Pub 6:45- Crazy 8's- Billiards	3 10:30- Dime Bingo-3A 1pm- Games for Prizes w/ Barb- Billiards Room 2pm- Honky Tonk Piano Man Performs-3A
4 Mass at St Elizabeth's 2pm- Rummikub-Billiards 	5 9:30- Shopping in Ludlow 10am- Communion w/ Keith- Theater 10:30- Writing Just Cuz Group-Pub 10:30- Immersive Interactive Exercises w/ Amy or Lynn-3A 12:30- Rosary- Theater 2pm- Ghostbusters Game-3A 3:15- Wii Bowling- Theater 3:15- Canasta- Billiards Room 6:45- Quarter Bingo w/ Harriet-Pub	6 9:30- Topic Talks-Pub 10:00- Blood Pressure Clinic-Pub 10:30- Random Acts of Kindness Group Making Charcuterie Boxes for Food Service Appreciation-3A 1pm- Wii Bowling- Theater 2pm- Vintage Ghost Painting Class 3:15- Blackjack- Dollar Buy-in-3A 6:45- Rummikub- Billiards	7 - Keystone Commons Health Fair 1-4pm 9:30- Hubbard Coffee Chat- Pub 10:30- Making Ghost Pops for Trick or Treat-3A 12:30- Rosary-Theater 1pm- Wii Bowling- Theater 2pm- Dime Bingo-Pub 3pm- Docs of Dixie Performs-3A 6:45- Rummikub-Billiards	8 Flu Shot Clinic 10-1pm 9:30- Coffee and Trivia-3A 10:30- Making Ghosts for the Craft Fair-3A 1pm- Exercise w/ Alex-3A 2pm- John Stakosa and Larry Prosperi Performs-3A 3:15- Jeopardy for Amateurs-3A Paranormal and Mysteries 6:45- Canasta-Pub 6:45- Kings in the Corner- Billiards	9 9:30- Coffee and Chronicles-Pub 11am Art in the Park Golf Cart tour and lunch in Easthampton 12:30- Rosary- Theater 1pm- Food Meeting-Pub 2pm- Sequence- Billiards Room 3:30pm- Pokeno- Billiards Room 4pm- Happy Hour-The Tippy Ghost 6:45- Crazy 8's- Billiards	10 8am- RAOK Vendor Fair Outing 10:30- Bingo for Prizes-3A 12:30- Read Aloud w/ Brownie-2A 2pm- Ghostly Popcorn Club-Theater
11 Mass at St Elizabeth's 2pm- Rummikub-Billiards 	12 Indigenous Peoples Day 9:30- Shopping in Chicopee 10am- Communion w/ Keith-Theater 10:30-Immersive Interactive Exercise 12:30- Rosary-T 2pm- Keystone Coven Witch Hat Decorating-3A 3:15- Wii Bowling Theater 3:15- Canasta-Billiards Room 6:45- Quarter Bingo w/Denise-Pub	13 9:30- Topic Talks and Manicures-3A 10:00- Blood Pressure Clinic- Pub 10:30- Meditation w/ Rob-3A 1pm- Wii Bowling- Theater 2pm- Painting Class-3A 2pm- Line Dancing-2A 3:15- Blackjack- Dollar Buy-in-3A 4:30- Spaghetti Supper at St Elizabeth's 6:45- Rummikub- Billiards	14 9:30- Hubbard Coffee Chat-Pub 10:30- Meditation w/ Amy and Lynn 3 rd Floor Activity Room 11am- Lunch Outing Publick House 12:30- Rosary-T 1:30- Mark Performs from Berkshire 2pm- Wii Bowling- Theater 3:30- Witchy Bingo-3A 6:45- Rummikub-Billiards	15 9:30- Coffee and Trivia-3A 10:30 Trash Card Game-3A 1pm- Exercise w/ Alex-3A 2pm- Ritchie Mitnik Performs 3:15- Jeopardy for Amateurs Witches Way 6:45- Canasta- Pub 6:45- Kings in the Corner- Billiards	16 Pathfinder Nursing Students Visit 9:30- Coffee and Chronicles-Pub 10:30- Rosary- Theater 12:30- Wii Bowling Competition w/ the Students-Theater 2pm- Witches Parade down Witches Way 3pm- Sequence- Billiards Room 4pm- Happy Hour- Witches Brew 6:45- Puzzle in the Billiards Room	17 10:15- Caden Performs Piano- 1 st Floor Piano Room 2pm- Merril Sheppard Performs-3A
18 Mass at St Elizabeth's 2pm- Rummikub-Billiards 	19 9:30- Shopping in Ludlow 10am- Communion w/ Keith-Theater 10:30- Immersive Interactive Exercise 12:30- Rosary-T 2pm- Pumpkin Bowling- 3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling-Theater 6:45- Quarter Bingo w/Judy and Laurie-Pub	20 9:30- Topic Talks-Pub 10:00- Blood Pressure Clinic- Pub 10:30- Chef's Club- Pumpkin Ravioli and Pumpkin Pie 1pm- Divine Discussion w/ Judy and Laurie-Theater 2pm- African Drumming w/ Tara-IL 3pm- Blackjack- Dollar Buy-in-3A 6:45- Rummikub- Billiards	21 9:30- Hubbard Coffee Chat and Manicures-3A 10:30- Meditation w/ Amy and Lynn- 3 rd Floor Activity Room 12:30- Rosary- Theater 1pm- Wii Bowling- Theater 2pm- Hip Hop Dancing w/ Rondae 3 rd Floor Activity Room 3:15- Pumpkin Bingo-3A 6:45- Rummikub-Billiards	22 9:30- Coffee and Trivia-Pub 10:30- Book Club Breakfast-Pub 1pm- Exercise w/ Alex-3A 2pm- Larry Batter Performs-3A 3:15- Jeopardy for Amateurs "All things Orange" 6:45- Canasta-Pub 6:45- Kings in the Corner- Billiards	23 9:30- Coffee and Chronicles-Pub 10:30- Adaptive Boxing-3A 10:30- Bus Leaves for the Casino and Lunch at Wahlburgers 12:30- Rosary- Theater 1pm- Wii Bowling-Theater 3pm- Pokeno-3A 4pm- Happy Hour-Pub 6:45- Crazy 8's- Billiards	24 9:30- Coffee Chat-2A 10:30- Bingo for Prizes-3A 12:30- Read Aloud w/ Brownie-2A 2pm- Popcorn Club-Theater
25- Mass at St Elizabeth's 2pm- Rummikub-Billiards 	26 9:30- Shopping in Chicopee 10am- Communion w/ Keith-Theater 10:30- Immersive Interactive Exercise 12:30- Rosary-T 1pm- Resident Council Meeting-3A 2pm- Spider Web Toss-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling-Theater 6:45- Quarter Bingo w/ Denise-Pub	27 9:30- Topic Talks and Manicures-3A 10:00- Blood Pressure Clinic-Pub 10:00- Coffee House-3A 10:30- Willie Niningner Performs-3A 1pm- Wii Bowling- Theater 2pm- Painting Class-3A 3:15- Blackjack Dollar Buy-in-Pub 6:45- Rummikub=Billiards	28 9:30- Hubbard Coffee Chat-3A 10am- Men's Group w/ George-Pub Donuts and Coffee 12:30- Rosary-T 1pm- Wii Bowling- Theater 2pm- Peter and Laura Hicks Performs-3A 3pm- Dime Bingo-3A 4pm- Wine Down Wednesday-Pub 6:45- Rummibub- Billiards	29 Massage Therapist- 1-4 9:30- Coffee and Trivia-Pub 10:30- Making Spider Pops for the Kids Trick or Treat-3A 1pm- Exercise w/ Alex- Theater 1pm- Halloween Costume Parade-3A 2pm- Jeopardy for Amateurs-3A "Creepy Crawlies" All things Halloween 3:15- Caretenders Presents-Pub 6:45- Canasta- Pub	30 4pm- Residents who are handing out candy at the Trick or Treat- Pizza in the Activity Room Report to Stations for 5:45pm HALLOWEEN TRICK OR TREAT FOR RESIDENT FAMILIES AND STAFF 6:30-7:30 Last Day of Voting for the Hallways Winner Announced after Trick or Treat	31 Happy Halloween 10:30- Halloween Bingo-3A 1:30pm- Racko- Billiards Room 2:30pm- Spooky Popcorn Club- Theater