

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Key to Programs & Rooms (S) Social AR- Activity Room (O) Outing MV-Mountain View (E) Exercise Building (A) Art PL-Parlor (Lobby) (M) Music DR-Dining Room (R) Religious T-Theater(3rd floor) (C) Cognitive Lib-Library (L) Lecture L- Lobby (P) Presentation (V) Vendor-Service		1 9:00 Walmart & Sprouts (O)L 9:30 Walmart & Sprouts (O)L 1:00 Bridge Card Game(S/C)P 1:00 Scat Card Game (S/C)AR 3:00 Happy Hour w/Live Music (M)AR 3:00 Touching Lives (R)TSAR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice (P)T	2 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:00 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:30 Cash Bingo Game (S/C)AR 6:30 Hand & Foot Card Game(S/C)AR	3 9:30 Weights Exercise (E)AR 10:30 Wii Games Exercise (S/C)AR 10:45 Blackjack Bunch Cards (S/C)AR 1:00 Better Balance Exercise(E)AR 1:30 Crafty Corner Arts (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P 6:30 Mexican Train Dominoes (S/C)P	4 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:30 Dos Los Potrillos (O)L 1:00 Skip Bo Card Game (S/C)AR 2:00 Mountain Man Nuts CO (V)L 2:00 Maj Jongg Game (S/C)P 6:30 Resident Bingo Game (S/C)AR	5 9:30 Coffee & Donuts (S)AR 11:00 Hand Weights (E)TSAR 12:30 Hand & Foot (S/C)AR 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)LB 6:30 Up & Down the River Game(S/C)AR
6 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR	7 10:30 Courtyard Concert 1:00 Wii Bowling Game (E)AR 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P Labor Day	8 9:00 King Soopers/Safeway (O)L 9:30 King Soopers/Safeway (O)L 10:00 Thera Bands Exercise (E)AR 10:30 Weights Exercise (E)AR 1:00 CH Book Mobile Library (V)P 1:00 Bridge (S/C)P 1:00 Scat Card Game (S/C)AR 3:00 Happy Hour w/Live Music(M)AR 3:00 Touching Lives (R)TSAR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice (P)T	9 10:00 Financial Fraud & Scams (P)AR By First Interstate Bank 10:00 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:30 Cash Bingo Game (S/C)AR 6:30 Hand & Foot Card Game(S/C)AR	10 9:30 Weights Exercise (E)AR 10:30 Wii Games Exercise (S/C)AR 10:45 Blackjack Bunch Cards (S/C)AR 1:00 Better Balance Exercise(E)AR 1:30 Trader Joe's (O)L 1:30 Crafty Corner Arts (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P 6:30 Mexican Train Dominoes (S/C)P	11 OnSite Dermatology 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:00 Blackhawk Casino (O)L 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 1:00 OnSite Hearing Clinic (V)TSLib 1:00 Skip Bo Card Game (S/C)AR 2:00 Maj Jongg Game (S/C)P 2:30 Daniel Performance on Piano AR 6:30 Resident Bingo Game (S/C)AR Rosh Hashanah Begins	12 9:30 Coffee & Donuts (S)AR 11:00 Hand Weights (E)TSAR 12:30 Hand & Foot (S/C)AR 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)LB 6:30 Up & Down the River Game(S/C)AR
13 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR Grandparents Day	14 9:00 EPM Blood Pressure Clinic (V)AR 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Book Club (S/C)Lib 10:45 Meditation (C)T 1:00 Wii Bowling Game (E)AR 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P	15 9:00 Target & Dollar Tree (O)L 9:30 Target & Dollar Tree (O)L 10:00 Thera Band Exercise (E)AR 10:30 Weights Exercise (E)AR 1:00 Bridge Card Game (S/C)P 1:00 Scat Card Game (S/C)AR 3:00 Touching Lives (R)TSAR 3:00 Happy Hour w/Live Music (M)AR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice (P)T	16 Flu Clinic 9-1 in TST 9:30 Seated Cardio Exercise (E)AR 10:00 REIKI Sessions in the Theater 10:00 Chair Yoga Exercise (E)AR 10:00 Mah Jongg Game (S/C)P 1:30 Cash Bingo Game (S/C)AR 6:30 Hand & Foot Card Game(S/C)AR	17 9:30 Weights Exercise (E)AR 10:30 Wii Games Exercise (S/C)AR 10:45 Blackjack Bunch Cards (S/C)AR 1:00 Better Balance Exercise(E)AR 1:30 Crafty Corner Arts (A)AR 2:00 Scat Card Game (S/C)AR 2:30 Chef Chat Meeting (L)DR 3:00 Resident Happy Hour(S)P 6:30 Mexican Train Dominoes (S/C)P	18 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Scat Card Game (S/C)P 10:45 Meditation (C)T 11:30 The Hill House Restaurant (O)L 1:00 Colorado Homedoc Presentation Activity Room 2:00 Skip Bo Card Game (S/C)AR 2:00 Maj Jongg Game (S/C)P 6:30 Resident Bingo Game (S/C)AR	19 9:30 Coffee & Donuts (S)AR 11:00 Hand Weights (E)TSAR 12:30 Hand & Foot (S/C)AR 2:00 M&M Piano Performance In the Summit Activity Room 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)LB 6:30 Up & Down the River Game(S/C)AR Oktoberfest Begins
20 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR Yom Kippur Begins	21 9:00 VNA Foot Care Clinic (V)TSAR 10:30 Resident Assembly (M)AR 1:00 Active Minds Presents Barcelona in the Activity Room 1:00 Wii Bowling Game (E)AR 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P	22 9:00 King Soopers/Safeway (O)L 9:30 King Soopers/Safeway (O)L 9:30 Advanced Foot Care Clinic-TSS 10:00 Thera Bands (E)AR 10:30 Weights Exercise (E)AR 1:00 Parkinson's Support (M/S)TST 1:00 Bridge Card Game (S/C)Pub 1:00 Scat Cards (S/C)AR 3:00 Touching Lives (R)TSAR 3:00 Happy Hour w/Live Music (M)AR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice(P)T Autumn Begins	23 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:00 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:30 Cash Bingo Game (S/C)AR 6:30 Hand & Foot Card Game(S/C)AR	24 9:00 Family Hearing Clinic (V)Lib 9:00 <i>AR Reserved until noon</i> 1:00 Better Balance Exercise(E)AR 1:30 Crafty Corner Arts (A)AR 2:00 Scat Card Game (S/C)AR 3:00 Resident Happy Hour(S)P 6:00 Outdoor Concert (M)CY 6:30 Mexican Train Dominoes (S/C)	25 9:00 Donation Station AR 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:30 Scat Card Game (S/C)P 11:30 Wishbone Restaurant (O)L 1:00 Pamper Yourself (V)AR 1:00 Skip Bo Card Game (S/C)AR 2:00 Maj Jongg Game (S/C 6:30 Resident Bingo Game (S/C)AR Sukkot Begins	26 9:30 Coffee & Donuts (S)AR 11:00 Hand Weights (E)TSAR 12:30 Hand & Foot (S/C)AR 2:00 Christian Worship Ch.20 2:00 Color Me Club (A)LB 6:30 Up & Down the River Game(S/C)AR
27 8:30 Catholic Mass (R)CH2 9:00 Catholic Mass (R)CH3 10:00 Catholic Mass (R)CH233 10:30 Eucharist (R)TST 2:00 Skip Bo(S/C)AR 2:00 Scat Card Game(C)AR 4:00 Cards (S/C)AR	28 10:30 Town Hall (M)AR 1:00 "Dinosaurs and other creatures in Colorado, a brief history from 1868 to today" presented by James McKeeman 2:00 Bible Study (R)P 2:30 LCR Dice Game (S/C)AR 6:30 Fast Track Game (S/C)P	29 9:00 Walmart & Sprouts (O)L 9:30 Walmart & Sprouts (O)L 1:00 Bridge Card Game(S/C)P 1:00 Scat Card Game (S/C)AR 3:00 Happy Hour w/Live Music (M)AR 3:00 Touching Lives (R)TSAR 6:30 Up & Down the River Game(S/C)P 6:30 Residents Choice (P)T	30 9:30 Seated Cardio Exercise (E)AR 10:00 Chair Yoga Exercise (E)AR 10:00 Mah Jongg Game (S/C)P 10:45 Meditation (C)T 1:30 PRIZE Bingo Game (S/C)AR 6:30 Hand & Foot Card Game(S/C)AR	September 2026 Mountain View Building		