

Skilled Nursing Inpatient & Outpatient Therapy Aquatic Therapy Respite Care Hospice Care

We're excited to welcome you to our August Newsletter! This month, we're thrilled to introduce our Pup of the Month, Annie, featured with "Elle" magazine, share helpful pointers from our Therapy Department, and pose a fun Question of the Month: What is your favorite fair food? Plus, get to know Kelly, a happy and familiar face in our Holton community.

Thank you for being such an important part of our community. We hope you enjoy this month's newsletter!

September PUP of the Month Debut - Featuring Annie with "Elle"!



Annie



"Hello, my name is Annie!

My most "pawsom" day ever would start with waking up to an overflowing bowl of popcorn for breakfast. Popcorn for everyone! (Although, between you and me), "everyone" just means me!

Next, my mom (Sandy), and I are off to work at Holton Manor together. I'm not exactly sure what Mom does all day, but I've figured out the important part of my job: Food! Everyone has it and apparently, I'm very good at helping them get rid of it! I consider this task an essential part of my position at Holton Manor and keeping the home clean!

To end my perfect day, I'd hop in the car with Mom, roll down the windows, and let the wind blow through my fur while I sniff absolutely everything. Who knows what exciting smells are out there? A squirrel? Another dog? Someone's lunch? More popcorn? Research must be conducted!

Now THAT sounds like one seriously "pawsom" day"! – Love, Annie

Funnies with Annie: When it's raining cats and dogs, what might you step in?

A Pooodle

Kelly enjoys starting her day with our wonderful CNA team and joining activity programs every morning!

Favorite Food: Banana Bread

Favorite Activity: Music, Coloring, Crafting

Favorite Music: The Oldies

Favorite Color: Any color!

Thank you for being part of our Community Kelly!



Meet
Kelly!



What are the Four Food Groups that can be found at the State Fair? Answer: Fried, deep Fried, sugared, and on a stick!

Question of the Month! What is your favorite Fair Food?



Riley: Strawberry Cheesecake
Funnel Cake!



Alyssa:
Funnel Cake for sure!



Donna: Chocolate covered
Funnel Cake!



Vanessa:
Deep Fried Oreos!



Daniella: Cheese Curds!

Work with us! Holton Manor open positions:

Nurses: RN's, LPN's, CNA's

Volunteers always welcome!



Wisconsin State Fair Word Scramble

1. FNUENL KECA _____
2. UTUGAS _____
3. TTANMTERNIEEN _____
4. RSEIRF EEWHL _____
5. EWST ALSLI _____
6. ECMAR PFUF _____
7. TADGNRDNSA _____
8. PGI RSEAC _____
9. DCONORG _____
10. ARGRFONUID _____
11. NGREO'ORSV AINTOCU _____
12. ETVKOSLCI _____
13. ULEB ORNIBB _____
14. DGJUGIN _____
15. WMWHASO HCOLT _____

From the Therapy Department!

Bridging builds strength in your core and hip muscles, which are essential for nearly all bed movements. How to do it:

1. Lie on your back with knees bent and feet flat on the bed
2. Engage your core muscles (think belly button towards spine), then squeeze your buttock muscles and lift your hips off the bed
3. Hold for 3-5 seconds
4. Lower slowly
5. Repeat 10 times

Our Mission

To serve elderly and disabled individuals by providing quality housing, healthcare and other services to enhance the lives of those we serve.

Holton
— MANOR

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