

August Resident Spotlight



Ellen has been living at Regency since the end of December of last year. She came to us all the way from Wisconsin where she spent 16 years working at a casino before retiring to Oregon to be close to her daughter. You can find this card shark at almost every activity throughout the day. She loves playing cards, getting her nails done and doing the physical games like balloon tennis with her friends.

August Days To Remember

8/1 Riverfront Park Trip @10am

8/10 Music with Denis in the living room @2pm

8/12 Lunch Club Trip to Mountain Mike's Pizza @12pm

8/15 & 8/22 Trip to Saturday Market @10am

8/19 August Birthday Party!

8/21 Resident Council

8/26 Music w/ Rachel @ 10:30am

8/29 Oregon State Fair! @10am & 1pm

FUN SUMMER TRIVIA!

WHAT DOES SPF STAND FOR IN SUNSCREEN PRODUCTS?

- A) SUN PROTECTION FACTOR B) SKIN PROTECTION FACTOR
- C) SUN PROTECTIVE FACTOR

WHICH MONTH DOES SUMMER OFFICIALLY BEGIN IN THE NORTHERN HEMISPHERE?

- A) MAY B) JUNE
- C) JULY D) AUGUST

WHAT VITAMIN DOES YOUR BODY PRODUCE WHEN EXPOSED TO SUMMER SUNLIGHT?

- A) VITAMIN A B) VITAMIN B12 C) VITAMIN D D) VITAMIN C

August 2026

Woodland Newsletter

We have a trip filled month ahead of us.

We'll be heading to Riverfront Park, Saturday Market, Mountain Mike's Pizza, and the Oregon State Fair! We have two musical performances by Rachel and Denis.

Don't forget Happy Hour is every Friday @1pm and look out for the August Birthday Party on the calendar so you don't miss out on the cake!

AUGUST RESIDENT SPOTLIGHT GOES TO Ellen Kawleski!



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Community Management Team

Melinda Gibbins, Executive Director

Janet Kirk, Business Office Manager

Teresa Hannon, Wellness Director

Leticia Canul-Ake, Residential Care Coordinator

Bernard Stewart, Dietary Manager

Kim Whitehair, Housekeeping Supervisor

Jayson Johnston, Maintenance Director

Taylor Holley, Life Enrichment Director



REGENCY
PACIFIC

LR=Living Room
DR=Dining Room

AR=Activity Room
RL=Resident Led

August

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>
9:00 Daily News & Weather LR 2 1:00 Skip Bo AR 6:00 Lost TV Show Season Three LR	9:00 Daily News & Weather LR 14 11:00 Bible Study AR 1:00 Uno AR 3:00 Movie Night- LR	9:00 Daily News & Weather 4 10:00 Shopping @ Fred Meyer—Senior Day 11:00 Zumba! LR 1:30 Shopping @ Fred Meyer—Senior Day 3:00 Bingo AR	9:00 Daily News & Weather LR 10:30 Nail Salon 1:00 Mini Golf LR 2:30 Phase 10 AR
9:00 Daily News & Weather LR 9 1:00 Uno AR 6:00 Lost TV Show Season Three LR	9:00 Daily News & Weather LR 10 11:00 Bible Study AR 1:00 Skip Bo AR 2:00 Music w/ Denis	9:00 Daily News & Weather 11 10:00 Shopping @ Walmart 11:00 Zumba! LR 1:30 Shopping @ Trader Joe's 3:00 Bingo AR	9:00 Daily News & Weather LR 11:00 Corn Hole A 12:00 Lunch Club—Mountain Mike's Pi 1:00 Nail Salon AR 2:00 Dietary Meeting 3:00 Phase 10 AR
9:00 Daily News & Weather LR 16 1:00 Skip Bo AR 6:00 Lost TV Show Season Three LR	9:00 Daily News & Weather LR 17 11:00 Bible Study AR 1:00 Uno AR 3:00 Movie Night- LR	9:00 Daily News & Weather 18 10:00 Shopping @ Dollar General 11:00 Zumba! LR 1:30 Shopping @ Hobby Lobby 3:00 Bingo AR	9:00 Daily News & Weather LR 10:30 Nail Salon A 1:00 Bowling LR 2:00 August Birthdays DR 3:00 Phase 10 AR
9:00 Daily News 23/30 & Weather LR 1:00 Uno AR 6:00 Lost TV Show Season Three LR	9:00 Daily News & Weather LR 24/31 11:00 Bible Study AR 1:00 Skip Bo AR 3:00 Movie Night- LR	9:00 Daily News & Weather 25 10:00 Shopping @ Target 11:00 Zumba! LR 1:30 Shopping @ Goodwill 3:00 Bingo AR	9:00 Daily News & Weather LR 10:30 Music w/ Ra 1:00 Nail Salon 3:00 Phase 10 AR

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	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
			9:00 Daily News & Weather LR 1 10:00 Riverfront Park 11:00 Corn Hole LR 1:00 Arts & Crafts AR 2:30 Phase 10 AR
5	Resident Appointments 6 9:00 Daily News & Weather 10:30 Movie Matinee LR 1:00 Sorry Game AR 2:00 Pet Therapy with Nicky Rooms/LR 2:30 Kings in the Corner	9:00 Daily News & Weather LR 7 10:00 One-on-One Time 11:00 Ring Toss LR 1:00 Happy Hour AR 2:30 Bingo AR Happy Birthday Ellen!	9:00 Daily News & Weather LR 8 11:00 Balloon Tennis LR 1:00 Arts & Crafts AR 2:30 Phase 10 AR
12	Resident Appointments 13 9:00 Daily News & Weather 10:30 Movie Matinee LR 1:00 Family Feud LR 2:30 Mexican Train AR	9:00 Daily News & Weather LR 14 10:00 One-on-One Time 11:00 Balloon Tennis LR 1:00 Happy Hour AR 2:30 Bingo AR	9:00 Daily News & Weather LR 15 10:00 Saturday Market 11:00 Ring Toss LR 1:00 Bouquet Making AR 2:30 Phase 10 AR
19	Resident Appointments 20 9:00 Daily News & Weather 10:30 Movie Matinee LR 1:00 Sorry Game AR 2:00 Pet Therapy with Nicky Rooms/LR 2:30 Kings in the Corner	9:00 Daily News & Weather LR 21 10:00 One-on-One Time 11:00 Resident Council LR 1:00 Happy Hour & Adventure Tour AR 2:30 Bingo AR Happy Birthday Irene!	9:00 Daily News & Weather LR 22 10:00 Saturday Market 11:00 Balloon Tennis LR 1:00 Bob Ross Painting AR 2:30 Phase 10 AR
26	Resident Appointments 27 9:00 Daily News & Weather 10:30 Movie Matinee LR 1:00 Family Feud LR 2:30 Mexican Train AR	9:00 Daily News & Weather LR 28 10:00 One-on-One Time 11:00 Corn Hole LR 1:00 Happy Hour AR 2:00 Bingo Store AR 2:30 Bingo AR	9:00 Daily News & Weather LR 29 10:00 Oregon State Fair 11:00 Ring Toss LR 1:00 Oregon State Fair 2:30 Phase 10 AR