

Bringing independence to living and quality to life



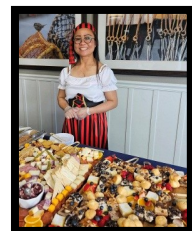
Regency on Whidbey— Treasuring the Men in Our Lives



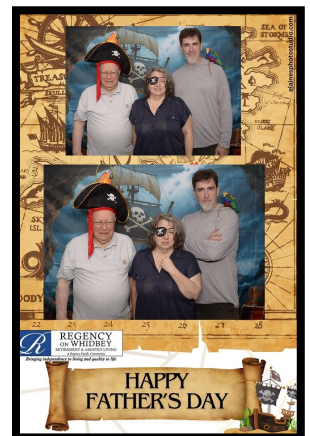
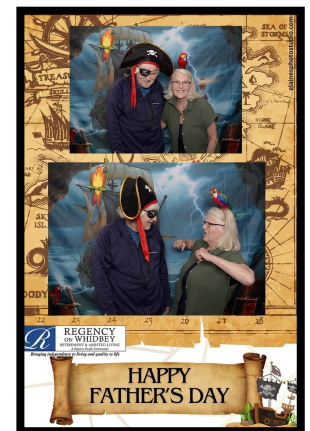
On Friday, June 19th, we celebrated the men that we treasure with a pirate-themed Father's Day Open House. The Lobby, Activity Room and Library of the Assisted Living building were decked out in pirate décor including parrots and treasure chests. Once again, the Dietary Department assembled lavish charcuterie boards and other finger foods for Residents and their guests to snack on as they enjoyed wine, beer, or punch from the bar. Two pirate photo backdrops offered plenty of opportunity to pose with Friends & Staff in pirate hats & eye patches or full pirate costume. Elaine's Photo was here with her photo booth to capture memories and print them instantaneously. To round-out the event, Residents and their guests were treated to the sea-shanties and other lively tunes of Whidbey Islands own Shifty Sailors, performing on the sunlit back patio.

In Memory Care, Staff continued the theme, dressing in pirate costumes, distributing pirate hats and posing with Residents and their families in front of their own pirate-themed backdrop.

Thank you to all who attended. We hope you enjoyed it as much as we did!



August
2026



Regency on Whidbey's Management Team

Wilma Jo Flaherty
Executive Director

Kathleen Pendleton MN/RN
Wellness Director

Amanda Streubel LPN
AL Nurse Manager

Mandy Gibbs LPN
MC Nurse Manager

Bonnie Patterson
Business Office & Payroll Manager

Teri Mendiola
Community Relations
Director

Lanida Brophy
AL Life Enrichment Director

Shawwna Hodges
MC Life Enrichment Director

Aaliyah Robinson
Dietary Manager

Jeff Lujan
Maintenance Director

Megan Rivers
AL Resident Care Coordinator

Love Angel Parba
MC Resident Care Coordinator



Residents

- **Bob Wright—8/2**
- **Michael Lane—8/12**
- **Patricia Cosper—8/14**
- **Billie Cook—8/26**



Staff

- **Aaliyah Robinson—8/3**
- **Heather Runner—8/16**
- **Bonnie Patterson—8/19**
- **Angela Cansino—8/21**
- **Sheryl Bartolome—8/26**



Door Hours

Regency on Whidbey's

**Front door is
unlocked from**

8:30am—5:00pm

Daily

**Please schedule visits
appropriately.**

**If you will be visiting
or returning to the
building after 5:00pm,
please contact the front
desk for the door code.**

Thank you!!



Regency's Beauty Salons

**Operated by
Naomi Lucente**

**In addition to
full salon services,
Naomi offers...**

**Waxing,
Pedicures, &
Manicures**

**If you would like to
make an appointment,
you can call or text
Naomi directly at ...
360-280-3805**



After Hour Calls

**It is best to call during
normal business hours,
8:30am—5:00pm**

**While we apologize for
any inconvenience,
after 5 o'clock, Staff are
working to care for your
loved one, and are not
always able to take calls.**

**We appreciate your
understanding!**



Fighting Alzheimer's

Regency on Whidbey is gearing up to fight Alzheimer's Disease with...

Our Annual Rock-a-Thon to End Alzheimer's
Friday, August 28th
9:00am-4:30pm

What is Rock-a-Thon?

For seven years, we have brought in rocking chairs and Residents, Staff, Family, and Community Members spend the day rocking to raise money for the Alzheimer's Association.

Donations are collected fill-the-boot style along Swantown and in front of our Assisted Living Building. It is a fun day filled with music & joy.

If you would like to support this important cause, please stop by to make a donation, sign-up to rock, or purchase one of our purple pens for \$5

Donations can also be made online at...

<http://act.alz.org/goto/regencyonwhidbey>

Or, Scan our QR Code



Thank you for your support!



The Front Memory Care parking area should only be used by those visiting Memory Care.

Assisted Living visitors should utilize the parking beside and behind the Assisted Living Building.

Daytime Staff should use the lot behind Memory Care and Assisted Living parking (only from the dumpster back)

Street parking is also available, however, please adhere to the applicable signage for each area.

Thank you for your cooperation!



While we focus on our Employee Fund during the Holidays, even referring to it as a "Holiday Fund", it is really so much more!

Every year, some moneys are reserved for other Employee benefits.

On their Birthdays and work Anniversaries, Staff receive a card with a monetary gift from you, the Residents.

We also use Fund money to order pizza or other snacks for Staff.

Managers can use the Fund to take Staff to lunch or dinner as a thank you for their hard work.

Most importantly, the Fund is used as an Emergency Fund for Employees. If a Staff member has an unexpected financial expense or an emergency, they can request a small loan from the Fund to cover that cost.



No August Dementia Support Group



Friday, August 28th
9:00am-4:30pm
Regency on Whidbey's Annual Rock-a-Thon



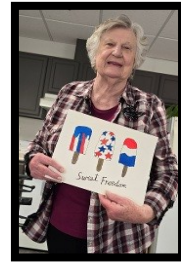
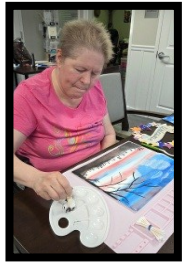
September 13th—
September 19th
National Assisted Living Week



Monday, Sept. 14th
at 3:00pm
The Reptile Lady

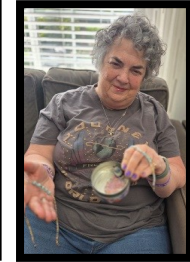
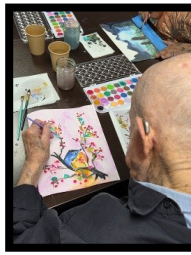
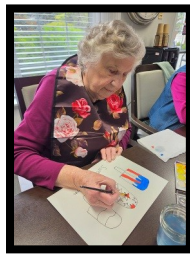
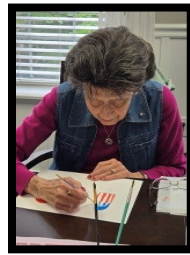


July 4th Parade



Arts & Crafts

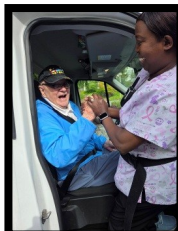
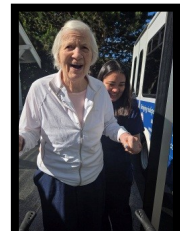
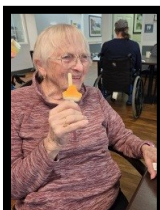
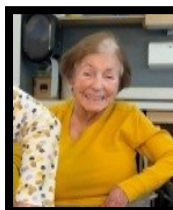
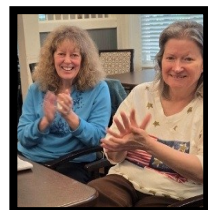
Show-n-Tell



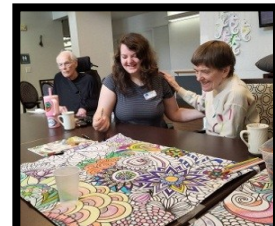
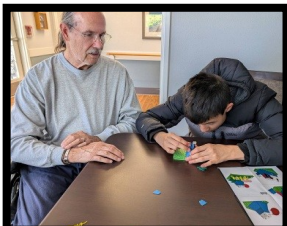
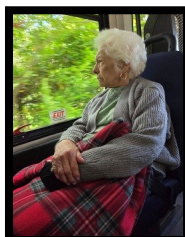
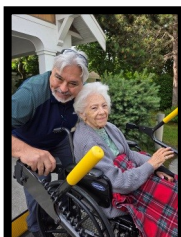
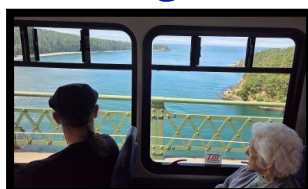
Author—Nora Nickum—Twelve Daring Grays



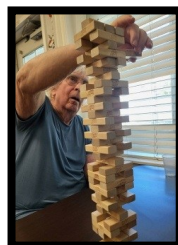
Memory Care Moments



On the Road Again



Fun & Games





Bringing independence to living and quality to life

1040 SW Kimball Drive ~ Oak Harbor, WA 98277

360-279-0933



**Join us in the fight to End Alzheimer's
Regency on Whidbey's Annual Rock-a-Thon**

Friday, August 28th

9:00am—4:30pm

Or Donate on-line at:

<http://act.alz.org/goto/regencyonwhidbey>