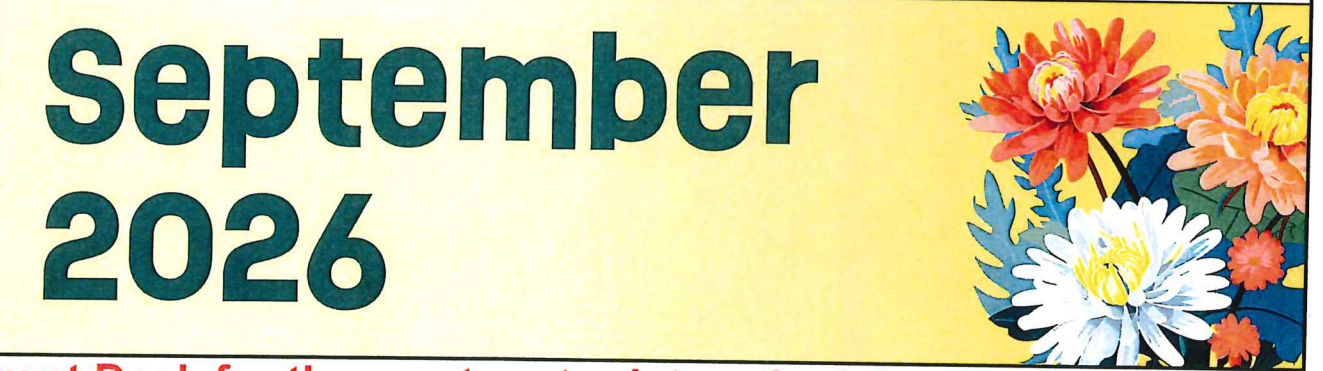


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Assisted Living & Cottages		Doctor Day 1 9:30 Music in the Morning (AR) 10:00 – 4:00 <i>Regency on Whidbey</i> <i>Glamour Shots</i> <i>Photo Shoot</i> <i>NALW – Shining Through the Years!</i> 1:00 & 5:45 Movie (T)	2 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Exploring the Art of Pointillism (AR) 5:45 Movie (T)	3 Doctor Day 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 You Be the Judge! (AR) 1:00 Movie (T) 1:30 Hand Massage & Nail Care (AR) 3:00 Happy Hour & Music with Steve & Ward (AR) 5:45 Movie (T)	4 Shopping Day Bus leaves @ 9:30 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Pinochle (L) 1:30 Bingo (AR) 3:00 Friday Fun – It's a Long Way to the Top (AR) 5:45 Movie (T)	5 1:00 Movie (T) 5:45 Movie (T) 
6 1:00 Movie (T) 3:00 Church – Pastor David Crawford (AR) 5:45 Movie (T) 	7 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Labor Day – Would You Rather? (AR) 5:45 Movie (T) Labor Day	8 Doctor Day 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 Jeopardy Trivia (AR) 1:00 Movie (T) 1:30 Resident Meeting (AR) 3:00 Travelogue – Destination Montreal (AR) 5:45 Movie (T)	9 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Oil Pastel Owl (AR) 5:45 Movie (T)	10 Doctor Day 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 Brain Games – Words in a Word (AR) 1:00 Movie (T) 1:00 Cottage Meeting 1:30 Hand Massage & Nail Care (AR) 3:00 Happy Hour & Music with Ryan Prichard (AR) 5:45 Movie (T)	11 Shopping Day Bus leaves @ 9:30 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Pinochle (L) 1:30 Bingo (AR) 3:00 Friday Fun – Sing-a-Long (AR) 5:45 Movie (T) Rosh Hashanah Begins	12 1:00 Movie (T) 1:30 Bingo with Brynn (AR) 5:45 Movie (T) 
13 1:00 Movie (T) 3:00 Church – Pastor Gareth Forney (AR) 5:45 Movie (T) 	14 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 The Reptile Lady (Front Drive) 5:45 Movie (T) Shining Through the Years	15 Doctor Day 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 Brain Games – What Job Is It? (AR) 1:00 Movie (T) 1:00-1:30 Library on Wheels (AR) 1:30 Active Games – Floor Hockey (AR) 3:00 NALW Happy Hour with Keystone (AR) 5:45 Movie (T) Shining Through the Years	16 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Craft Wrap-Up & Watercolor Free Paint (AR) 5:45 Movie (T) Shining Through the Years	17 Doctor Day 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 You Be the Judge! (AR) 1:00 Movie (T) 1:30 Hand Massage & Nail Care (AR) 3:00 Happy 100th Birthday Bernie Lange!!! Hosted by Bob Burke (AR) 5:45 Movie (T) Shining Through the Years	18 Shopping Day Bus leaves @ 9:30 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Pinochle (L) 1:30 Bingo (AR) 3:00 Friday Fun – TBD (AR) 5:45 Movie (T) Shining Through the Years	19 1:00 Movie (T) 5:45 Movie (T) 
20 1:00 Movie (T) 3:00 Church – Pastor Gareth Forney (AR) 5:45 Movie (T) 	21 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Healthy Living Talk with Martin Iverson (AR) 5:45 Movie (T)	22 Doctor Day 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 Jeopardy Trivia (AR) 1:00 Movie (T) 1:30 Active Games – Pickleball (AR) 3:00 Piano Music with Maryann Nowicki (AR) 5:45 Movie (T) Hello Fall	23 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Dean Russo Rainbow Dog Project – Part 1 (AR) 5:45 Movie (T)	24 Doctor Day 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 Oktoberfest – German Jeopardy Trivia (AR) 1:00 Movie (T) 1:30 Hand Massage & Nail Care (AR) 3:00 Oktoberfest & Music with Lori & Friends (AR) 5:45 Movie (T)	25 Shopping Day Bus leaves @ 9:30 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Pinochle (L) 1:30 Bingo (AR) 3:00 Friday Fun – September Birthday Social (AR) 5:45 Movie (T) Sukkot Begins Dolly Day Wear Pink & Sparkles	26 1:00 Movie (T) 1:30 Bingo with Brynn (AR) 5:45 Movie (T) 
27 1:00 Movie (T) 3:00 Church – Pastor David Crawford (AR) 5:45 Movie (T) 	28 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Piano Music with Jason Brooks (AR) 5:45 Movie (T)	29 Anacortes Doctor Day 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 Brain Games – Sudoku (AR) 1:00 Movie (T) 1:30 Active Games – Balloon Bash (AR) 3:00 Oktoberfest Trivia & Games (AR) 5:45 Movie (T)	30 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Dean Russo Rainbow Dog Project – Part 2 (AR) 5:45 Movie (T)	 September 2026		

ALL Activities are subject to change – Please check the Elevators and the Front Desk for the most up-to-date schedule of Activities