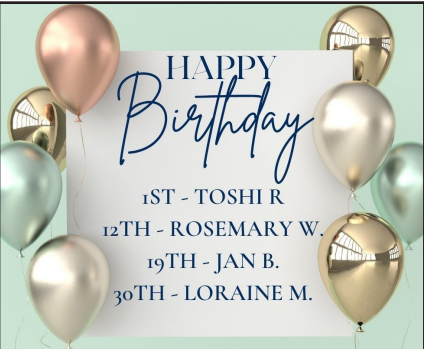
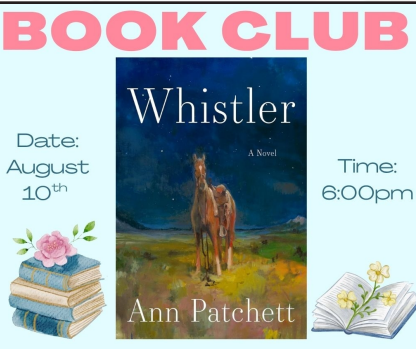


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	All Events Are Subject to Change	 HAPPY Birthday 1ST - TOSHI R 12TH - ROSEMARY W. 19TH - JAN B. 30TH - LORAIN M.	 BOOK CLUB Date: August 10th Time: 6:00pm Whistler Ann Patchett	 WELCOME August	 Summer	1 9:30 A Sit & Be Fit Exercise Class with Maritza 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:00 O Memory Care Scenic Drives 1:30 LB Self-Guided Wii Bowling 3:00 A BINGO! 6:00 A Evening Movie
2 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-Along 3:00 L Board Game: Rummikub 6:00 A Evening Movie	3 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Resident Council Meeting 1:00 O Shopping Outing - Walmart - Temecula 3:30 A Game - Horse Racing 6:00 A Evening Movie	4 10:00 C Petting Zoo! 11:00 A Devotional by Son Rise Church 1:00 D Root Beer Floats 2:00 AO Online Shopping Assistance 3:00 A BINGO! 6:00 A Evening Movie	5 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 O Birthday Card Making 1:30 L Love on a Leash - Therapy Dogs Visit 1:30 A Yoga Class with Arida 3:00 A Spanish 101 with Jose 6:00 A Evening Movie	6 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Morning Chronicles 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:00 A Evening Movie 7:00 PD Bible Study by Christ Church	7 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 1:30 CS Country Store Shopping 3:30 D Happy Hour with Phil L. ♪ 6:00 A Evening Movie	8 9:30 A Sit & Be Fit Exercise Class with Maritza 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:00 O Memory Care Scenic Drives 1:30 LB Self-Guided Wii Bowling 3:00 A BINGO! 6:00 A Evening Movie
9 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-Along 3:00 L Board Game: Rummikub 6:00 A Evening Movie	10 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Shopping Outing - Major Market - Fallbrook 3:30 A Game: Beanbag Tossing 6:00 A Evening Movie	11 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional by Son Rise Church 1:00 D Root Beer Floats 2:00 AO Online Shopping Assistance 3:00 A BINGO! 6:00 A Evening Movie	12 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 O Lunch Outing - Garden Center 1:30 A Yoga Class with Arida 2:30 A Paint and Sip Club 6:00 A Evening Movie	13 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Morning Chronicles 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A Pottery Class with Celeste & Friends 6:00 A Evening Movie 7:00 PD Bible Study by Christ Church	14 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 1:30 CS Country Store Shopping 3:30 D Happy Hour with Byrne & Harriet N. ♪ 6:00 A Evening Movie	15 9:30 A Sit & Be Fit Exercise Class with Maritza 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:00 O Memory Care Scenic Drives 1:30 LB Self-Guided Wii Bowling 3:00 A BINGO! 6:00 A Evening Movie
16 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-Along 3:00 L Board Game: Rummikub 6:00 A Evening Movie	17 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Food Committee Meeting 1:00 O Shopping Outing - Trader Joe's - Temecula 3:30 A Card Game: Blackjack 6:00 A Book Club with Daniel - Book: Whistler	18 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional by Son Rise Church 1:00 D Root Beer Floats 2:00 AO Online Shopping Assistance 3:00 A BINGO! 6:00 A Evening Movie	19 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Lunch Outing - Nenihana - Temecula 1:30 A Yoga Class with Arida 3:00 A Armchair Travels - Destination: Exploring the Everglades 6:00 A Evening Movie	20 9:30 O Outing to: Pala Casino 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Morning Chronicles 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A BINGO! 6:00 A Evening Movie 7:00 PD Bible Study by Christ Church	21 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 1:30 CS Country Store Shopping 3:30 D Happy Hour with Dan D. ♪ 6:00 A Evening Movie	22 9:30 A Sit & Be Fit Exercise Class with Maritza 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:00 O Memory Care Scenic Drives 1:30 LB Self-Guided Wii Bowling 3:00 A BINGO! 6:00 A Evening Movie
23 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-Along 3:00 L Board Game: Rummikub	24 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Lunch Outing: The Broiler - Oceanside 3:30 A Craft Club	25 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Devotional by Son Rise Church 12:30 O Freany & Friends Concert - Fallbrook Library 1:00 D Root Beer Floats 2:00 AO Online Shopping Assistance 3:00 A BINGO! 6:00 A Evening Movie	26 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 O Men's Power Hour with Jimmy 1:30 A Yoga Class with Arida 3:00 D Game: Bowling 6:00 A Evening Movie	27 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 11:00 A Morning Chronicles 1:00 D Ice Cream Sundaes 2:00 RA Technology Assistance 3:00 A Pottery Class with Celeste & Friends 6:00 A Evening Movie 7:00 PD Bible Study by Christ Church	28 9:15 A Weightlifting Class 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Fallbrook Shopping Trips: Albertsons & CVS 12:15 PD Monthly Birthday Lunch 1:30 CS Country Store Shopping 3:30 D Happy Hour with Ron E. ♪ 6:00 A Evening Movie	29 9:30 A Sit & Be Fit Exercise Class with Maritza 10:00 L Outdoor Walk 11:00 LB Puzzle Pickup 1:00 O Memory Care Scenic Drives 1:30 LB Self-Guided Wii Bowling 3:00 A BINGO! 6:00 A Evening Movie
30 9:30 A Sit & Be Fit Exercise Class 10:00 L Outdoor Walk 10:30 RA Catholic Communion - Room Visits 1:30 A Favorite Old Hymns Sing-Along 3:00 L Board Game: Rummikub	31 9:15 A Chair Tai Chi with Pat 10:00 A Sit & Be Fit Exercise Class 10:30 L Outdoor Walk 10:45 O Shopping Outing - Dollar Tree 3:30 A Game: UNO					