

See us online at www.FOXHOLLOWBEND.com

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Fox Hollow Independent & Assisted Living
2599 NE Studio Road
Bend, OR 97701

FOX HOLLOW

Independent & Assisted Living



Fox Hollow Business Hours
Monday - Friday 9:00am - 5:00pm
Office: 541-383-2030

Senior Executive Director: Luke Wilkenfeldt
Wellness Director: Jacque Smythe, RN, BSN
Business Office Manager: Isaac Lewis
Marketing Director: Martha Orozco-Thompson
Maintenance Director: Tim Disney
Enrichment Director: Becky Jones
Dietary Manager : Dallas Green
Housekeeping Supervisor: Lori Zarr

FOX HOLLOW

INDEPENDENT & ASSISTED LIVING

AUGUST 2026



"And here the sunflower burns bright in the morning's beam." – Ebenezer Elliott





We had a whole lot of sparkly fun, decorating trinket boxes with the generous donation of costume jewelry that Rina made to Craft Hour. There are two more projects planned, using the sparkly embellishments, before the year is over. We hope you like the special gift Rina, and thanks again!



Did you know that sunflowers are not just yellow? Each color has its own meaning.

Yellow sunflowers

Yellow sunflowers are a classic flower. Super dazzling and unmistakable we love a bright yellow sunflower! And they have a meaning of goodness, truth and timelessness.

Red sunflowers

Red sunflowers usually have deep red petals that surround a black center. These are pretty unusual but they look absolutely beautiful! And they have a meaning of strength and positivity.

Orange sunflowers

Orange sunflowers are ultra-vibrant flowers that really attract bees and hummingbirds. They have a meaning of energy, happiness and good fortune.

White sunflowers

White sunflowers are probably the rarest of them all. They're not a true white, more of a very pale yellow with a black centre. White sunflowers mean purity, re-birth and peace so they're perfect to give to someone who's starting a new chapter in their life.

Pink sunflowers

Pink sunflowers are an unusual but pretty sight with the petals and stems a dark pink with lighter pink tips. And they have a meaning of innocence and good health.

Purple sunflowers

Purple sunflowers really are lovely and are perfect to add something unique to your gardens. They have a meaning of wealth, glory and royalty too so they're definitely an impressive bloom!



Summit Express delivered a lively program for our Happy Birthday America Ice Cream Social! Two special treats for everyone! Thank you to the Dining Room Staff for your help!

Thorn Hollow String Band
will be entertaining us at
Happy Hour on
Wednesday,
August 5th, at 1:30.



Did you know that you can nominate your favorite staff member for Employee of the Month? There is a box to deposit your nominations in, across from the Front Desk, between the Activity Room and the Fireside Room.

Chair Yoga with Amy!

Chair yoga is a gentle form of yoga where traditional poses are adapted so they can be performed while seated in a chair or standing while using a chair for balance and support.

Amy has been teaching Chair Yoga at Community Centers, Senior Centers and Assisted living Communities for 8 years.

Chair yoga offers seniors a safe, gentle, and effective way to improve flexibility, balance, strength, and mental well-being while reducing the risk of falls.



Join Us, in the
Activity Room,
Wednesdays
for
Chair Yoga
with Amy!



Chris & Pat Yaeger
Dean & Wanda
Griffin
Sharon Meracle

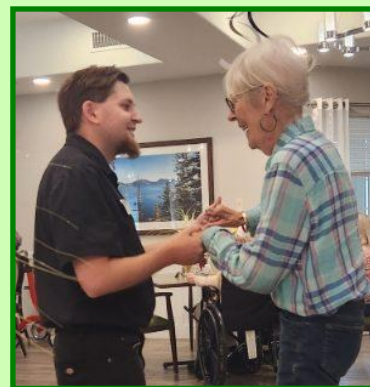
**NEW
RESIDENTS**



**Mary turned 101 years old in July
and everyone was seeing spots!
We hope you had a very Happy
Birthday, Mary!**



**Dane attends the Cake Table like a boss!
Glenda makes sure that celebratory voices
are heard ... Jan needs a larger dance card
and Martha and Sheri catch it up on the
dance floor... The Monthly Birthday Party is
always full of surprises, so don't miss it!**



"I don't think there's anything on this planet that more trumpets life than the sunflower. That's because of the reason behind its name. Not because it looks like the sun but because it follows the sun. During the course of the day, the head tracks the journey of the sun across the sky. A satellite dish for sunshine. Wherever light is, no matter how weak, these flowers will find it. And that's such an admirable thing. And such a lesson in life."

– Helen Mirren



Coming Soon!

FALL ARTISAN CRAFT FAIR!

Saturday,
September 12th
1-4 pm

Join Us for a fun event and support local artisans

**Jewelry, Quilts,
Wood Crafts**



**Homemade Goods
Artwork
Bake Goods
Tamales**

WEARABLE ART
Weaving
Knitting
Crochet



Holiday Gifts



**Home Décor, Cus-
tom Nails, Paper
Crafts,
& much
more!**



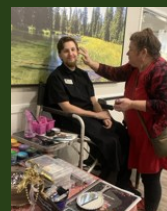
**Beauty & Skin
Products
3D
Printing**



**Music!
Games
Photo Booth
Reptile
Adoption!**

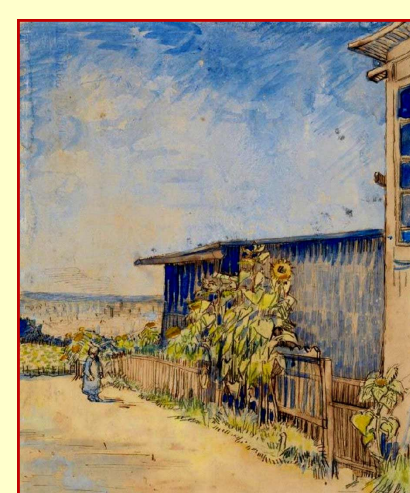
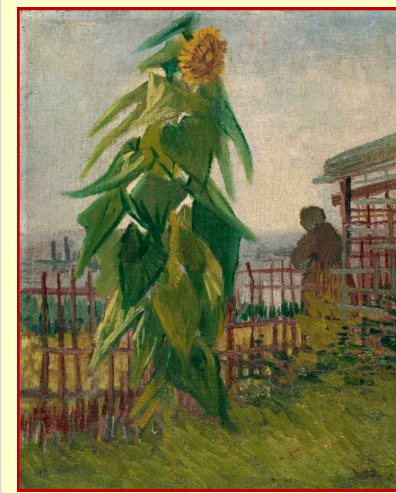


**FACE
PAINT-
ING**

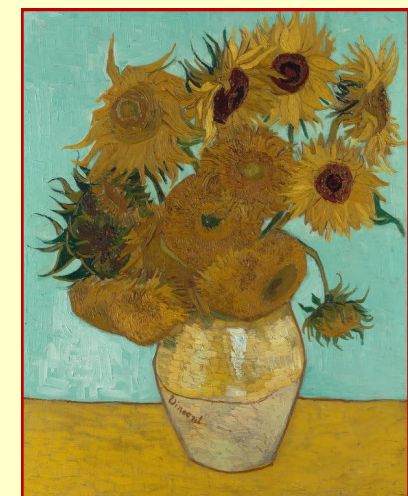


JOIN US AS A VENDOR! Fair is open to the public, residents, families & community partners

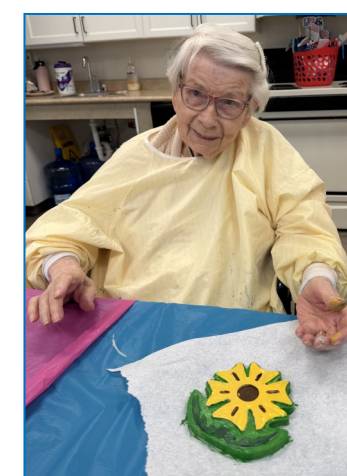
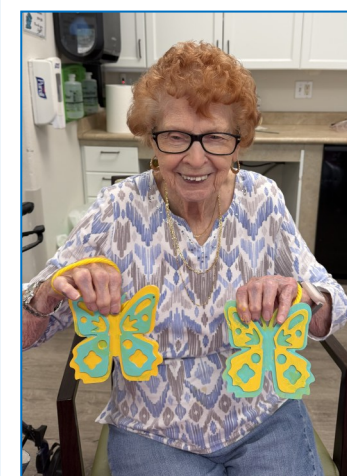
Contact Martha Orozco-Thompson at 541-410-1174 / morozco-thompson@regency-pacific.com



"The sunflower is mine, in a way." – Vincent van Gogh



We're kicking off our August Documentary Series with a 43 minute story about Vincent van Gogh's favorite subject matter; sunflowers. Did you know that he painted 11 different paintings with sunflowers in them? Join us on Friday, August 7th at 3:00, in the Theater Room, for a documentary and discussion about why Vincent van Gogh painted sunflowers.



Craft Hour in August will include at least one Paper-Clay project and maybe a few sunflowers! Check your August Calendar and Daily Sheets for *Craft Hour* days and times.



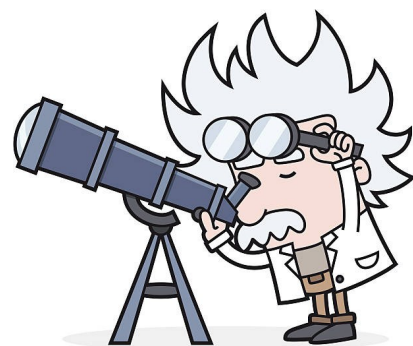
FOX HOLLOW HOMELIFE



Clearchoice Dermatology will be here at 8:30 am, on Friday, August 14th. They will be seeing Residents in the Theater. If you would like more information about scheduling an Appointment with them, please see Jacque Smythe, RN, BSN, Wellness Director.

Build Your Own Telescope Class!

Telescope Guy will be here on Friday, September 11th, to teach us how to build our own Telescopes. The cost is \$29.00, per telescope. There will be more details in the September Newsletter Sign-up sheet by the wall calendar.



Learn to play
Kings-in-the-Corner! Friday,
August 14th
at 10:30,
in the Activity Room

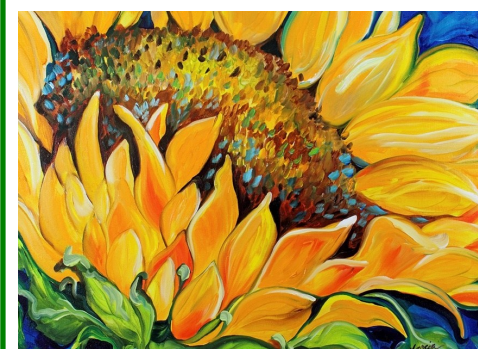
Play **ChickenFoot!**
Saturdays at 1:30,
in the Third Floor
Game Room!



Watercolor Painting
with Bill Lewis, every
Monday at 1:30, in
the Activity Room



Play Scrabble Board
Game on Saturdays
at 2:30,
in the Activity Room!



"And here the sunflower
burns bright in the
morning's beam."
— Ebenezer Elliott

August Outings:

Monday, August 3rd ... Albertson's
Thursday, August 6th ... Dollar Tree
Friday, August 6th ... Olive Garden
Monday, August 10th ... Walmart
Thursday, August 13th ... Sack Lunch Shevlin Park
Monday, August 17th ... WinCo
Thursday, August 20th ... Kohl's
Friday, August 21st ... Michael's
Monday, August 24th ... Trader Joe's/Local Acres
Thursday, August 27th ... Indian Head Casino
Friday, August 28th ... Mystery Ride

Please Sign-up for Outings in
the Outings Binder,
outside of the Activity Room

Interdenominational Sunday Service



with Richard McDaniel
Sundays at 6:00pm in the
3rd Floor Game Room
Everyone is welcome!

God's Bible Study with Jim & Shirley

Jim Warren and Shirley Schaefer from
Victory Baptist Church visit Fox Hollow
every Friday to conduct a
non-denominational Bible study Group at
1:30pm in the **Third Floor Game Room**.

Come One, Come All!

~ Holy Communion ~

Diana Stein facilitates Holy Communion
for Fox Hollow Residents, their families and
friends, every Sunday at 1:15pm in the
Private Dining Room. **All are welcome!**



**Thank you,
Employee of
the Month,
Kylie Jackson!**

Congratulations to Kylie Jackson for being our Employee of the Month. Kylie has been an awesome caregiver here, at Fox Hollow, for one year. Her coworkers describe her as being hard-working, kind, and always willing to help. She has a great sense of humor and her infectious laugh can be heard throughout the property when she comes on shift. Sheri Karcher calls Kylie, "Our little Speed-racer", because Kylie never wastes any time answering room calls or anything else. Thank you for being a valuable, caring part of this community, Kylie! We appreciate you!



Kathy Barrows, Caregiver ... August 1st

Pat Smith ... August 2nd

Sue Callendar ... August 3rd

Rosalie Pickinpaugh ... August 6th

Kay Steputis ... August 7th

David Disney, Dietary Aide ... August 10th

Pat Albright ... August 11th

Ed Bonkoskey ... August 14th

Rina Pettingill, Dining Room Manager ... August 15th

Maggie Miller ... August 25th

Robbie Duncan ... August 31st

**The Monthly Resident Birthday Party
is Tuesday, July 21st at 2:30pm,
in the Dining Room**

**Fox Hollow Independent & Assisted Living
Community Resident Council Meeting
is Tuesday, August 25th, at 3:00,
in the Activity Room
Everyone is invited and encouraged to attend.**

DOCUMENTARY & DISCUSSION

Gather together, watch a documentary; approximately 30 minutes long, then discuss it. **Fridays at 3:00, in the Theater.**



Van Gogh: These Sunflowers Bloomed Hope (The World's Most 43 min)

This episode explores Vincent van Gogh's Sunflowers, one of the most recognizable paintings in art history. Created during a turbulent period of the artist's life in Arles, the Sunflowers series was meant to represent warmth, friendship, and hope — yet it also reflects deep emotional struggle and isolation. We dive into Van Gogh's relationship with Paul Gauguin, his mental state, and how this simple subject became one of the most powerful symbols in Western art. Through bold color, intense brushwork, and emotional depth, Sunflowers stands as both a celebration of life and a reflection of inner turmoil.

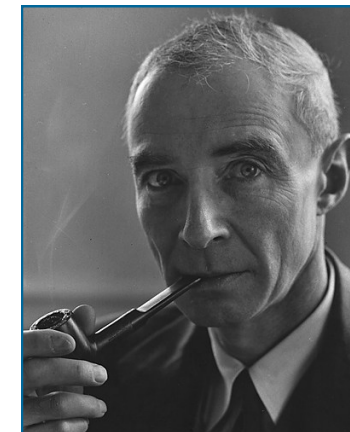


Most Weird Types of Fungus (The Mosts 28 min.)

Fungi come in a fascinating array of shapes, sizes, and colors, but some species stand out for their truly bizarre and peculiar characteristics. From peculiar shapes to unique behaviors, the world of fungi offers a treasure trove of weird and wonderful specimens. Join us for today's video, as we explore the top 15 most weird types of fungus.

John Robert Oppenheimer a Restless Mind by Professor Graeme Yorston (Insane History 24 min.)

Theoretical physicist J Robert Oppenheimer led the team of scientists who developed the atomic bomb that was used to end the Second World War. Whatever your views on Hiroshima and Nagasaki, there is no doubting the key role Oppenheimer played in bringing the Manhattan project together and making sure it achieved its goal. But Oppenheimer was a complex man, full of contradictions, a brilliant scientist who was once so overwhelmed by emotion he tried to strangle a friend and poison his college tutor. This video explores the extraordinary life of Robert Oppenheimer, the father of the atom bomb, going behind the headlines to find out what really made him tick.



Photographing Oregon's Frontier Through Glass Plate Negatives (The Oregon Experience 29 min.)

More than 30 years ago photographer Lloyd Smith bought a box of historic glass plate negatives at a garage sale. The box contained hundreds of photographs documenting rural life in Southern Oregon in the early 20th century. The images featured families posed in front of their homes, men and women working at everyday tasks, children at play, and just about all facets of rural life.

