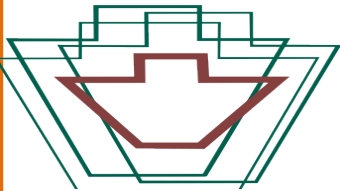




THE WILLOWS
INTERIM MEMORY CARE
OCTOBER 2026



Keystone
Commons

A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Monthly Theme</u> 	<u>Monthly Birthdays</u> 10/2- John Florence- 95th 10/3-Courtlandt Kites-95th 10/3- Lana West 10/6- Christa Aiken 10/9- Lorraine Anderson 10/9- Ellis Langone 10/13- Hedy Tenczar 10/13- Barbara Boucier 10/12- Dolores Choquette	<u>Monthly Birthdays cont.</u> 10/17- Joan Goodreau 10/23- Jim Martin 10/25- Ray Fitzgerald 10/30- Valerie Dobek 10/31- Emmy Mazzaferro 	<u>Code Key</u> P- Physical C- Cognitive E- Emotional M- Meditation/Yoga/Tai Chi MT- Music Therapy AT- Art Therapy MS- Multi Sensory T- Task Oriented S- Social	1 9:30- Concentration Puzzles-2A-(C) 10:30- Reborns w/ Reason-(E)- C 11:30- Monthly Birthday PIZZA PARTY-Pub for those with October Birthdays 1pm- Exercise w/ Alex-3A 2pm-Sarah the Fiddler Performs-3A 3pm- Mocktails and Popcorn Club-FR 5pm- Talk and Toss-(E)-FR	2 Happy 95th Jack!! 9:30- Smile Club Meets-(S) 10:30- Adaptive Boxing-3A 11:30- Celebrating Jack at Lunch 1pm- Halloween Adult Coloring-(T) 2pm- Trivia-(C)-FR 3pm-Lawerence Welks Halloween Special-FR-(S) 5pm- Peaceful Scenes and Massage-(MS)-FR	3 10:30- Dime Bingo-3A 1pm- Singalong w/ Deb- Fireside Room 2pm- Honky Tonk Piano Man-3A-(S)
4 10:30- Mass on TV- FR-(R) 1:30- Exercise-FR-(P) 2:30- Popcorn Club-(S) Ghostly Gardens	5 9:30- Fitness Dice-(P) 10:00- Communion w/ Keith Theater-(R) 10:30- Music Therapy w/ Rusty-Cottage-(MT) 12:30- Rosary-T-(R) 1pm Scenic Ride and Treats 2pm- Ghostbusters Game-3A 3pm-Finish the Lyric-FR-(C) 5pm- Puzzle Time-FR-(T)	6 9:30- Topic Talks-FR-(E) 10:30- Immersive Interactive Exercise-FR-(P) 1pm- Manicures-(E) 2pm- Painting Wooden Ghosts with the Cottage-(AT) 3pm- Holistic Helpers Making Ghost English Muffin Pizzas-(T) 4pm- Whistle While We Work-(T) 5pm- Relaxing Meditation and Sea Salt Hand Massage-FR-(M)	7 Keystone Commons Health Fair 1-4pm 9:30- Memory Game and Coffee-(C) 10:30-Making Ghost Pops w/ Cottage-(T) 1pm- Wii Bowling Cheerleaders-T 2pm-Hunting for ghosts on 2A 3pm- Docs of Dixie Performs-3A-(MT) 5pm- Bingo-(S)-2A	8 9:30- Concentration Puzzles-2A-(C) 10:30-Short Stories in the Library 1pm- Exercise w/ Alex-3A 2pm- John Stakosa and Larry Prosperi Performs-3A 3pm- Mocktails & Popcorn Club-(S)-T 5pm- Talk and Toss-(E)-FR	9 9:30- Smile Club Meets-3A-(S) 10:30- Finish Wooden Ghost Door Decorations with the Cottage-(AT) 12:30- Rosary- Theater-(R) 1pm- A to Z-(C) 2pm-Easy Card Games-(S) 3pm- Courtyard Stroll 5pm- Peaceful Scenes and Massage-(MS)-FR	10 10:30- Bingo for Prizes-3A 12:30- Read Aloud w/ Brownie-2A 2pm- Ghostly Popcorn Club-Theater
11 10:30- Mass on TV- FR-(R) 1:30- Exercise-FR-(P) 2:30- Popcorn Club-(S) Witches Way	12 Indigenous Peoples Day 9:30- Fitness Dice-FR-(P) 10:00- Communion w/ Keith Theater-(R) 10:30-Music Therapy w/ Rusty-Cottage-(MT) 12:30- Rosary-T-(R) 1pm- Witches Cauldron Toss w/ Cottage-(P) 3pm- Finish the Lyric-FR-(C) 5pm-Puzzle Time-FR-(T)	13 9:30- Topic Talks-FR-(E) 10:30-Meditation w/ Rob-3A 1pm-Manicures-(E) 2pm- Line Dancing-2A-(P) 3pm- Holistic Helpers Making Witch Hat Cookies-(T) 5pm- Relaxing Meditation and Cinnamon Apple Hand Massage FR-(M)	14 9:30- Memory Game and Coffee- (C) 10:30- Witch Feet Craft w/ Cottage 12:30- Rosary-T-(R) 1:30- Mark Performs from Berkshire Hills Performs Piano-(MT)-3A 2pm- Wii Bowling Cheerleaders-T 3pm- Pet Therapy w/ Patricia-(P) 5pm- Bingo-(S)-2A	15 9:30- Concentration Puzzles-2A-(C) 10:30-Would you Rather-(T) 1pm- Exercise w/ Alex-3A-(P) 2pm- Ritchie Mitnik Performs-3A-(S) 3pm- Mocktails & Popcorn Club-(S) 5pm- Talk and Toss-(E)-FR	16- Pathfinder Nursing Students Visit for the Day 9:30- Smile Club Meets-3A-(S) 10am-Artsong w/ Amy and the Pathfinder Students-2A 11:30- Lunch Outing to Barstows 2pm- Hang Man-(C) 5pm- Peaceful Scenes and Massage-(MS)-FR	17 10:15- Caden Performs Piano- 1st Floor Piano Room 2pm- Merril Sheppard Performs-3A
18 10:30- Mass on TV- FR-(R) 1:30- Exercise-FR-(P) 2:30- Popcorn Club-(S) Pumpkin Patch	19 9:30- Fitness Dice-FR-(P) 10:00- Communion w/ Keith Theater-(R) 10:30- Music Therapy w/ Rusty-Cottage-(MT) 1pm- Manicures-(T) 2pm- Pumpkin Bowling-3A-(P) 3:15pm- Resident Council Meeting-FR- 5pm- Puzzle Time-FR-(T)	20 9:30- Topic Talks-FR-(E) 10:30- Chef's Club- Pumpkin Ravioli and Pumpkin Pie 1pm- Divine Discussion w/ Judy and Laurie-Theater 2pm- African Drumming w/ Tara-IL 3pm-Holistic Helpers Making Pumpkin Patch Cupcakes-(T) 5pm- Relaxing Meditation and Pumpkin Spice Hand Massage-FR-(M)	21 9:30- Memory Game and Coffee- (C) 10:30- Dabber Pumpkin Craft w/ Cottage-(AT) 12:30- Rosary-T-(R) 1pm- Wii Bowling Cheerleaders-T 2pm- Hip Hop Chair Dancing w/ Rondae-(P)-3A 3pm- Pet Therapy w/ Patricia-(P) 5pm- Bingo-(S)-2A	22 9:30- Concentration Puzzles-2A-(C) 10:30- Pumpkin Adult Coloring-(T) 1pm- Exercise w/ Alex-3A 2pm- Larry Batter Performs-3A 3pm- Mocktails and Popcorn Club-(S) 5pm- Talk and Toss-(E)-FR	23 9:30- Smile Club-2A 10:30-Adaptive Boxing-3A 12:30- Rosary-T-(R) 1pm- Easy Card games-(S) 2pm-Reminiscing Basket-FR-(E) 3pm- Hallway Stroll and Voting of Halloween Town 5pm- Peaceful Scenes and Massage-(MS)-FR	24 9:30- Coffee Chat-2A 10:30- Bingo for Prizes-3A 12:30- Read Aloud w/ Brownie-2A 2pm- Popcorn Club-FR
25 10:30- Mass on TV- FR-(R) 1:30- Exercise-FR-(P) 2:30- Popcorn Club-(S) Spider Alley	26 9:30- Fitness Dice-FR-(P) 10:00- Communion w/ Keith Theater-(R) 10:30- Music Therapy w/ Rusty-Cottage-(MT) 2pm- Artsong w/ Amy-(AT) 3pm- Adult Coloring-(T) 5pm- Puzzle Time-FR-(T)	27 9:30- Topic Talks-FR-(E) 10:00- Coffee House-3A 10:30- Willie Nininger Performs-3A 1pm- Manicures-FR-(E) 2pm-Making Spider Pops for the Halloween Trick or Treat w/ Cottage 3pm- Holistic Helpers Making spider crackers and peanutbutter-(T) 5pm- Relaxing Meditation and Pumpkin Spice Hand Massage-FR-(M)	28 9:30- Memory Game and Coffee-(C) 10am- Men's Group w/ George-Pub Donuts and Coffee 11:30- Mcdonalds for Lunch in the Pub 12:30- Rosary-T-(R) 1pm- Penny Ante-(E) 2pm- Peter and Laura Hicks Performs-(S)-3A 3pm- Pet Therapy w/ Patricia-(PT) 5pm- Bingo-(S)-2A	29 9:30- Concentration Puzzles-2A-(C) 10:30- Painting Spider Webs-(AT) 1pm- Halloween Costume Parade-3A 3pm- Mocktails and Popcorn Club-(S) 5pm- Talk and Toss-(E)-FR	30 4pm- Residents who are handing out candy at the Trick or Treat- Pizza in the Activity Room Report to Stations for 5:45pm HALLOWEEN TRICK OR TREAT FOR RESIDENT FAMILIES AND STAFF 6:30-7:30 Last Day of Voting for the Hallways Winner Announced after Trick or Treat	31 10:30- Halloween Bingo-3A 1pm- Halloween Milkshakes- Fireside Room 2pm- Spooky Popcorn Club