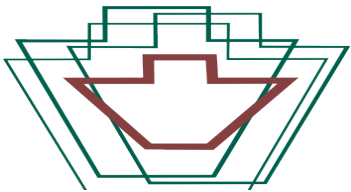




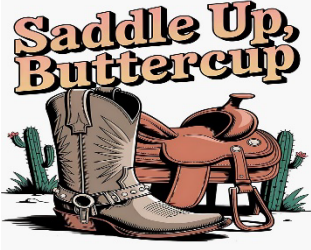
ASSISTED LIVING

SEPTEMBER 2026



Keystone Commons

A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Monthly Theme</u> 	<u>Monthly Birthdays</u> 9/1- Fran Alix 9/4- Regina Nowak 9/6- Karen Silverstein 9/9- Ray Hand-95 th 9/10- Normand Lussier 9/17- Mary Marcel-90 th 9/24- Tony Lymneos 9/26- Carol Grise 9/27- Denise Lussier 9/27-Jay Silverstein 9/29- Therese Vecchiarelli-90 th	1 9:30- Topic Talks-Pub 10:00- Blood Pressure Clinic-Pub 10:30- Pitch- Billiards Room 1pm- Wii Bowling- Theater 2pm- Painting Class- 3A 3:15- Blackjack- Dollar Buy-in-3A 6:45- Rummikub- Billiards	2 9:30- Hubbard Coffee Chat—Pub 10:30- Magdalana Presents-3A 11:30- Dollar General and Lunch at Russos in Ware 12:30- Rosary-Theater 2pm- Wii Bowling- Theater 3:30pm- A Horse is a Horse of Course Bingo-3A 6:45- Rummikub-Billiards	3 9:30- Around the World Breakfast-3A “Columbia” 11:30- Monthly Birthday PIZZA PARTY-Pub for those with September Birthdays 1pm- Exercise w/ Alex-3A 2pm- Horseshoe Tournament- Courtyard 3:15- Jeopardy for Amateurs-3A (9-5 Dolly Parton) 6:45- Kings in the Corner- Billiards	4 9:30- Coffee and Chronicles-Pub 10:30- Adaptive Boxing-3A 12:30- Rosary- Theater 1pm- Wii Bowling- Theater 1pm-Sequence-Billiards 2pm- The Healy's Perform-3A 3:30pm- Pokeno- Pub 6:45- Puzzle in the Billiards	5 10:30- Dime Bingo-3A 1pm- Games for Prizes w/ Barb- Billiards Room 2pm- Honky Tonk Piano Man Performs-3A
6 Mass at St Elizabeth's 2pm- Rummikub-Billiards	7  9:30- Shopping in Ludlow Labor Day Picnic Buffet 2pm- Dave Colucci Performs-3A	8 9:30- Topic Talks-Pub 10:00- Blood Pressure Clinic-Pub 10:30- Writing Just Cuz Group-Pub 10:30- Pitch Billiards Room 1pm- Wii Bowling- Theater 2pm- Jimmy Mazz Performs-3A 3:15- Blackjack- Dollar Buy-in-3A 6:45- Rummikub- Billiards	9 Celebrating Ray's 95th 9:30- Hubbard Coffee Chat- Pub 10:30- Adult Coloring- Billiards Room 12:30- Rosary-Theater 1pm- Wii Bowling- Theater 2pm- Decorating Jockey Silks-3A 3:30- Dime Bingo-3A 6:45- Rummikub-Billiards	10 10am- Coffee House-3A 10:30- T- Bone Performs-3A 1pm- Exercise w/ Alex-3A 2pm- Wooden Horses Project-3A Sign ups Necessary 3:15- Jeopardy for Amateurs-3A “Saddle Up” 3:15- Happy Hour- Theater 6:45- Kings in the Corner- Billiards	11 9:30- Coffee and Chronicles-Pub 10:30- Popcorn Club Black Beauty Theater 12:30- Rosary- Theater 2pm- Sequence- Billiards Room 3:30pm- Pokeno- Billiards Room 6:45- Crazy 8's- Billiards	12 10:30- Bingo for Prizes-3A 12:30- Read Aloud w/ Brownie-2A 2pm- Old Country Road Performs-3A
13 National Assisted Living Week Grandparents Day Mass at St Elizabeth's 1pm- Apple Pie Sundaes to go in the dining room 2pm- Rummikub-Billiards	14 9:30- Shopping in Chicopee 10:00- Communion w/ Keith Theater 10:30-Immersive Interactive Exercise 12:30- Rosary-T 2pm- Corn Hole- Courtyard 3:15- Wii Bowling Theater 3:15- Canasta-Billiards Room 6:45- Quarter Bingo w/Denise-Pub	15 Wear Your Cowboy Attire 9:30- Topic Talks and Manicures-3A 10:00- Blood Pressure Clinic- Pub 10:30- Meditation w/ Rob-3A 1pm- Trail Mix Chuck Wagon for Staff Appreciation 1pm- Wii Bowling- Theater 2pm- Mike and Dan Performs-3A 3:15- Blackjack- Dollar Buy-in-3A 6:45- Rummikub- Billiards	16 9:30- Hubbard Coffee Chat-Pub 10:30- Making Lunch at Ronald Mcdonald House 12:30- Rosary-T 1:30- Mark Performs from Berkshire 2pm- Wii Bowling- Theater 3:30- Dime Bingo-3A 6:45- Rummikub-Billiards	17 Celebrating Mary's 90th 9:30- Coffee and Trivia-3A 10:30- Making Horses for Racing-3A 1pm- Exercise w/ Alex-3A 2pm- Dave Brinnel -3A 3:15- Scratch off Jeopardy for Amateurs-3A Scratch Tickets for the Winning Team 3:15- Happy Hour- Theater 6:45- Kings in the Corner- Billiards	18 9:30- Coffee and Chronicles-Pub 10am- Wheels and Walkers Wash-up with Excel- Pub 12:30- Rosary- Theater 1pm- Food Meeting-Pub 2pm- Pokeno- 3A 3pm- Sequence- Billiards Room 6:45- Puzzle in the Billiards Room	19 10:15- Caden Performs Piano- 1 st Floor Piano Room 2pm- Dime Bingo w/ George-Pub
20 Mass at St Elizabeth's 2pm- Rummikub-Billiards	21 9:30- Shopping in Ludlow 10:00- Communion w/ Keith Theater 10:30- Immersive Interactive Exercise-3A 12:30- Rosary-T 1pm- Writing Just Cuz/ Newsletter Committee Group-Pub 2pm- Bandit vs Sheriff -3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling-Theater 6:45- Quarter Bingo w/Judy and Laurie	22 9:30- RAOK GROUP making Horse Snacks for our Visitors-3A 10:00- Blood Pressure Clinic- Pub 10:30- Cloverbrook Horses Visit in the Courtyard 1pm- Divine Discussion w/ Judy and Laurie-Theater 2pm- Painting Class-2A 2pm- Line Dancing-2A 3pm- Blackjack- Dollar Buy-in-3A 6:45- Rummikub- Billiards	23 9:30- Hubbard Coffee Chat and Manicures-3A 10:30- Boots Blooms and Bride to Be II Dining Room 12:30- Rosary- Theater 2pm- Wii Bowling- Theater 3pm- Braiding Horse Tails Competition-3A 6:45- Rummikub-Billiards	24 Reiki or Massage- 1-4- pub 9:30- Coffee and Trivia-Pub 10:30- Book Club Breakfast-Pub 1pm- Exercise w/ Alex-3A 2pm- Steve the Duo Performs-3A 3:15- Caretenders Presents-Pub 4:30- Chuckwagon Dinner 6:45- Kings in the Corner- Billiards	25 9:30- Coffee and Chronicles-Pub 10:30- Adaptive Boxing-3A 12:30- Rosary-T 1pm- Wii Bowling-Theater 1pm- Sequence- Billiards Rm 2pm- Pokeno-3A 3:15- Visit to Mainly Draft Horse Farm in Ludlow for Wagon Ride 6:45- Crazy 8's- Billiards	26 9:30- Coffee Chat-2A 10:30- Bingo for Prizes- Billiards 12:30- Read Aloud w/ Brownie-2A 2pm- Bill Shontz Performs
27 Mass at St Elizabeth's 2pm- Rummikub-Billiards	28 9:30- Shopping in Chicopee 10:00- Communion w/ Keith Theater 10:30- Immersive Interactive Exercise 12:30- Rosary-T 2pm- Human Horse Racing-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling-Theater 6:45- Quarter Bingo w/ Harriet-Pub	29 Celebrating Therese's 90th 9:30- Topic Talks and Manicures-3A 10:00- Blood Pressure Clinic-Pub 10:30- Chef's Club- Campfire Foil Packets- Courtyard 1pm- Confession w/ Monsignor- Theater 2pm- Tony Fazio Performs-3A 3:15- Blackjack Dollar Buy-in-Pub 6:45- Rummikub=Billiards	30 Celebrating Maintenance and Housekeeping today!! 9:30- Hubbard Coffee Chat-3A 10am- Men's Group w/ George-Pub Donuts and Coffee 10:30- Finishing Wooden Horses-3A 12:30- Rosary-T 1pm- Scenic Ride for Cider Donuts 2pm- Wii Bowling- Theater 3pm- Dime Bingo-3A 4pm- Wine Down Wednesday-Pub 6:45- Rummibub- Billiards	WHY DID THE PONY GET AN F ON HIS REPORT?  BECAUSE HE MISSED THE MANE POINT.	WHAT IS A HORSES FAVORITE STATE?  NEIGH-BRASKA.	WHAT DID THE HORSE SAY WHEN IT FELL?  I'VE FALLEN AND I CAN'T GIDDYUP!