



SEPTEMBER BIRTHDAYS!

• JOHN S. 9/23

BAKING HOUR

2 Apple Cake at 2pm

23 Baked Apples at 2pm

9 Oatmeal Cookies at 2pm

AUGUST PHOTO ALBUM



\$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FAMILY & FRIENDS REFERRAL PROGRAM!

CHERRY HILL CONNECT

September 2026



SINGH
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COMMUNITY MANAGEMENT

Angie Hanson
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Artie Romualdo
Environmental Services Manager

Logan Winton
IL Life Enrichment Manager

Rebecca Wilson
AL Life Enrichment Manager

Mallory Bryant
MC Life Enrichment Manager

Renee Ralsky
Marketing Manager

MC Wellness Coordinator

Virginia Rios
AL Wellness Coordinator



UPCOMING EVENT HIGHLIGHTS

September is here, bringing the beginning of a beautiful new season and plenty of opportunities to make meaningful memories together! As we welcome the cooler days of fall, we look forward to a month filled with laughter, connection, creativity, and celebration.

We are excited to celebrate Assisted Living Week with a full week of fun, connection, and appreciation! This year's theme, "Shining Through the Years," celebrates the wonderful memories, experiences, and moments that make each of our residents so special. Each day will bring a new opportunity for residents, families, and staff to come together and celebrate the wonderful community we have created.

Monday: Walker & Wheelchair Wash at 1:00 p.m., followed by Bedazzling Picture Frames at 2:00 p.m.

Tuesday: Community Field Day at 1:00 p.m., followed by an Ice Cream Social.

Wednesday: Kindness Council is gathering to create goodie bags to show our appreciation to our wonderful staff.

Thursday: Drive-Thru Parade followed by a scenic drive through the parade at 1:30 p.m.

Friday: Baby Photo Guessing Game & Happy Hour at 1:30 p.m., followed by our Dress to Shine Dance with entertainment by Scott Vernier!

Join us as we celebrate "Shining Through the Years" with a week filled with fun, laughter, appreciation, and wonderful memories! We look forward to enjoying all that this beautiful month has to offer and making even more special memories together!

ASSOCIATE OF THE MONTH

LaDashia

Congratulations to our Associate of the Month, LaDashia! As our Midnight Supervisor in Charge, LaDashia plays an important role in keeping our community safe, supported, and running smoothly throughout the overnight hours. She is dependable, attentive, and always willing to step in wherever she is needed. Her dedication to our residents and her team does not go unnoticed, and we truly appreciate the care, leadership, and commitment she brings to our community each night. Thank you, LaDashia, for all that you do here at the Waltonwood of Cherry Hill!



AUGUST HIGHLIGHTS

14 Jim Hovey and His Instruments

Jim Hovey and Ronnie joined us for a special musical performance filled with shared favorite songs and instruments for everyone to play along with.



11 Men's Club

Our bow tie and beverage mens club was filled with good food, great conversation and many shared memories.



11 Canton Police Station

On this day, we had the opportunity to tour the Canton Police Station and drop off home made pastries to thank our local hero's.



23 Bowling Ally

From strikes and spares to plenty of smiles and laughs, everyone had an amazing time at Oak Lanes bowling ally!



FOREVER FIT: Strength & Balance

September in Fall Prevention Awareness Month, and for many seniors fall prevention is one of their greatest concerns as they age. Each year 1 in 4 seniors reports having a fall. In the past decade alone ER visits resulting from falls has increased by 43%. While it may be impossible to prevent all falls, exercises that focus on strength, balance and coordination have been shown to dramatically reduce the risk of falling in seniors. In fact, research indicates that seniors who strength trained twice per week for as little as six months, decreased their fall risk by 40%. When combined with balance training, which on its own lowered fall risk by 30% over the same six weeks, overall fall preventions rates increased even more. Better balance takes time but by taking a proactive approach with strength training you can set yourself up for long term success.

SEPTEMBER OUTING OPPORTUNITIES

Come join us for our enriching outings!



- Tuesday, September 1st: Holiday Market at 1:30pm
- Tuesday, September 8th: Lunch at Cracker Barrel at 12pm
- Thursday, September 10th: Kensington Animal Farm at 1:30pm
- Thursday, September 17th: Scenic Drive at 1:30pm
- Thursday, September 24th: Scenic Drive at 1:30pm
- Tuesday, September 29th: Baba Mary's Pumpkin Patch at 2pm

Please let Mallory know if you are interested in joining us on any of the outings!

SEPTEMBER SPECIAL EVENTS

9 National Teddy Bear Day

To celebrate national teddy bear day, we will be making Oatmeal teddy bear cookies for our baking hour.



10 Kensington Animal Farm

Join us for a fun filled outing to Kensington on this day to enjoy the the varity of animals that they take care of on their farm.



18 Dress the Shine Dance

For the last day of our Assisted living week - Shining Through the Years, we will be hosting a "Dress to Shine Dance". Join us as we dance the night away!

21 World Alzheimers day

On this day, we will be making purple pumpkins for our crafting hour to bring awareness to World Alzheimers Day!



EXECUTIVE DIRECTOR CORNER

The month of September is busy here at Waltonwood Cherry Hill starting off with National Assisted Living week celebration. This is an annual event that honors the contributions of staff, volunteers and individuals living in and supporting senior communities. This year's celebration takes place on September 13th-19th with the theme of "Shining Through the Years". We have several activities planned for residents, staff and families and hope you consider joining in this fun celebration.A flyer will be coming out soon with details of events scheduled during this time. This years 2026 Walk to End Alzheimer's takes place on Sunday September 27th at the Detroit Zoo. Registration begins at 7:30 a.m. followed by an opening ceremony at 9 a.m. You can find our more information by visiting www.alz.org if you would like to join our team it can be found under Waltonwood/Singh.