

August, 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Join us in the Activity Room to watch videos of various locations in Oregon this month.		Medical Transport 9-11am Tuesdays		Medical Transport 9-11am Thursdays		Bertel's Birthday 1 8:30 Coloring/Fellowship 10:00 Drummercise 11:00 Chair Exercise 1:00 Music in the Park – OOF
2 9:00 Board Games 10:00 Chair Exercise 11:00 Whiteboard Games 1:00 Puzzle Time – LR 2:00 Women's Card Games 4:00 Noodle Ball	3 8:30 Coloring/Fellowship 10:00 SAIL Exercise 11:00 Activity Packets 1:00 Monday Matinee – LR 3:00 Bible Study 4:00 Noodle Ball	4 8:30 Coloring/Fellowship 10:00 Chair Tai Chi-Michelle 11:00 Story Time 1:00 Pet Therapy – Ladybug 2:00 Men's Club 3:30 Social Hour	5 8:30 Coloring/Fellowship 10:00 SAIL Exercise 11:00 BINGO 1:00 Shopping – OOF 4:00 Oregon Coast Video	6 8:30 Coloring/Fellowship 10:00 Chair Yoga 11:00 Maritime Museum 1:00 Cat Cuddling – OOF 3:30 Social Hour/Family Feud	7 8:30 Coloring/Fellowship 10:00 Chair Exercise 11:00 Brain Exercise 12:00 Farmer's Market - OOF 4:00 Noodle Ball	8 Dawn is off 8:30 Coloring/Fellowship 10:00 Drummercise 11:00 Chair Exercise 9am to 3pm – Garage Sale PSAC
9 9:00 Board Games 10:00 Chair Exercise 11:00 Whiteboard Games 1:00 Puzzle Time – LR 2:00 Women's Card Games 4:00 Noodle Ball	10 10:00 SAIL Exercise 11:00 Activity Packets 1:00 FREE Movie – Neptune 1:00 Monday Matinee – LR 3:00 Bible Study 4:00 Noodle Ball	11 9:00 Oregon – Pixieland 10:00 Chair Tai Chi-Michelle 1:00 Story Time 2:00 Men's Club 2:00 All Staff Meeting 3:30 Social Hour	12 9:00 Church 10:00 SAIL Exercise 11:00 BINGO 1:00 Shopping – OOF 4:00 Oregon Hidden Paradise Video	13 8:30 Coloring/Fellowship 10:00 Chair Yoga 11:00 Brain Exercise 1:00 Story Time 2:00 Men's Club 3:30 Social Hour/Family Feud	14 9:00 Forgotten Treasures-OOF 10:00 Chair Exercise 1:00 Colleen's Bakery – OOF 3:00 Manager Meeting 4:00 Noodle Ball	15 8:30 Coloring/Fellowship 10:00 Drummercise 11:00 Chair Exercise 1:00 CPHM – OOF Dog Days of Summer 3:30 1:1 with Resident
16 Genita's Birthday 9:00 Board Games 10:00 Chair Exercise 11:00 Whiteboard Games 1:00 Puzzle Time – LR 2:00 Women's Card Games 4:00 Noodle Ball	17 8:30 Coloring/Fellowship 10:00 SAIL Exercise 11:00 Activity Packets 1:00 Monday Matinee – LR 3:00 Bible Study 4:00 Noodle Ball	18 10:00 Chair Tai Chi-Michelle 11:00 Story Time 1:00 Pet Therapy – Ladybug 2:00 Men's Club 2:30 Sing Along w/Ellie & Celsa (Social Hour too)	19 8:30 Coloring/Fellowship 10:00 SAIL Exercise 11:00 BINGO w/Angie 1:00 Shopping – OOF 4:00 Oregon Video	20 8:30 Coloring/Fellowship 10:00 Chair Yoga 11:00 Brain Exercise 1:00 Resource Fair w/Angie 2:00 Food Committee – OD 3:30 Social Hour/Family Feud	21 8:30 Coloring/Fellowship 10:00 Chair Exercise 11:00 Brain Exercise 1:00 Kite Festival – OOF 4:00 Noodle Ball	22 8:30 Coloring/Fellowship 10:00 Drummercise 11:00 Chair Exercise 1:00 Music in the Park – OOF 3:30 1:1 with Resident
23 9:00 Board Games 10:00 Chair Exercise 11:00 Whiteboard Games 1:00 Puzzle Time – LR 2:00 Women's Card Games 4:00 Noodle Ball	24 8:30 Coloring/Fellowship 10:00 SAIL Exercise 11:00 Activity Packets 1:00 Monday Matinee – LR 3:00 Bible Study 4:00 Noodle Ball	25 8:30 Coloring/Fellowship 10:00 Chair Tai Chi-Michelle 1:00 Resident Council – OD 2:00 Men's Club 3:00 Paint & Sip	26 9:00 Church 10:00 SAIL Exercise 10:30 Veterans Lunch @ the Moose Lodge - OOF 1:00 Shopping – OOF 4:00 Oregon Video	27 8:30 Coloring/Fellowship 10:00 Chair Yoga 11:00 Brain Exercise 1:00 Story Time 2:00 Men's Club 3:30 Social Hour/Family Feud	28 Sue's Birthday 8:00 42nd Street Café – OOF 10:00 Chair Exercise 11:00 Coloring/Fellowship 1:00 Mobile Library 3:00 Ice Cream Social 4:00 Noodle Ball	29 Loretta's Birthday 8:30 Coloring/Fellowship 10:00 Drummercise 11:00 Chair Exercise 1:00 Thrift Shopping – OOF 3:30 1:1 with Resident
30 9:00 Board Games 10:00 Chair Exercise 11:00 Whiteboard Games 1:00 Puzzle Time – LR 2:00 Women's Card Games 4:00 Noodle Ball	31 8:30 Coloring/Fellowship 10:00 SAIL Exercise 11:00 Activity Packets 1:00 Monday Matinee – LR 3:00 Bible Study 4:00 Noodle Ball			Please see bulletin board for a posted copy of the PSAC Calendar of Activities	CPHM = Columbia Pacific Heritage Museum Ilwaco PSAC = Peninsula Senior Activity Center	C = Courtyard DR = Dining Room LR = Living Room OF = Out Front OD = Overflow Dining Room OOF = Out of Facility

*Activities subject to change. Please check the bulletin boards for any changes.