

AUGUST 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 WALKING CLUB 10AM
2 -----	3 4PM GARDEN CLUB 6PM STRENGTH TRAINING CLASS W/ TYLER GEIB	4 6PM YOGA CLASS (TORCH FITNESS) NATIONAL CHCOLATE CHIP COOKIE DAY (COOKIES AT THE CLUBHOUSE)	5 11AM WELLNESS JUICE BAR 4PM GARDEN CLUB	6 6PM MAT PILATES (TORCH FITNESS)	7 4PM GARDEN CLUB	8 WALKING CLUB 10AM
9 -----	10 6PM STRENGTH TRAINING CLASS W/ TYLER GEIB	11 6PM YOGA CLASS (TORCH FITNESS)	12 11AM BREAKFAST @THECLUBHOUSE 5-6PM GARDENCLUB	13 6PM MAT PILATES (TORCH FITNESS)	14 10AM YOGURT BAR 4PM GARDEN CLUB	15 WALKING CLUB 10AM
16 -----	17 6PM STRENGTH TRAINING CLASS W/ TYLER GEIB	18 6PM YOGA CLASS (TORCH FITNESS)	19 6:45PM TRIVIA NIGHT @V'S PIZZA 7510 GATE PKWY, JACKSONVILLE, FL 32256	20 6PM MAT PILATES (TORCH FITNESS)	21 4PM FLOWER BAR @THECLUBHOUSE	22 WALKING CLUB 10AM
23 -----	24 6PM STRENGTH TRAINING CLASS W/ TYLER GEIB	25 6PM YOGA CLASS (TORCH FITNESS)	26 11AM MUFFINS & MIMOSAS	27 6PM MAT PILATES (TORCH FITNESS)	28 4PM GARDEN CLUB	29 WALKING CLUB 10AM
30 -----	31 -----					
LOVE: PASSION PROJECTS		LEARN: CLASSES & ACTIVITIES		LIVE: FITNESS & HEALTH		INDULGE: FOOD & DRINKS