

Skilled Nursing Inpatient & Outpatient Therapy Aquatic Therapy Respite Care Hospice Care

We're excited to welcome you to our October Newsletter! Meet Lucy, our adorable Pup of the Month, featured in "Spicy Paws" magazine! We can't wait for you to get to know her. As Autumn settles in we would love to hear from you: What is your favorite part of the Fall season? Plus, don't forget to join us for Fall Fest on Saturday October, 3rd at 1:30!

Thank you for being a valued part of our community. We hope you enjoy reading this month's newsletter!

October PUP of the Month Debut - Featuring Lucy with "Spicy Paws"!



Happy Fall, Everypawdy!

"I am absolutely thrilled to be featured in the October issue of Spicy Paw's!

My most "Pawsome" day ever would be enjoying a delicious Pumpkin Spice Latte with my forever Mom, Shannon.

A perfect fall day for me would be lounging around in big, beautiful piles of bright-colored leaves, breathing in the crisp autumn air, soaking up the sunshine under blue skies, and enjoying the sweet smell of cinnamon-flavored treats.

Of course, no fall adventure would be complete without a fun wagon ride with Mom, followed by a leisurely walk through the pumpkin patch!

There's just something extra special about fall—especially when I get to spend it with my favorite "Mom" person". - Lucy

Secrets with Lucy: One time when mom said "Exercise" I thought she meant "Extra Fries"! Ha Ha!

Join us for Fall Fest at Holton Manor!

Saturday October 3rd

1:30 p.m. – 3:30 p.m.

-Family -Raffle -Games -Music

-Taco Truck -Craft Sale

Leaves are falling. Autumn is calling...

Question of the Month! Favorite part of the Autumn Season?



Amy: Sweater Weather
(Please see Amy for correct pronunciation) 😊



Patrick:
Cooler weather,
not so hot!



Lamar: My Birthday!
Happy Birthday Lamar!



Bonnie:
Bright Fall Colors!



Maribel: Beautiful Fall
Colors and cooler weather!

Work with us! Holton Manor open positions:

Nurses: RN's, LPN's, CNA's

Physical Therapist

Volunteers always welcome!



From the Therapy Department!

Rolling - How to do it:

1. Lie on your back with knees bent
2. Keep your knees together and slowly move them to the right
3. Try to keep your shoulders flat on the bed
4. Return to the center
5. Move your knees to the left
6. Repeat 10 times on each side



Fall Word Scramble

1. MERBEETSP _____
2. SLAPEP _____
3. OWCSEACRR _____
4. UMNATU _____
5. EESWRAT _____
6. EREST _____
7. REOOTCB _____
8. BEVOMNER _____
9. LEVSAE _____
10. MNSPPKIU _____

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Our Mission

To serve elderly and disabled individuals by providing quality housing,
healthcare and other services to enhance the lives of those we serve.

Holton
— MANOR

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