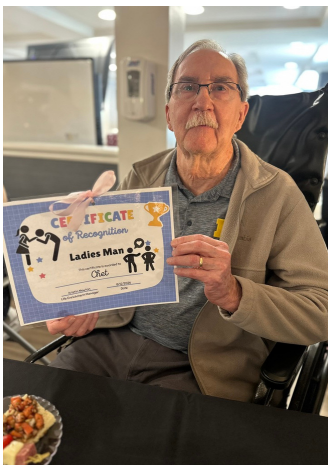




Gorgeous Grandma

Our beautiful ladies were treated to a little pampering with hair, makeup, and nails, followed by elevated appetizers and decadent desserts. We wrapped up the celebration with a special awards ceremony and dance party. Thank you to everyone who joined us in celebrating these incredible women and reminding them just how beautiful they are-inside and out.



September BIRTHDAYS!

Natalie P. 9/13
Diane W. 9/20

MAIN CONNECT MC Neighborhood

SEPTEMBER 2026



Monthly Reflection

August was full of meaningful moments and plenty of fun! We celebrated our gorgeous grandmas with pampering, delicious treats, an awards ceremony, and dancing. Residents enjoyed a special Minds on Art experience at the Detroit Institute of Arts, celebrated Root Beer Float Day, soaked up the sunshine at Stony Creek Beach, and enjoyed a homemade pasta and pesto demonstration from our chef. We ended the month on a bright note with a Glow Party filled with music, dancing, singing, and lots of smiles!

September is packed with fun and adventure! We'll kick off the month with a special visit from The Reptarium, bringing some fascinating creatures right to us. Residents can also look forward to a nostalgic showing of Gidget at Emagine Theatre, a special DIA presentation featuring Through Her Eyes I: Women Artists in the DIA's Collection, a bowling outing to Avon North Hills Lanes, and a festive fall trip to Folger's to pick out pumpkins and enjoy the beauty of the season. There's so much to look forward to!



1401 N. Rochester Rd., Rochester Hills, MI 48307
www.waltonwood.com | 248-266-0565
Facebook: /WaltonwoodMain

COMMUNITY MANAGEMENT

Jonathan Hills
Executive Director

Emily Long
Associate Executive Director

Derek Hill
Environmental Services
Manager

Aaron Nash
Culinary Services Manager

Alexandra Dalga
AL Life Enrichment Manager

Kristin Newton
MC Life Enrichment Manager

Nicole DeCarlo
Business Office Manager

Aaron Rodino
Marketing Manager

Carolyn Martin
Marketing Manager

Wendy Schneider
Resident Care Manager

Alicia Hardville
Wellness Coordinator, 1st Floor

Megan Misch
Wellness Coordinator, 2nd Floor

\$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FAMILY & FRIENDS REFERRAL PROGRAM!

FOREVER FIT: PRACTICING PATIENCE

Rarely in life are we a great at a new endeavor. It takes weeks, months and sometime years of working at a craft before we feel that we’ve truly mastered it. Exercise is no different. For many, the biggest obstacle standing between them and a more active lifestyle is the initial frustration of starting something new. While it can feel a bit overwhelming as you work through the early struggles, be patient and give yourself the grace to learn from your challenges as you work to strengthen your body and mind. We’ve all started our fitness journey from the ground up and good things take time to cultivate. Making the commitment to move more will challenge you, but it will also leave you feeling better than ever!



EMPLOYEE OF
THE MONTH
**Jimmy
Broughton**
*Maintenance
Technician*

- Graduating this month in HVAC Technologies
- Plans to attend cosmetology school and eventually own a barbershop/salon
- Proud dad to an 8-year-old son
- Loves music and dancing, especially ballroom dancing
- Has worked nearly 200 jobs in his lifetime!
- Dreams of owning businesses and eventually going into real estate

August Highlights

6

We celebrated Root Beer Float Day with a classic sweet treat! Residents enjoyed frosty root beer floats, good conversation, and plenty of smiles.

20

Our chef treated residents to a homemade pasta and fresh pesto demonstration, followed by a delicious tasting!

19

Stony Creek Beach was exactly what we needed! Fresh air, sand, waves, and lots of laughter. The best part? The playground! We swung, spun, watched the kids play, and felt like kids again ourselves.

26

We ended the month with an unforgettable Glow Party! We danced, sang, enjoyed tasty treats, and lit up the room with plenty of smiles, laughter, and glowing fun.!



RESIDENT OF
THE MONTH
Connie

- Mother and Grandmother
- Born and raised in Rochester Hills, MI
- Loves visiting Mackinac Island
- Passionate about equal rights and historical preservation
- Strong Catholic
- Enjoys ice cream and sunflowers



“Minds on Art” at the DIA

We had the opportunity to participate in “Minds on Art” at the Detroit Institute of Arts—a collaborative program with the Alzheimer’s Association. Through art, conversation, and connection, residents were encouraged to express themselves, engage their minds, and enjoy meaningful social interaction. It was such a special experience filled with creativity, connection, and moments that truly matter.



Upcoming Special Events

9

Join us for a special showing of the classic film Gidget at Emagine Theatre! Grab your popcorn and get ready for an afternoon of nostalgia, laughter, and movie magic.

23

Join us for a fun-filled outing to Avon North Hills Lanes for strikes, spares, and plenty of smiles!

14

Join us for “Through Her Eyes”, a special DIA presentation celebrating women artists and their remarkable works.

30

Join us for a festive outing to Folger’s as we pick out pumpkins, enjoy the crisp fall air, and soak in all the sights and colors of the season!

EXECUTIVE DIRECTOR CORNER

As Labor Day weekend comes to an end and we see summer in the rearview mirror, we look forward to see what fun events we have planned in September. There is one week each year in September called “Assisted Living week” where we take time to celebrate our residents in the community, along with our staff who provide the services they need day in and day out. This is a great opportunity for us as leaders of the community to show appreciation of all the hard-working staff we have here at Waltonwood Main! It takes an army of dedicated individuals to ensure this community operates at the high-quality service we expect to provide! Assisted Living week starts on September 13th and runs through September 19th. We have many fun events planned that entire week for the whole community to join in on the fun! We hope that all our residents, families, and associates can join in on our celebration!