



COMMUNITY MEETINGS

- Resident Council Meeting: September 2nd @ 2:00pm (CR)
- Any suggestions, comments, concerns, or feedback can be placed in the suggestion box in the Post Office for Resident Council. These are read monthly at the council meetings.
- Food Meeting: September 29th @ 2:00pm (DR)
- Town Hall: September 29th @ 2:30pm (DR)

OUTING OPPORTUNITIES

Sundays 9:30am- St. Thomas a’ Becket Catholic Church
Wednesdays 9:30am- Meijer or Kroger Shopping
Mondays 2:00pm- Library Trip with the Walker’s

September 2nd @ 1pm: Town Peddler Craft and Antique Mall (Sign up in the Post Office) *Join us for a trip to Michigan’s first and largest Craft & Antique Mall, you’ll find 400+ dealers offering everything from Handcrafted items, Gift Lines, Vintage, Retro & Repurposed, Antiques, Artist Creations, and so much more. Residents are responsible for the cost of their own purchases. Moderate amount of walking required.*

September 9th @ 1pm- Roush Automotive Collection (Sign up in the Post Office) *The Roush Automotive Collection, is a 30,000 sq. ft. private facility. Housed within the collection are a wide variety of displays, multi-media exhibits, artifacts, memorabilia and 110+ vehicles dedicated to the preservation of the heritage of Roush Enterprises. Moderate amount of walking is required.*

September 16th @ 11am- Picnic in the Park (Sign up in the Post Office) *Lunch is provided. We are eating at Horizon Park. Minimal walking required.*

September 23rd @ 11:30am- Cracker Barrel (Sign up in the Post Office) *Residents are responsible for the cost of their own purchases. Minimal walking Required. There will be time provided to shop at the gift shop- residents are responsible for their purchases.*

September 30th @ 12:30pm- Plymouth Orchard and Cider Mill (Sign up in the Post Office) *Residents are responsible for the cost of their own purchases. Enjoy delicious freshly made donuts, pies and apple cider. All made and sold exclusively in-house at Plymouth Orchards! Moderate amount of walking required.*

CHERRY HILL CONNECT
SEPTEMBER 2026



LIFE ENRICHMENT CORNER

Men’s Group- Beer and Card Games:
Calling all men, please join us in the Billiards room on the second floor on September 28th at 1:00pm for a fun afternoon of beer and card games. Sign up is not required and we look forward to seeing you all there!

Ladies Choice: Calling all ladies! On September 7th at 1:00pm in the 3rd Floor Library, we will be meeting for an open discussion on School Days. This will also feature delicious iced tea, lemonade and wine. This is an opportunity for ladies to come together and enjoy each other’s stories and knowledge! Sign up in not required, and we hope to see you there!

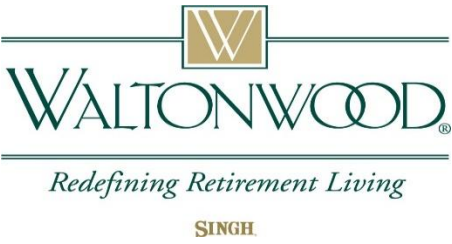
Bible Readings with Steve: Many of you may know Steve through our Art for All Ages classes, but this month he will also be visiting for a Bible Study Class. Readings are done with enthusiasm, compassion and grace! This class is taking place at 10am in the Reflections Room on September 1st and 15th.

Travelogue Series: Each month we will be “electronically” traveling to a new place around the world. In September, our ninth stop is Montreal. Our travels will be accompanied by delicious Poutine and Ginger Ale. Once our electronic travel is complete, we want to open a discussion to hear stories or share about travels. Sign up is not required and we hope to see you there.

Baking Hour: Our Baking Hours have been revamped and are September 8th and 29th at 11:30am in the Activity Room. These will be taught by one of our incredibly talented Pastry Chefs that will walk you through each step of baking. Sign up in the post office if you are interested and please see Logan with any questions. **IF you sign up and are not able to attend- please notify Logan**

Five Crown Card Game: Join us in trying a fun new card game in the Billiards Room at 11am on September 17th.

Name that Tune: Join us in the Activity Room on September 22nd at 2:30pm for a new game called Name that Tune! We will play a portion of a song and the first resident to guess the song title correctly, wins! The resident to guess the most songs correctly wins a yummy treat and bragging rights! We hope to see you all there!



42600 Cherry Hill, Canton, MI 48187
www.waltonwood.com | 734-981-7100
Assisted Living 734-981-5070
Facebook: /WaltonwoodCherryHill

COMMUNITY
MANAGEMENT

Angie Hanson
Executive Director

Lanor Jablonski
Business Office Manager

Joel Vassallo
Culinary Services Manager

Art Romualdo
Environmental Services
Manager

Krystal Sidibe
Independent Living
Manager

Logan Winton
Independent Living Senior
Life Enrichment Manager

Rebecca Wilson
Assisted Living
Life Enrichment Manager

Mallory Bryant
Memory Care
Life Enrichment Manager

Renee Ralsky
Marketing Manager

Caneca Pinkston
Resident Care Manager

Memory Care Wellness
Coordinator

Virginia Rios
Assisted Living Wellness
Coordinator

September Birthdays: Happy
Birthday!

Val Jean P.	9/3
Sophia H.	9/4
Lois D.	9/6
Sue L.	9/7
Nancy B.	9/8
Janet V.	9/9
Larry P.	9/12
Joan P.	9/13
Dennis V.	9/13
Sue T.	9/16
Suzy G.	9/16
Joyce K.	9/20
Marion J.	9/20
Barb R.	9/29

Welcoming our New Residents:

Roberta + Walter D.	#126
Ted M.	#206
Millie B.	#102
Alma D.	#134



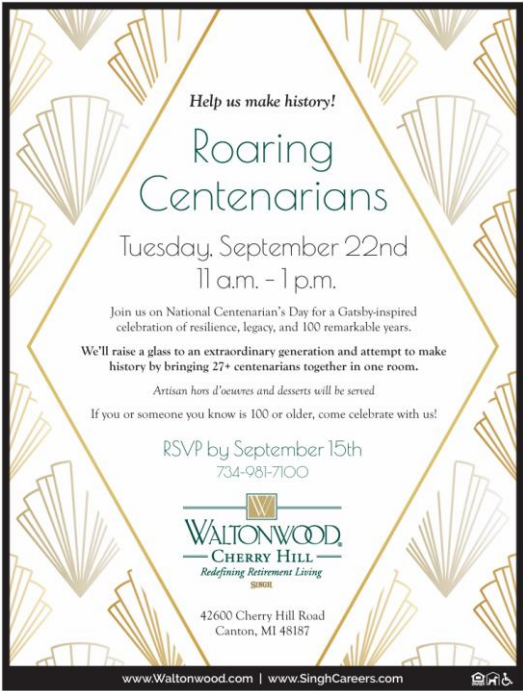
FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASSOCIATE SPOTLIGHT

Congratulations Stacy! Stacy is one of our amazing housekeepers. Stacy is consistent, kind and always willing to lend a helping hand. We are blessed to have her as a part of our team and honored to name her as our September Associate of the Month!



AUGUST MONTHLY HIGHLIGHTS

13th
We had such an amazing time enjoying a concert by In-A-Jam Band! It was an amazing night of dancing, great music and even better company! I hope you all had a wonderful time and we look forward to many more!

25th
We are blessed to have such amazing Pastry Chef's as a part of the Cherry Hill Team and enjoyed the incredible baking class as we made S'mores Fudge! Each person got to learn the steps of how to make it, and were able to take their very own home to enjoy! It was a great morning of learning and baking!



FOREVER FIT: Strength and Balance

September is Fall Prevention Awareness Month, and for many seniors fall prevention is one of their greatest concerns as they age. Each year 1 in 4 seniors reports having a fall. In the past decade alone ER visits resulting from falls has increased by 43%. While it may be impossible to prevent all falls, exercises that focus on strength, balance and coordination have been shown to dramatically reduce the risk of falling in seniors. In fact, research indicates that seniors who strength trained twice per week for as little as six months, decreased their fall risk by 40%. When combined with balance training, which on its own lowered fall risk by 30% over the same six weeks, overall fall preventions rates increased even more. Better balance takes time but by taking a proactive approach with strength training you can set yourself up for long term success.

- Chris Grabowski, MS | Senior Forever Fitness Manager

TRANSPORTATION INFORMATION

Transportation requests for personal needs must be received a minimum of 48 hours ahead of time. Please see the front desk receptionist to make your request. A driver will follow up to confirm if your request can be accommodated. If you do not hear back from one of our drivers, please follow up to ensure your request has been approved. There will be an additional charge for anything over 10 miles. Independent Living has priority over transports on Mondays, Wednesdays, and Fridays. Memory Care and Assisted Living have priority over transports on Tuesdays and Thursdays.

Choir Season is upon us!

Message from Choir Director Sandy: From the invitation by my 8th grade choir teacher to accompany an operetta for his select singers to now, well into my 70s, I have worked with conductors and choral groups, all preparing me to conduct. I am so jazzed about choral music. If you have not sung in a long time, if you read music a little bit or not at all, or if you, like me, have been singing your whole life, there is a place for you with Waltonwood Choir. Not sure? Here's how I work. I will record every part of every song, post them on my YouTube channel and send the rehearsal links to the choir members to learn and review at your personal pace. I also will provide notes for each song we learn so music can be marked and my approach understood. Because of my classical training in piano and organ, and having taught piano for decades, I understand how to learn/teach a piece of music. Together, we can. And I'm fun. Can't wait to meet you.

For all current or interested members: Meet and Greet: September 3rd at 2:30pm in the Theater. Choir Rehearsal begins on Monday, September 14th at 10:30am. So excited for this new choir season!

SEPTEMBER SPECIAL EVENTS

Saturdays at 2:00pm
Bible Study with John:

Join us in the 3rd floor Library for a bible study hosted by John Scherdt. If you are looking for an opportunity to discuss scripture, learn and enjoy the company of those around you, this is the place to be! We look forward to seeing you there!

Monday - Saturday 10:00a.m.
MORNING STRETCH:

Start your day with a safe, effective total-body workout combining seated and standing exercises. You'll use light weights and Therabands to build muscle endurance, improve coordination, and enhance flexibility.

Tuesday the 8th
Educational Presentation:

The Detroit Historical Society will be joining us at 2pm in the Dining Room for an educational presentation on Belle Isle covering a long and storied history. The park has hosted world class sporting events, musical performances and family.

EXECUTIVE DIRECTOR CORNER

The month of September is busy here at Waltonwood Cherry Hill starting off with National Assisted Living week celebration. This is an annual event that honors the contributions of staff, volunteers and individuals living in and supporting senior communities. This year's celebration takes place on September 13th-19th with the theme of "Shining Through the Years". We have several activities planned for residents, staff and families and hope you consider joining in this fun celebration. A flyer will be coming out soon with details of events scheduled during this time. This year's 2026 Walk to End Alzheimer's takes place on Sunday September 27th at the Detroit Zoo. Registration begins at 7:30 a.m. followed by an opening ceremony at 9 a.m. You can find our more information by visiting www.alz.org if you would like to join our team it can be found under Waltonwood/Singh.