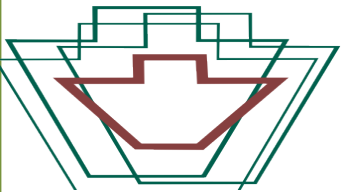




INDEPENDENT LIVING
AUGUST 2026



Keystone
Commons
A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Monthly Theme</u> 	<u>Monthly Birthdays</u> 8/10- Donald Lever 8:18- Ed Podosek 8/18- Charlotte Kites- 90 th 8/20- Grace Snow-90 th 8/23- Bill Henry-85 th	<u>Muppet Mayhem Days</u> 6th- Wear Green Day 13th- Dress in Pink Glam for Miss Piggy Day 28th- Rock it Out like Animal- Rock and Roll Day				¹ 10:30- Bingo for Prizes-3A 12:30pm- Read Aloud- 2A 2pm- Honky Tonk Piano Man Performs-3A
² Mass at St Elizabeth's 2pm- Rummikub-Billiards	³ 9:30- Shopping in Chicopee 10:00- Communion w/Keith-T 10:30-Pitch-Billiards 12:30- Rosary-Theater 2pm- Muppet Racing-3A- Dollar Buyin 3:15- Wii Bowling- Theater 3:15- Canasta Billiards Room 6:45- Quarter Bingo w/Harriet-Pub	⁴ 9:30- Topic Talks-Pub 10:00- Blood Pressure Clinic-Pub 10:30- Immersive Interactive Exercise-3A 1pm- Wii Bowling- Theater 2pm- Painting Class- 3A 3:15- Blackjack- Dollar Buy-in-3A 6:45- Rummikub- Billiards	⁵ 9:30- Hubbard Coffee Chat-and Dani's Magical Sourdough-3A 10:30- Trouble Game-Billiards 12:30- Rosary-Theater 1pm- Wii Bowling- Theater 2pm- Docs of Dixie Performs-3A 3:30- Dime Bingo-3A 6:45- Rummikub-Billiards	⁶ Wear Green Day 9:30- Around the World Breakfast-3A 11:30- Monthly Birthday PIZZA PARTY- Pub for those with August Birthdays 1pm- Exercise w/ Lorraine-3A 2pm- Making Kermit Planters-3A (phase 1- Painting) 3:15- Jeopardy for Amateurs-3A "Frogs (Kermit) and Hogs (Miss Piggy)" 6:45- Canasta-Pub 6:45- Kings in the Corner- Billiards	⁷ 9:30- Coffee and Chronicles-Pub 10:30- Adaptive Boxing-3A 11:45- Bus Leaves for Lady Bea Scenic Cruise- Please eat lunch beforehand. 12:30- Rosary- Theater 3:30pm- Pokeno- Billiards Room 4pm- Happy Hour-Kermits Swamp Splash-Pub 6:45- Crazy 8's- Billiards	⁸ 10:30- Dime Bingo-3A 1pm- Card Games for Prizes- Billiards Room 2pm- Joanne and Donna Lee Performs-3A
⁹ Mass at St Elizabeth's 2pm- Rummikub-Billiards	¹⁰ 9:30- Shopping in Ludlow 10:00- Communion w/ Keith Theater 10:30-Pitch- Billiards 12:30- Rosary-T 1pm- Writing Jus Cuz-Pub 2pm- Corn Hole- Courtyard 3:15- Wii Bowling Theater 3:15- Canasta-Billiards Room 6:45- Quarter Bingo w/Denise-Pub	¹¹ 9:30- Topic Talks and Manicures-3A 10:00- Blood Pressure Clinic- Pub 10:30- Meditation w/ Rob-3A 1pm- Divine Discussion w/ Judy and Laurie-Theater 2pm- Wii Bowling- Theater 2pm- Jim Henson Documentary-3A 3:15- Blackjack- Dollar Buy-in-3A 6:45- Rummikub- Billiards	¹² 9:30- Hubbard Coffee Chat- Pub 10:30- Drumming Class-3A 12:30- Rosary-T 1pm- Manicures and Facial-Pub 2pm- Wii Bowling- Theater 3:30- Dime Bingo-3A 6:45- Rummikub-Billiards	¹³ Miss Piggy Glamour Day 10am- Coffee House-3A 10:30- Roger Hart Slideshow Presentation- Grand Canyon-3A 1pm- Exercise w/ Lorraine-3A 3:15- Jeopardy for Amateurs-3A Easy Nostalgia 6:45- Canasta- Pub 6:45- Kings in the Corner- Billiards	¹⁴ 9:30- Coffee and Chronicles-Pub 10:30- Double Card Bingo-3A 12:30- Rosary- Theater 1pm- Food Meeting-Pub 2pm- Pokeno- 3A 3pm- Sequence- Billiards Room 4pm- Happy Hour-Miss Piggy's Pink Glamour-Pub 6:45- Puzzle in the Billiards Room	¹⁵ 10:15- Caden Performs Piano- 1 st Floor Piano Room 12:30- Read Aloud-2A 2pm- Bingo for Prizes-3A
¹⁶ Mass at St Elizabeth's 2pm- Rummikub-Billiards	¹⁷ 9:30- Shopping in Chicopee 10:00- Communion w/ Keith Theater 10:30- Pitch- Billiards Room 12:30- Rosary-T 2pm- African Drumming W/ Tara IL Dining Room 3:15- Canasta- Billiards Room 3:15- Wii Bowling-Theater 6:45- Quarter Bingo w/Judy and Laurie-Pub	¹⁸ Celebrating Charlotte's 90th 9:30- Topic Talks-Pub 10:00- Blood Pressure Clinic- Pub 10:30- Meditaton and Massage w/ Amy and Lynn-3A 2 and 3pm- Tanglewood Marionettes visits Keystone for a one of a kind demo and workshop- sign up for a session-3A 6:45- Rummikub- Billiards	¹⁹ Bunsen and Beakers Science Lab 9:30- Tasting lab-3A- Guess by taste 10:30- Beakers Bubble Art-3A 12:30- Rosary-T 1pm- Bunsen and Beakers lab- Photoshoot-Billiards Room 2pm- Wii Bowling- Theater 3:30- The Great Muppet Bingo Show 6:45- Rummikub-Billiards	²⁰ Reiki or Massage 1-4 Pub Celebrating Grace's 90 ^h 9:30- Coffee and Trivia-Pub 10:30- Jeopardy for Amateurs-3A Bunsen and Beakers Brain Lab 1pm- Exercise w/ Lorraine-3A 3:15- Caretenders Presents-3A 6:45- Canasta-Pub 6:45- Kings in the Corner- Billiards	²¹ 9:30- Coffee and Chronicles-Pub 10am- Storrs Puppet Museum and lunch at Rein's Deli 10:30- Adaptive Boxing-3A 12:30- Rosary-T 1pm- Wii Bowling-Theater 3pm- Pokeno-3A 4pm- Happy Hour-Gonzo's Blue sky 6:45- Crazy 8's- Billiards	²² 9:30- Coffee Chat-2A 10:30- Dime Bingo-3A 1pm- Card game for Prizes 2pm- Bella Voce Performs 3:15- Newsletter Committee Meets-Pub
^{23/30} Celebrating Bill's 85 th Mass at St Elizabeth's 2pm- Rummikub-Billiards	^{24/31} 9:30- Shopping in Ludlow 10:00- Communion w/ Keith Theater 10:30- Pitch- Billiards Room 12:30- Rosary-T 1pm- Writing Just Cuz-Pub 2pm- Miss Piggy Purse Relay-3A 3:15- Canasta- Billiards Room 3:15- Wii Bowling-Theater 6:45- No Quarter Bingo-3A 31- Same as Above- Shopping Chicopee and 2pm- Balloon Volleyball	²⁵ 9:30- Topic Talks and Manicures-3A 10:00- Blood Pressure Clinic-Pub 10:30- Immersive Interactive Exercise-3A 11:30- Swedish Chef's Club-3A 1pm- Wii Bowling- Theater 2pm- Line Dancing-2A 3:15- Blackjack Dollar Buy-in-Pub 6:45- Summer Concert Series- Jimmy Mazz Performs in our Courtyard	²⁶ 9:30- Hubbard Coffee Chat-3A 10am- Men's Group w/ George-Pub Donuts and Coffee 11:30- Lunch Outing at Memo's in West Springfield 12:30- Rosary-T 1:30- Mark Performs from Berkshire 2pm- Wii Bowling- Theater 3:15- Ladder Bingo-3A 4pm- Wine Down Wednesday-Pub 6:45- Rummibub- Billiards	²⁷ 9:30- Coffee and Trivia-3A 10:30- Book Club Breakfast- Pub 1pm- Exercise w/ Lorraine-3A 2pm- Bill Shontz Performs-3A 3:15- Jeopardy for Amateurs-3A "Final Curtain" 5:30- Muppet Show Finale Dinner 6:45- Canasta- Pub 6:45- Kings in the Corner-Billiards	²⁸ Animal Rock Star Day 9:30- Coffee and Chronicles-3A 10:15- Drumming Class-3A 12:30- Rosary-T 1pm- Wii Bowling- Theater 2pm- Rock Star PhotoShoot-3A 3pm- Happy Hour- Animal Rock Star Smash Punch-3A- Photos of the Month Slideshow 6:45-Puzzle in the Billiards Room	²⁹ 10:30- Bingo for Prizes-3A 12:30- Read Aloud-2A 2pm- Popcorn Club- Theater