

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
10:00 Doggie Day Get a good snuggle from the most wonderful working therapy dogs. Lobby 10:00 Catholic Mass Meet for Mass in the 2nd Floor Chapel 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Volunteer Project Simple blankets to donate. See how you can get involved 2nd Floor Craft Room 1:00 Movie Matinee Sit back relax and enjoy popcorn while you watch the afternoon show. Check your daily flyer for detailed movie Information. 3rd Floor Theater Room 1:30 Latter Day Saints Church Service Members and guests are warmly welcome to join us for a special church service 2nd Floor Chapel 2:00 Candy Bingo Enjoy all regular BINGO games with candy prizes. Large Dining Room 3:00 Worship in The Word Scripture, singing & praise together. 2nd Floor Chapel	9:45 Stronger Sr Exercises Exercises for EVERYONE Large Dining Room 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Pinochle Stop in and play! 3rd Floor Billiard Room 2:00 "GOLF" CARD GAME With Linda Enjoy good conversation, laughter and time to socialize with friends. 2nd Floor Craft Room 3:00 Margarita Monday We have nonalcoholic versions too! Lobby 3:00 Bible Figure Lessons Learn more about interesting biblical figures & discover lessons from their lives that can encourage & inspire us. 3rd Floor Theater	9:50 OTAGO Better Balance Exercise Class Exercise Class Strength & balance exercises Large Dining Room 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Pinochle Stop in and play! 3rd Floor Billiard Room 1:30 Friends & Faith with Joe "Words of the Week" Together, we'll explore values, interests, and life experiences in a positive and uplifting way through conversation & prayer. 2nd Floor Chapel 3:00 BUNCO Dice Game Join us for this fun and easy to learn dice game. Have fun, make friends & win candy! 2nd Floor Craft Room	9:00 \$ Casino Outing \$ Ride with us to play! Sign up in the book at the desk. Be home around 3:00 9:45 Stronger Sr Exercises Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room 10:00 Seated Yoga Level 1 Seated strengthening 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Practice Pinochle Revisit or learn this game 3rd Floor Billiard Room 2:00 Wine Down Wednesday KARAOKE Sip, enjoy singers and fun with your Parkview family Maybe you would like to try a duet with Megan or one of the others that like to sing? Get out there and give it a try. What do you have to lose? Large Dining Room 6:00 Movie Night Check your flyer for more info 3rd Floor Theater Room 6:00 Decks & Dice Meet to play residents choice of dice, card or board games. 2nd Floor Loft Tables (outside the puzzle Room)	8:30-10:00 Shopping Walmart 1.5 hr Trip Sign up in the Lobby to ride 9:45 OTAGO Better Balance Exercise Class Strength & balance exercises Large Dining Room 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 12:30 Shopping Walmart 1hr Trip Sign up in the Lobby to ride 1:00 Pinochle Stop in and play! 3rd Floor Billiard Room 1:30 Praise Time A continuation of Pastor Al's wonderful Christian service 2nd Floor Chapel 2:00 Soda Shop Social Root Beer Floats Enjoy a classic treat! Stay and chat or take it to go! 2nd Floor "Coke" Room 2:30 Pinewood Singers This group has brought us great sing along songs. Sing with us! Lobby 3:00 BUNCO Dice Game Fun dice game for all! Easy peasy. Just roll the dice SEE YOU THERE!! 2nd Floor Craft Room	9:45 Stronger Seniors Exercise Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room 10:00-11:00 Musical Memories Listen to songs you haven't heard in forever... Join us for a time to sit, relax and reminisce Lobby 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 11:00 VETERANS & SUPPORTERS LUNCH Meet with Rep. from VFW & fellow Patriots. Share stories & comradery and learn about how the Kenn VFW can help. Private Dining Room 1:00 Volunteer Project Simple blankets to donate See how you can get involved 2nd Floor Craft Room 1:00 Pinochle 3rd Floor Billiard Room 2:00 Live Music with John & Cuco The GREY WOLF BAND Enjoy all kinds of music, with these great guys. Large Dining Room	9:00 Perplexing Puzzlement Grab your puzzle packet from the Front Desk & enjoy brain games to keep your firing. 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Fuzzy Friends Sweet pet bunnies & other smalls are here for you to pet & enjoy snuggles Lobby 1:00 Pinochle 3rd Floor Billiard Room 1:00 Movie Matinee Sit back relax and enjoy popcorn while you watch the afternoon show. Check your daily flyer for detailed movie Information. 3rd Floor Theater Room 2:00 Bean Bag Baseball Meet up to play America's game with a lighthearted twist. Lobby 3:00 New Resident Mix & Mingle This is an opportunity to introduce yourself, and get to know new people while enjoying refreshments. Lobby

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Lobby 3:00 Worship in The Word Scripture, singing & praise together. 2nd Floor Chapel	9:45 Stronger Sr Exercises Exercises for EVERYONE Large Dining Room 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Volunteer Project Simple blankets to donate. See how you can get involved 2nd Floor Craft Room 1:00 Pinochle Stop in and play! 3rd Floor Billiard Room 1:30 \$Nickel\$ Bingo Pay a Nickel each game & a Quarter for the end game Large Dining Room 2:00 "GOLF" CARD GAME With Linda Enjoy good conversation, laughter and time to socialize with friends. 2nd Floor Craft Room 3:00 Margarita Monday We have nonalcoholic versions too! Lobby 3:00 Bible Figure Lessons Learn more about interesting biblical figures & discover lessons from their lives that can encourage & inspire us. 3rd Floor Theater	9:50 OTAGO Better Balance Exercise Class Exercise Class Strength & balance exercises Large Dining Room 10:00 Seated Yoga Level 1 & 2 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:00 Treeus Vocal Harmony Group Their warm, nostalgic sound is sure to bring back fond memories through a collection of beloved classics & timeless favorites. Lobby 1:00 Pinochle Stop in and play! 3rd Floor Billiard Room 1:30 Friends & Faith "Words of the Week" 2nd Floor Chapel 2:00 13 Fun card game with a Bingo-style twist! Match the cards you're dealt as they're called & be the first to turn over all 13 cards to win! Nickel from each player before each round & winner gets the pot! 3rd Floor Billiard Room 3:00 BUNCO Dice Game 2nd Floor Craft Room 6:00 DESERT PRAISE QUARTET Lobby	9:00 Dollar Store Shop with us for about an hour Sign up at the front desk 9:45 Stronger Sr Exercises Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room 10:00 Seated Yoga Level 1 Seated strengthening 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 11:00 LDS Ladies Lunch & Learn Meet in the Private Dining Room for lunch & fellowship 12:30 Scenic Drive 1hr Join us for a tour around our area Sign up in the Lobby 1:00 Practice Pinochle Revisit or learn this game 3rd Floor Billiard Room 1:30 \$Nickel\$ Bingo Pay a Nickel each game & a Quarter for the end game Large Dining Room 6:00 Movie Night Check your flyer for movie info 3rd Floor Theater Room 6:00 Decks & Dice Meet to play residents choice of dice, card or board games. 2nd Floor Left Tables (outside the puzzle Room)	8:30-10:00 Shopping Fred Meyer 1.5 hr Trip Sign up in the Lobby to ride 9:45 OTAGO Better Balance Exercise Class Strength & balance exercises Large Dining Room 10:00 Seated Yoga Level 1 & 2 Seated strengthening & maintenance exercises 3rd Floor Theater Room 11:00-1:00 Buhlah's Handmade Jewelry Peruse the beautiful hand made jewelry In the Lobby 12:30 Shopping Fred Meyer 1hr Trip Sign up in the Lobby to ride 1:00 Pinochle Stop in and play! 3rd Floor Billiard Room 1:30 Praise Time A continuation of Pastor Al's wonderful Christian service 2nd Floor Chapel 2:00 Soda Shop Social Root Beer Floats Enjoy a classic treat! Stay and chat or take it to go! 2nd Floor "Coke" Room 2:30 Resident Council Mtg Meet to discuss goings on about Parkview Large Dining Room 3:00 Joyce's Piano Concert Joyful piano In the Lobby before dinner 3:00 BUNCO Dice Game Fun dice game for all! Easy peasy. Just roll the dice 2nd Floor Craft Room	9:45 Stronger Seniors Exercise Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room 10:00-11:00 Musical Memories Listen to songs you haven't heard in forever... Join us for a time to sit, relax and reminisce Lobby 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Volunteer Project Simple blankets to donate See how you can get involved 2nd Floor Craft Room 1:00 Pinochle 3rd Floor Billiard Room 2:00 TROUBLES BE GONE Sing Along This group is here to lift our spirits with the power of music. Lobby 3:30 Back'em up Billiards Meet to play before dinner 3rd Floor Billiard Room	9:00 Perplexing Puzzlement Grab your puzzle packet from the Front Desk & enjoy brain games to keep your firing. 10:00 Seated Yoga Level 1 & 2 Seated strengthening & maintenance exercises 3rd Floor Theater Room 11:00 Grand & Great-grandparents Day Family Celebration Bring the family to Parkview! Join us for a special day celebrating the wonderful Grand & Great-grandparents parents in our Parkview family. Enjoy BBQ lunch 11-1:00 After lunch, share a special moment and preserve their stories Kiddos can interview their grand or great-grandparent. Make memories that last a lifetime. We have everything you need, just bring your smiling faces. 1:00 Pinochle 3rd Floor Billiard Room 1:00 Movie Matinee Sit back relax and enjoy popcorn while you watch the afternoon show. Check your daily flyer for detailed movie information. 3rd Floor Theater Room 3:00 Classical Piano with Richard Enjoy timeless tunes with a great couple Lobby

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13	14	15	16	17	18	19
10:00 Doggie Day Get a good snuggle from the most wonderful working therapy dogs. Lobby 10:00 Catholic Mass Meet for Mass in the 2nd Floor Chapel 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing exercises. 3rd Floor Theater 1:00 Movie Matinee Sit back relax and enjoy popcorn while you watch the afternoon show. Check your daily flyer for detailed movie Information. 3rd Floor Theater Room 1:30 Latter Day Saints Church Service Members and guests are warmly welcome to join us for a special church service 2nd Floor Chapel 2:00 Candy Bingo Enjoy all regular BINGO games with candy prizes. Large Dining Room 3:00 Worship in The Word Scripture, singing & praise together. 2nd Floor Chapel	9:45 Stronger Sr Exercises Exercises for EVERYONE Large Dining Room 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Volunteer Project Simple blankets to donate. See how you can get involved 2nd Floor Craft Room 1:00 Pinochle Stop in and play! 3rd Floor Billiard Room 1:30 \$Nickel\$ Bingo Pay a Nickel each game & a Quarter for the end game Large Dining Room 2:00 “GOLF” CARD GAME With Linda 2nd Floor Craft Room 3:00 Margarita Monday We have nonalcoholic versions too! Lobby 3:00 Bible Figure Lessons Learn more about interesting biblical figures & discover lessons from their lives that can encourage & inspire us. 3rd Floor Theater	9:50 OTAGO Better Balance Exercise Class Exercise Class Strength & balance exercises Large Dining Room 10:00 Seated Yoga Level 1 & 2 Seated strengthening & maintenance exercises 3rd Floor Theater Room 12:00 Lunch meeting for the Sight–Impaired Meet with peers to enjoy lunch & learn more about programs and tools to help Private Dining Room 1:00 Pinochle Stop in and play! 3rd Floor Billiard Room 1:30 Friends & Faith with Joe “Words of the Week” Together, we’ll explore values, interests, and life experiences in a positive and uplifting way through conversation & prayer. 2nd Floor Chapel 2:00 LARRY ASHBY Sit back & enjoy classic songs with a great guy. Guitar and smooth vocals Lobby 3:00 BUNCO Dice Game Join us for this fun and easy to learn dice game. Have fun, make friends & win candy! 2nd Floor Craft Room	9:45 Stronger Sr Exercises Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room 10:00 Seated Yoga Level 1 Seated strengthening 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Practice Pinochle Revisit or learn this game 3rd Floor Billiard Room 12:30 Dairy Queen Ice-cream Outing Ride with us up the street to enjoy a cool treat! Resident responsible for cost Sign up in the Lobby 2:00 Old Time Fiddlers Keeping the music alive with warm, familiar sounds of traditional folk & country. Large Dining Room 6:00 Movie Night Check your flyer for more info 3rd Floor Theater Room 6:00 Decks & Dice Meet to play residents choice of dice, card or board games. 2nd Floor Loft Tables (outside the puzzle Room)	Shopping 8:30-10:00 Walmart 1.5 hr Trip Sign up in the Lobby to ride 9:45 OTAGO Better Balance Exercise Class Strength & balance exercises Large Dining Room 10:00 Seated Yoga Level 1 All seated exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Seated to standing 3rd Floor Theater 11:00 Senior Picnic Free for our Parkview Residents. Those that have signed up, meet in the Lobby at your designated time 1:00 Pinochle 3rd Floor Billiard Room 1:30 Praise Time A continuation of Pastor Al’s wonderful Christian service 2nd Floor Chapel 2:00 Soda Shop Social Root Beer Floats Enjoy a classic treat! Stay and chat or take it to go! 2nd Floor “Coke” Room 2:30 Shake Rattle & Roll With Bonnie & Bev Enjoy fun piano tunes and more, sure to get you moving in your seat! Lobby 3:00 BUNCO Dice Game Fun dice game for all! Easy peasy. Just roll the dice SEE YOU THERE!! 2nd Floor Craft Room	9:45 Stronger Seniors Exercise Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room 10:00-11:00 Musical Memories Listen to songs you haven't heard in forever... Join us for a time to sit, relax and reminisce Lobby 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Pinochle 3rd Floor Billiard Room 1:00 Movie Matinee Sit back relax and enjoy popcorn while you watch the afternoon show. Check your daily flyer for detailed movie Information. 3rd Floor Theater Room 2:00 Word Games Join us for some lighthearted word games Lobby 3:00 Classical Piano with Richard Enjoy timeless tunes with a great couple Lobby 3:30 Rack'em up Billiards Meet to play before dinner 3rd Floor Billiard Room	9:00 Perplexing Puzzlement Grab your puzzle packet from the Front Desk & enjoy brain games to keep your firing. 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Pinochle 3rd Floor Billiard Room 1:00 Movie Matinee Sit back relax and enjoy popcorn while you watch the afternoon show. Check your daily flyer for detailed movie Information. 3rd Floor Theater Room 2:00 Word Games Join us for some lighthearted word games Lobby 3:00 Classical Piano with Richard Enjoy timeless tunes with a great couple Lobby

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Laurie works to make each get together unique and fun! Lobby 1:00 Volunteer Project Simple blankets to donate. See how you can get involved 2nd Floor Craft Room 1:00 Pinochle 3rd Floor Billiard Room 1:30 \$Nickel\$ Bingo Pay a Nickel each game & a Quarter for the end game Large Dining Room 2:00 "GOLF" CARD GAME With Linda Enjoy good conversation, laughter and time to socialize with friends. 2nd Floor Craft Room 3:00 Margarita Monday We have nonalcoholic versions too! Lobby 3:00 Bible Figure Lessons Learn more about interesting biblical figures & discover lessons from their lives that can encourage & inspire us. 3rd Floor Theater	9:50 OTAGO Better Balance Exercise Class Exercise Class Strength & balance exercises Large Dining Room 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Pinochle Stop in and play! 3rd Floor Billiard Room 1:30 Friends & Faith with Joe "Words of the Week" Together, we'll explore values, interests, and life experiences in a positive and uplifting way through conversation & prayer. 2nd Floor Chapel 2:00 13 Fun card game with a Bingo- style twist! Match the cards you're dealt as they're called & be the first to turn over all 13 cards to win! Nickel from each player before each round & winner gets the pot! 3:00 BUNCO Dice Game Join us for this fun and easy to learn dice game. Have fun, make friends & win candy! 2nd Floor Craft Room	9:00 Dollar Store Shop with us for about an hour Sign up at the front desk 9:45 Stronger Sr Exercises Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room 10:00 Seated Yoga Level 1 Seated strengthening 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Practice Pinochle Revisit or learn this game 3rd Floor Billiard Room 2:00 Resident Birthday Party & Music with Gabe Celebrate all of the birthdays together! Everyone Is invited! Enjoy Live music & cake! Birthday month people spin the prize wheel! Large Dining Room 6:00 Movie Night Check your flyer for more info 3rd Floor Theater Room 6:00 Decks & Dice Meet to play residents choice of dice, card or board games. 2nd Floor Loft Tables (outside the puzzle Room)	8:00-10:00 Pancake Breakfast Fundraiser to support Alzheimer's Assoc. Enjoy in the Small Dining Room. \$5 donation Shopping 8:30-10:00 Fred Meyer 1.5 hr Trip Sign up in the Lobby to ride 9:45 OTAGO Better Balance Exercise Class Strength & balance exercises Large Dining Room 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Pinochle Stop in and play! 3rd Floor Billiard Room 1:30 Praise Time A continuation of Pastor Al's wonderful Christian service 2nd Floor Chapel 2:00 Soda Shop Social Root Beer Floats Enjoy a classic treat! Stay and chat or take it to go! 2nd Floor "Coke" Room 3:00 Joyce's Piano Concert Joyful piano In the Lobby before dinner 3:00 BUNCO Dice Game 2nd Floor Craft Room	9:45 Stronger Seniors Exercise Exercises for EVERYONE Gentle moves, BIG benefits Take that first step with us Large Dining Room 10:00-11:00 Musical Memories Listen to songs you haven't heard in forever... Join us for a time to sit, relax and reminisce Lobby 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 11:00 PARKVIEW'S ANNUAL WILD WEST ROUND UP Fill yer belly with delicious BBQ visit with our special mini horse guest & tap your toes to the country sounds of Chuck & The Wagoneers. 1:00 Volunteer Project Simple blankets to donate See how you can get involved 2nd Floor Craft Room 1:00 Pinochle 3rd Floor Billiard Room 3:30 Rack'em up Billiards Meet to play before dinner 3rd Floor Billiard Room	9:00 Perplexing Puzzlement Grab your puzzle packet from the Front Desk & enjoy brain games to keep your firing. 10:00 Seated Yoga Level 1 Seated strengthening & maintenance exercises 3rd Floor Theater Room 10:30 Yoga Level 2 Alternating from sitting to standing balance exercise 3rd Floor Theater 1:00 Pinochle 3rd Floor Billiard Room 1:00 Movie Matinee Sit back relax and enjoy popcorn while you watch the afternoon show. 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Lobby