

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2026

Assisted Living & Cottages

						
1:00 Movie (T) 3:00 Church – Pastor Gareth Forney (AR) 5:45 Movie (T) 	2 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Travelogue – Guatemala (AR) 5:45 Movie (T)	3 Doctor Day 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 Jeopardy Trivia (AR) 1:00 Movie (T) 1:30 Active Games – Senior Twister (AR) 3:00 Chocolate Chip Cookie Social (AR) 5:45 Movie (T)	4 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Mini Clutch Bag Craft (AR) 5:45 Movie (T)	5 Doctor Day 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 Brain Games – Who, What, Where? (AR) 1:00 Movie (T) 1:30 Hand Massage & Nail Care (AR) 3:00 Happy Hour & Music with Steve & Ward (AR) 5:45 Movie (T)	6 Shopping Day Bus leaves @ 9:30 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Pinochle (L) 1:30 Bingo (AR) 3:00 Friday Fun – Sunshine Songs (AR) 5:45 Movie (T)	7 1:00 Movie (T) 1:30 Bingo with Brynn (AR) 5:45 Movie (T) 
1:00 Movie (T) 3:00 Church – Pastor David Crawford (AR) 5:45 Movie (T) 	9 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Travelogue – Graceland (AR) 5:45 Movie (T)	10 Doctor Day 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 Brain Games – Words in a Word (AR) 1:00 Movie (T) 1:30 Resident Meeting (AR) 3:00 Iced Tea Social (AR) 5:45 Movie (T)	11 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Sunflower at Sunset Painting (AR) 5:45 Movie (T)	12 Doctor Day 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 You Be the Judge! (AR) 1:00 Movie (T) 1:30 Hand Massage & Nail Care (AR) 3:00 Happy Hour & Music with Ryan Prichard (AR) 5:45 Movie (T)	13 Shopping Day Bus leaves @ 9:30 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Pinochle (L) 1:30 Bingo (AR) 3:00 Friday Fun – Broadway Tunes with Maryann Nowicki (AR) 5:45 Movie (T)	14 1:00 Movie (T) 5:45 Movie (T) 
1:00 Movie (T) 3:00 Church – Pastor Gareth Forney (AR) 5:45 Movie (T) 	16 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Purple for Alzheimer's Tie-Dye (AR) 5:45 Movie (T)	17 Doctor Day 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 Jeopardy Trivia (AR) 1:00 Movie (T) 1:00-1:30 Library on Wheels (AR) 1:30 Active Games – Balloon Bash (AR) 3:00 Good News in 2026 (AR) 5:45 Movie (T)	18 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Craft Wrap-Up (AR) 5:45 Movie (T)	19 Doctor Day 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 Brain Games – Uzzle (AR) 1:00 Movie (T) 1:30 Hand Massage & Nail Care (AR) 3:00 Happy Hour & Music with Lori & Friends (AR) 5:45 Movie (T)	20 Shopping Day Bus leaves @ 9:30 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Pinochle (L) 1:30 Bingo (AR) 3:00 Friday Fun – Sing-a-Long (AR) 5:45 Movie (T)	21 1:00 Movie (T) 1:30 Bingo with Brynn (AR) 5:45 Movie (T) 
1:00 Movie (T) 3:00 Church – Pastor David Crawford (AR) 5:45 Movie (T) 	23 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Piano Music with Jason Brooks (AR) 5:45 Movie (T)	24 Anacortes Doctor Day 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 Brain Games – Sudoku (AR) 1:00 Movie (T) 1:30 Active Games – Lacrosse Catch (AR) 3:00 August Birthday Social (AR) 5:45 Movie (T)	25 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:00 Bridge (L) 1:30 Bingo (AR) 2:45 Mystery Scenic Drive 3:00 Watercolor Free Paint (AR) 5:45 Movie (T)	26 Doctor Day 9:30 Music in the Morning (AR) 10:00 Video Mornings in Motion (AR) 10:45 You Be the Judge! (AR) 1:00 Movie (T) 1:30 Hand Massage & Nail Care (AR) 3:00 Happy Hour & Music with Keystone (AR) 5:45 Movie (T)	27 Shopping Day Bus leaves @ 9:30 9:00-4:30 Regency on Whidbey's Alzheimer's Rock-a-Thon  1:00 & 5:45 Movie (T)	28 1:00 Movie (T) 1:30 Bingo with Brynn (AR) 5:45 Movie (T) 
1:00 Movie (T) 3:00 Church – Pastor Gareth Forney (AR) 5:45 Movie (T) 	30 9:30 Music in the Morning (AR) 10:00 Mornings in Motion (AR) 11:00 Wheel of Fortune (AR) 1:00 Movie (T) 1:30 Bingo (AR) 3:00 Healthy Living Talk with Martin Iverson (AR) 5:45 Movie (T)	31 <i>“Everything good, everything magical happens between the months of June and August.”</i> <i>--Jenny Han</i> 				

ALL Activities are subject to change – Please check the Elevators and the Front Desk for the most up-to-date schedule of Activities