

Happy
Birthday



**RESIDENT
BIRTHDAY'S**

Therese R. 9/18

Richard K. 9/19

Margaret S. 9/22

ASSISTED LIVING WEEK

SEPTEMBER 13TH-18TH

We are excited to celebrate Assisted Living Week with a full week of fun, connection, and appreciation! This year's theme, "Shining Through the Years," celebrates the wonderful memories, experiences, and moments that make each of our residents and staff so special. Each day will bring a new opportunity for residents, families, and staff to come together and celebrate the wonderful community we have created.

Sunday 9/13: Grandparents Day! Enjoy a sweet treat from our pastry team!

Monday 9/14: Walker & Wheelchair Wash at 1:30 p.m., followed by Bedazzling Picture Frames/ Bags at 3:00 p.m.

Tuesday 9/15: Community Field Day at 1:30 p.m., followed by an Ice Cream Social.

Wednesday 9/16: Kindness Council is gathering at 2:30 p.m. to use our artistic skills and make something nice to give to someone else

Thursday 9/17: Drive-Thru Parade at 2:15 p.m. will have residents gathered to celebrate our staff as well as our scenic drive that will go through the parade at the end of our ride.

Friday 9/18: Baby Photo Guessing Game & Happy Hour in Independent Living at 1:30 p.m., followed by our community Dress to Shine Dance at 7 p.m. with entertainment by Scott Vernier!

Join us as we celebrate "Shining Through the Years" with a week filled with fun, laughter, appreciation, and wonderful memories! We look forward to enjoying all that this beautiful month has to offer and making even more special memories together!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CHERRY HILL CONNECT

SEPTEMBER 2026

SEPTEMBER OUTING OPPORTUNITIES

Please sign up with Becca for all outings!

September 1st

Today we're taking a nice trip to the grocery store! Come join to shop for any essentials or snacks you want!
Cost: depending on purchase per person

Holiday Market at 1:30pm

September 8th:

We're going to one of our favorite spots for lunch at Cracker Barrel today. Enjoy a nice cozy meal and then check out their store connected to it to find some unique gifts and decorations!
Cost: depending on purchase per person

Lunch at Cracker Barrel at 12pm

September 10th:

We're going to visit Kensington again this year to see the animals they have on the farm! They have quite a few animals there including horses, cows, pigs and more! Come join us for a fun and informative outing!
Cost: none

Kensington Animal Farm at 1:30pm

September 17th:

Today we're taking a nice scenic drive to enjoy the summer weather from the comfort of the bus. We will also be driving through our assisted living parade at the very end of the drive!
Cost: none

Scenic Drive/Parade at 1:30pm

September 24th:

We'll be going on another scenic drive one last time to enjoy the weather before it completely changes to that crisp fall air!
Cost: none

Scenic Drive at 1:30pm

September 29th:

We'll be going next door to Baba Mary's Pumpkin Patch to pick out some cute pumpkins to paint for October! Come and join us to see the patch and maybe pick out some pumpkins for you too!
Cost: depending on purchase per person

Baba Mary's Pumpkin Patch at 2pm



SINGH
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COMMUNITY MANAGEMENT

Angie Hanson
Executive Director

Lanor Jablonski
Business Office Manager

Joel Vassallo
Culinary Services Manager

Art Romualdo
Environmental Services
Manager

Krystal Sidibe
Independent Living Manager

Logan Winton
IL Life Enrichment Manager

Rebecca Wilson
AL Life Enrichment Manager

Mallory Bryant
MC Life Enrichment Manager

Renee Ralsky
Marketing Manager

Caneca Pinkston
Resident Care Manager

Virginia Rios
AL Wellness Coordinator

MC Wellness Coordinator

ASSOCIATE SPOTLIGHT

AL/MC Associate of the Month
LaDashia

This month we're so thrilled to announce LaDashia, one of our Supervisors in Charge, as our associate of the month for September! LaDashia does an amazing job in what she does, and helps everything run smoothly during night shifts. We are so happy to have LaDashia as part of our team and to highlight her this month for all she does.

Thank you, LaDashia, we appreciate you and all your hard work so much!

AUGUST PICTURE HIGHLIGHTS



FOREVER FIT: STRENGTH AND BALANCE

September is Fall Prevention Awareness Month, and for many seniors fall prevention is one of their greatest concerns as they age. Each year 1 in 4 seniors reports having a fall. In the past decade alone ER visits resulting from falls has increased by 43%. While it may be impossible to prevent all falls, exercises that focus on strength, balance and coordination have been shown to dramatically reduce the risk of falling in seniors. In fact, research indicates that seniors who strength trained twice per week for as little as six months, decreased their fall risk by 40%. When combined with balance training, which on its own lowered fall risk by 30% over the same six weeks, overall fall preventions rates increased even more. Better balance takes time but by taking a proactive approach with strength training you can set yourself up for long term success.

Help us make history!

Roaring Centenarians

Tuesday, September 22nd
11 a.m. – 1 p.m.

Join us on National Centenarian's Day for a Gatsby-inspired celebration of resilience, legacy, and 100 remarkable years.

We'll raise a glass to an extraordinary generation and attempt to make history by bringing 27+ centenarians together in one room.

Artisan hors d'oeuvres and desserts will be served

If you or someone you know is 100 or older, come celebrate with us!

RSVP by September 15th
734-981-7100

WALTONWOOD
CHERRY HILL
Redefining Retirement Living

42600 Cherry Hill Road
Canton, MI 48187

www.Waltonwood.com | www.SinghCareers.com

LIFE ENRICHMENT CORNER:

Happy September everyone!

This month we have a lot of fun programs going on including our Assisted Living Week and Centenarians Celebration which we are super excited to be hosting! Make sure you check your calendars for times and dates and let Becca know if there is anything you want to join!

In other news our life enrichment assistant Jamilah will be going back to school this month, so there may be a few schedule adjustments for the time being. We wish her all the best in this next chapter of life and hope to find another amazing assistant to help us out going forward!

I hope we continue to have a great year ahead of us, and as always, if there are any other activities, events, crafts, outings or anything you'd like to see in the future or next month, please let Becca know and she will try to schedule what you want to see on your upcoming calendars!

FRIDAY HAPPY HOURS THIS MONTH:

4 Lemon Meringue Pie **11** Taco Bites/ Chips & Salsa

Today we're having some lemon meringue pie served with a refreshing glass of pink lemonade. Come on down to the AL Café at 3pm to join!

Come and join us for some yummy taco bites and chips and salsa! This savory appetizer is the perfect mini taco with a little bit of everything on top!



18 Mini Cupcake Social **25** Charcuterie Board

We'll be having a mini cupcake party to wrap up assisted living week! If you love cake or cupcakes you won't want to miss it! Please come to the AL Café at 3pm to join in on the fun!

Today's social is going to be delicious with an assortment of meats and cheese and crackers! There will be an assortment of teas available there as well to enjoy with your food!

EXECUTIVE DIRECTOR CORNER

The month of September is busy here at Waltonwood Cherry Hill starting off with National Assisted Living week celebration. This is an annual event that honors the contributions of staff, volunteers and individuals living in and supporting senior communities. This year's celebration takes place on September 13th-19th with the theme of "Shining Through the Years". We have several activities planned for residents, staff and families and hope you consider joining in this fun celebration. A flyer will be coming out soon with details of events scheduled during this time. This years' 2026 Walk to End Alzheimer's will take place on Sunday September 27th at the Detroit Zoo. Registration begins at 7:30 a.m. followed by an opening ceremony at 9 a.m. You can find our more information by visiting www.alz.org if you would like to join our team it can be found under Waltonwood/Singh.

-Angie Hanson