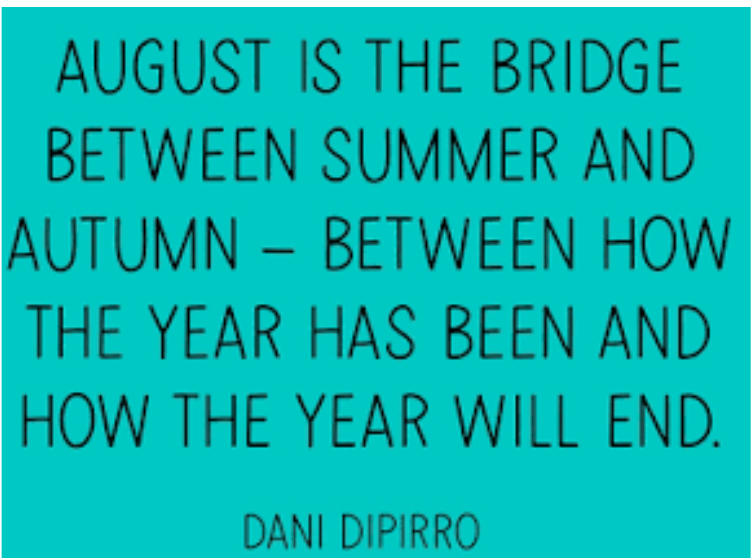


Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
							1:00Dance for PD / Balance Exercise for Seniors [AUD] 2:15Movie 2:15 P.M. [T] 7:00Jigsaw Puzzle Time						
													
9:30Roman Catholic Communion w/ Deacon Bob Vince (contact Eileen Finegan via Front Desk) [CP]	2	9:45Sign-Up for Outings with Vicky	3	9:45Sign up for Outings with Vicky	4	10:00Chair Exercise With Vicky [AL DR]	5	10:30Chair Exercise With Vicky [AL DR]	6	10:30Chair Exercise With Vicky [AL DR]	7	1:00Dance for PD / Balance Exercise for Seniors [AUD]	8
11:00Sunday Service with Pastor Patricia Saunders [AL LR]		10:00Chair Exercise With Raimell [AL DR]		10:00Chair Exercise With Vicky [AL DR]		10:30Musical Morning with Rebecca Presti [AL LR]		11:00'What's In a Word' Word Game [AL DR]		11:00Morning Brain Stretch [AL DR]		2:00Music Time: Rob Tomaro [AL DR]	
2:00Alex Perez El Rojo Musical Performance [AL LR]		11:00"What's In A Word?" - morning brain-stretch [AL LR]		10:45Trip to Founding Farmers 1924 Pennsylvania Ave NW		2:00Brain Games and Therapeutic Movement with Vicky [AL DR]		1:30Dining Services Meeting [AL DR]		2:00Cozy Snacks Wellness Workshop with Blake the Snake [AL LR]		2:00Jigsaw Puzzle Time	
7:00Jigsaw Puzzle Time		2:00Musical Afternoon with Rob [AL LR]		11:00Luncheon Founding Farmers Pennsylvania Ave NW		3:00Wine Down Wednesday BINGO Happy Hour [AL LR]		2:00Coffee & Conversation - Get to Know Your Neighbors! [AL DR]		3:00Afternoon Stretch and Trivia Games and Fun Facts [AL LR]		7:00Jigsaw Puzzle Time	
		3:00AL Council Meeting [AL LR]		2:00"What's In A Word" Brain Game with Vicky [AL DR]		7:00Jigsaw Puzzle Time [AL LR]		3:00Afternoon Stretch / Fresh Air Break (weather permitting) [CY]		4:00One-On-One with Activities Coordinator			
		7:00Jigsaw Puzzle Time [AL LR]		2:30Tuesday Poetry Club (AL - 3rd Fl.)				7:00Jigsaw Puzzle Time [AL LR]		7:00Jigsaw Puzzle Time [AL LR]			
				3:00Fresh Air Break (weather permitting), Afternoon Stretch or Walking Club									
				7:00Jigsaw Puzzle Time [AL LR]									
9:30Roman Catholic Communion w/ Deacon Bob Vince (contact Eileen Finegan via Front Desk) [CP]	9	9:45Sign-Up for Outings with Vicky	10	9:45Sign up for Outings with Vicky	11	10:00Chair Exercise [AL DR]	12	10:30Chair Exercise With Vicky [AL DR]	13	10:30Chair Exercise With Vicky [AL DR]	14	1:00Dance for PD / Balance Exercise for Seniors [AUD]	15
11:00Sunday Service with Pastor Patricia Saunders [AL LR]		10:30Chair Exercise With Raimell [AL DR]		10:00Trip to Franciscan Monastery NE		10:30Brain Fitness & Memory Training Workshops with Dana		11:00'What's In a Word' Word Game [AL DR]		11:00Morning Brain Stretch [AL DR]		2:00Music Time: Frank Plumer [AL LR]	
2:15Movie 2:15 P.M. [T]		11:00"What's In A Word?" - morning brain-stretch [AL DR]		2:00Onsite Planning Meeting for September [AL DR]		2:00Chair Dance with Yoyo [AL DR]		2:00Coffee & Conversation - Get to Know Your Neighbors! [AL DR]		2:00'Sip & Paint /Doodle' with Carol, Karen and Vicky [AL DR]		2:00Jigsaw Puzzle Time	
7:00Jigsaw Puzzle Time		2:00Musical Afternoon with Rob [AL LR]		2:30Tuesday Poetry Club (AL - 3rd Fl.)		3:00Tea Party Bingo Wednesday [AL LR]		3:00Afternoon Stretch / Fresh Air Break (weather permitting) [CY]		3:00Afternoon Stretch and Trivia Games and Fun Facts [AL LR]		7:00Jigsaw Puzzle Time	
		3:00Jewelry Making with Victoria [AL DR]		3:00Fresh Air Break (weather permitting), Afternoon Stretch or Walking Club		7:00Jigsaw Puzzle Time [AL LR]		7:00Jigsaw Puzzle Time [AL LR]		3:15One-On-One with Activities Coordinator			
		7:00Jigsaw Puzzle Time [AL LR]		7:00Jigsaw Puzzle Time [AL LR]						7:00Jigsaw Puzzle Time [AL LR]			
Location Keys AL Dining RoomAL DR AL Living RoomAL LR AuditoriumAUD ChapelCP CourtyardCY TheaterT													

Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 	9:30 Roman Catholic Communion w/ Deacon Bob Vince (contact Eileen Finegan via Front Desk) [CP] 16	9:45 Sign-Up for Outings with Vicky 17	9:45 Sign up for Outings with Vicky 18	10:00 Chair Exercise With Vicky [AL DR] 19	10:30 Chair Exercise With Vicky [AL DR] 20	10:30 Chair Exercise With Vicky [AL DR] 21	1:00 Dance for PD / Balance Exercise for Seniors [AUD] 22
	11:00 Sunday Service with Pastor Patricia Saunders [AL LR]	10:30 Chair Exercise With Vicky [AL DR] 11:00 "What's In A Word?" - morning brain-stretch [AL DR] 2:00 Musical Afternoon with Rob [AL LR] 3:00 Afternoon Stretch Therapeutic Movements with Vicky [AL DR]	10:00 Chair Exercise With Vicky [AL DR] 10:45 Trip to Unconventional Diner 1207 9th NW 11:30 Lunch Trip Unconventional Diner 9th St NW 2:00 "What's In A Word" Brain Game with Vicky [AL DR] 2:30 Tuesday Poetry Club (AL - 3rd Fl.) 3:00 Fresh Air Break (weather permitting), Afternoon Stretch or Walking Club 7:00 Jigsaw Puzzle Time [AL LR]	10:30 Musical Morning with Rebecca Presti [AL LR] 2:00 Brain Games and Therapeutic Movement with Vicky [AL DR] 3:00 Wine Down Wednesday Bingo Happy Hour [AL LR] 7:00 Jigsaw Puzzle Time [AL LR]	11:00 'What's In a Word' Word Game [AL DR] 2:00 Coffee & Conversation - Get to Know Your Neighbors! [AL DR] 3:00 Afternoon Stretch / Fresh Air Break (weather permitting) [CY] 7:00 Jigsaw Puzzle Time [AL LR]	11:00 Morning Brain Stretch [AL DR] 1:30 Podcast Interview with Sarah Gonzalez Ph.D Science and Technology Policy Fellow [AL LR] 2:00 Cozy Snacks 'Doodle Daddle' with Karen and Vicky [AL DR] 3:00 Afternoon Stretch and Trivia Games and Fun Facts [AL LR] 3:15 One-On-One with Activities Coordinator 7:00 Jigsaw Puzzle Time [AL LR]	2:00 Music Time: Frank Plumer [AL LR] 7:00 Jigsaw Puzzle Time
	2:00 Dorinda Williams Book Event [AUD] 7:00 Jigsaw Puzzle Time	3:30 Musical Trivia /Musical sing-along [AL DR] 7:00 Jigsaw Puzzle Time [AL LR]					
	9:30 Roman Catholic Communion w/ Deacon Bob Vince (contact Eileen Finegan via Front Desk) [CP] 23	9:45 Sign-Up for Outings with Vicky 24	9:45 Sign up for Outings with Vicky 25	10:00 Chair Exercise With Vicky [AL DR] 26	10:30 Chair Exercise With Vicky [AL DR] 27	10:30 Chair Exercise With Vicky [AL DR] 28	1:00 Dance for PD / Balance Exercise for Seniors [AUD] 29
	11:00 Sunday Service with Pastor Patricia Saunders [AL LR]	10:30 Chair Exercise With Vicky [AL DR] 11:00 "What's In A Word?" - morning brain-stretch [AL LR] 2:00 Musical Afternoon with Rob [AL LR] 3:00 Afternoon Stretch & Sing along/ Brain Games [AL DR] 7:00 Jigsaw Puzzle Time [AL LR]	10:00 Chair Exercise With Vicky [AL DR] 10:30 The Greek Spot 2017 11th St NW 11:00 Trip Lunch to Greek Spot 2:00 "What's In A Word " Brain Game with Vicky [AL DR] 2:30 Tuesday Poetry Club (AL - 3rd Fl.) 3:00 Fresh Air Break (weather permitting), Afternoon Stretch or Walking Club 7:00 Jigsaw Puzzle Time [AL LR]	10:30 Brain Fitness & Memory Training Workshops with Dana 2:00 Chair Dance with Yoyo [AL DR] 3:00 Tea Party Bingo Wednesday [AL LR] 7:00 Jigsaw Puzzle Time [AL LR]	11:00 'What's In a Word' Word Game [AL DR] 2:00 Birthday Happy Hour for August Celebrants [AL LR] 2:30 Coffee & Conversation TED TALK Sam Partman - Get to Know Your Neighbors! [AL DR] 3:00 Afternoon Stretch / Fresh Air Break (weather permitting) [CY] 7:00 Jigsaw Puzzle Time [AL LR]	11:00 Morning Brain Stretch [AL DR] 2:00 Tasty Snacks 'Wellness Workshop with Blake the Snake [AL LR] 3:00 Afternoon Stretch and Trivia Games and Fun Facts [AL LR] 3:15 One-On-One with Activities Coordinator 7:00 Jigsaw Puzzle Time [AL LR]	1:00 Music Time with Frank [AL LR] 7:00 Jigsaw Puzzle Time
	2:15 Movie 2:15 P.M. [T] 7:00 Jigsaw Puzzle Time	7:00 Jigsaw Puzzle Time [AL LR]					
Location Keys AL Dining Room AL Living Room Auditorium Chapel Courtyard Theater AL DR AL LR AUD CP CY T	9:30 Roman Catholic Communion w/ Deacon Bob Vince (contact Eileen Finegan via Front Desk) [CP] 30	9:45 Sign-Up for Outings with Vicky 31	1330 Massachusetts Avenue, NW Washington, DC 20005 202-347-5349				Resident Birthdays David W. 8/11 Sheila E. 8/19
	11:00 Sunday Service with Pastor Patricia Saunders [AL LR]	10:30 Chair Exercise With Vicky [AL DR] 11:00 "What's In A Word?" - morning brain-stretch [AL LR] 2:00 Musical Afternoon with Rob [AL LR] 3:00 Afternoon Stretch & Musical Sing along/ Brain Games [AL DR] 7:00 Jigsaw Puzzle Time [AL LR]					
	2:15 Movie 2:15 P.M. [T] 7:00 Jigsaw Puzzle Time	7:00 Jigsaw Puzzle Time [AL LR]					