

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 Patriots Landing Retirement Community	Transportation: APPT. Day EYE EXAM CLINIC 1		9:30 SAIL Fitness 10:00 Red Wind Casino 2 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 12:15 Sit & Fit 1:00 Gentle Stretching 1:00 Pinochle 2:00 Mystery Book Club 3:00 Needle Group 5:30 Larry Barry Sing-along 6:30 Cribbage 6:30 Bingo	Transportation: APPT. Day 3 7:00 Steilacoom Kiwanis (online) 9:30 Cardio/Strength Fitness 10:30 Walking Group 12:15 Sit & Fit 1:00 Gentle Stretching 1:00 Bible Study 6:15 Mexican Train 6:30 Resident Run Card Games	9:30 Senior Fitness 10:30 Zack the Therapy Dog 4 10:30 Aqua Activities 11:00 Meggie's Lumpia, Lacey 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo 3:15 Wii Games 6:15 Triominos 7:00 Movie Night	9:15 Support Run 2 Remember 5 9:30 Move and Groove 10:15 Wii Games 10:45 Roy Rodeo 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night	
	ASSISTED LIVING WEEK 6	Transportation: APPT. Day New TnT Hours M-Sa 10am – 1pm 7	Transportation: APPT. Day 8	VACCINE CLINIC 9	Transportation: APPT. Day 10	PATRIOT DAY 11	9:15 Support Run 2 Remember 12 9:30 Move and Groove 10:00 Olympic Flight Museum & Lunch at Dairy Queen 10:15 Wii Games 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night
	9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 12:30 McChord BX/Commissary 12:15 Chair Yoga 1:00 Sit & Fit 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night	9:30 SAIL Fitness 10:00 Compassion in Conversation 10:30 Aqua Activities 12:15 Sit & Fit 1:00 Gentle Stretching 1:00 Library Committee Meeting 2:00 Brain Fitness 6:15 Mexican Train Labor Day	9:30 Cardio/Strength Fitness 10:30 Cookies & Socializing 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo 3:00 Activities Calendaring Bring your ideas and calendars 6:15 Triominos 7:00 Movie Night	9:30 SAIL Fitness 10:00 Fred Meyer, Lakewood 9 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 12:15 Sit & Fit 1:00 Gentle Stretching 1:00 Pinochle 2:00 Bingo (Time Change) 3:00 Needle Group 5:20 Seahawks Game 5:30 Larry Barry Sing-along 7:00 The Cowchips Band Wine Social	7:00 Steilacoom Kiwanis (online) 9:30 Cardio/Strength Fitness 10:30 Walking Group 12:15 Sit & Fit 1:00 Gentle Stretching 1:00 Bible Study 2:00 Magazine Madness 6:15 Mexican Train 6:30 Resident Run Card Games	9:30 Senior Fitness 10:00 Puyallup Fair 11 10:15 Bible Study Resumes 10:30 Aqua Activities 12:15 Sit & Fit 1:00 Blood Pressure Clinic 1:00 Gentle Stretching 2:00 Bingo 3:15 We Care Support Group 6:15 Triominos 7:00 Movie Night Rosh Hashanah Begins	
	GRANDPARENTS DAY 13	Transportation: APPT. Day 14	Transportation: APPT. Day 15	9:30 SAIL Fitness 10:00 Breakfast at Masonry on the Green, DuPont 16 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 12:15 Sit & Fit 1:00 Gentle Stretching 1:00 Pinochle 3:00 Needle Group 5:30 Larry Barry Sing-along 6:30 Bingo	Transportation: APPT. Day 17	POW/MIA RECOGNITION DAY AIR FORCE 79th BIRTHDAY 18 SWAP AND GIVE 9:30 Outing to Copper Creek & Paradise at Mt Rainier 9:30 Senior Fitness 10:15 Bible Study 10:30 Aqua Activities 12:15 Sit & Fit 1:00 Gardener's Luncheon 1:00 Gentle Stretching 2:00 Bingo 3:30 Air Force Happy Hour 6:15 Triominos 7:00 Movie Night	DRESS LIKE A PIRATE DAY 19 SWAP AND GIVE 9:15 Support Run 2 Remember 9:30 Move and Groove 9:30 Olympia Mall: Movies, Shopping, Lunch 10:15 Wii Games 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night Oktoberfest Begins
	9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 12:30 Ft Lewis PX/Commissary 12:15 Chair Yoga 1:00 Sit & Fit 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night Grandparents Day	9:30 SAIL Fitness 10:00 Compassion in Conversation 10:30 Aqua Activities 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bean Bag Toss 3:00 Bar Bingo 6:15 Mexican Train	9:30 Cardio/Strength Fitness 10:00 Escape Game w/Kim 10:30 ACU Resident Banking 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo 3:15 Wii Games 6:15 Triominos 7:00 Movie Night		7:00 Steilacoom Kiwanis (online) 9:30 Cardio/Strength Fitness 10:30 Walking Group 12:15 Sit & Fit 1:00 Gentle Stretching 1:00 Bible Study 2:00-3:00 Crafters Corner 6:15 Mexican Train 6:30 Resident Run Card Games AROWs		
SWAP AND GIVE 20	Transportation: APPT. Day 21	Transportation: APPT. Day 22	VACCINE CLINIC 23	Transportation: APPT. Day 24	PATRIOTS LANDING FALL HARVEST 25	ALZHEIMERS WALK 26	
9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 12:30 McChord BX/Commissary 12:15 Chair Yoga 1:00 Sit & Fit 1:25 Seahawks Game 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night MOAA Yom Kippur Begins	9:30 SAIL Fitness 10:00 Compassion in Conversation 10:30 Aqua Activities 10:30 UNO 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Songbirds 6:15 Mexican Train	9:30 Cardio/Strength Fitness 10:00 Patriots Landing Book Club 10:30 Playing 8-ball & Darts 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo 3:15 Wii Games 6:15 Triominos 7:00 Movie Night Sojourners Autumn Begins	9:30 SAIL Fitness 10:00 Lakewood Towne Center 23 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 12:15 Sit & Fit 1:00 Gentle Stretching 1:00 Pinochle 2:00 Town Hall 3:00 Needle Group 5:30 Larry Barry Sing-along 6:30 Cribbage 6:30 Bingo	7:00 Steilacoom Kiwanis (online) 9:30 Cardio/Strength Fitness 10:30 Walking Group 12:15 Sit & Fit 1:00 Gentle Stretching 1:00 Bible Study 2:00 Resident Birthday Party Music by Charlie Cardinal 6:15 Mexican Train 6:30 Resident Run Card Games	9:30 Senior Fitness 10:00 Walmart, Lacey 25 10:15 Bible Study 10:30 Zack the Therapy Dog 10:30 Aqua Activities 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo 3:00 Northwest Sunshine Music 6:15 Triominos 7:00 Movie Night Sukkot Begins	9:15 Support Run 2 Remember 9:30 Move and Groove 9:30 Veterans Museum, Chehalis 10:15 Wii Games 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo 6:15 Mexican Train 6:30 Resident Run Card Games 7:00 Movie Night	
9:30 Shuttle to St. John Bosco 9:30 Church @ Patriots Landing 10:00 Seahawks Game 12:30 Ft Lewis PX/Commissary 12:15 Chair Yoga 1:00 Sit & Fit 2:00 Bingo 5:30 Larry Barry Sing-along 6:15 Triominos 7:00 Movie Night	Transportation: APPT. Day 28	Transportation: APPT. Day 29	9:30 SAIL Fitness 10:00 McChord BX/Commissary 30 10:30 Aqua Activities 10:30 Catholic Prayer Service 11:00 Communion 12:15 Sit & Fit 1:00 Gentle Stretching 1:00 Pinochle 3:00 Needle Group 5:30 Larry Barry Sing-along 6:30 Cribbage 6:30 Bingo				
	9:30 SAIL Fitness 10:00 Compassion in Conversation 10:30 Camping w/Sasquatch 10:30 Aqua Activities 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Songbirds 3:00 Bar Bingo 6:15 Mexican Train	9:30 Cardio/Strength Fitness 10:30 Playing 8-ball & Darts 12:15 Sit & Fit 1:00 Gentle Stretching 2:00 Bingo 3:15 Wii Games 6:15 Triominos 7:00 Movie Night					