

RESIDENT BIRTHDAYS

Mary G. 8/3

Sherry D. 8/3

Christine R. 8/25

ASSOCIATE BIRTHDAYS

Elijah B. 8/7

Christa M. 8/12

Alece K. 8/16

Michele K. 8/16

Jonathon R. 8/17

Lily F. 8/21

Brandon U. 8/21

Tenisha P. 8/23

Adventure by Waltonwood is a personalized life enrichment program designed for seniors at Waltonwood Senior Living Residences. The program goes beyond traditional group activities to make residents' lifelong dreams and passions a reality. Experiences range from hot air balloon rides and helicopter tours to reuniting with long-lost friends.

How the Program Works

- **Personalized Requests:** Residents, family members, or staff can suggest a specific, meaningful experience for a resident.
- **Fulfillment:** Life enrichment managers reach out to local businesses and coordinate all logistics to make the dream happen.
- **Meaningful Memories:** Past localized adventures include attending Elvis Tribute Artist concert, Sound of Music production at the Fox Theater in Detroit, Tigers Baseball, Red Wing Hockey, Air Force Museum in Dayton, Easter Michigan Campus Tour, and much more!
- **At Waltonwood University**, you can experience this directly by speaking to Donna Donakowski, Life Enrichment Manager to make your dreams come true!



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask Celeste for details!

WALTONWOOD UNIVERSITY

AUGUST 2026

3250 Walton Boulevard, MI 48309
www.waltonwood.com | (248) 375-2500

New Era in Detroit

Detroit has experienced a historic real estate boom over the last decade, featuring newly constructed megaprojects and massive restorations of long-vacant architectural landmarks.

The new 22-acre **Ralph C. Wilson, Jr. Centennial Park** is located on the West Riverfront (1801 W. Jefferson) between the Ambassador Bridge and downtown Detroit. The \$80 million transformational green space features the Delta Dental Play Garden, the Sport House with Pistons-branded basketball courts, and the Huron-Clinton Metroparks Water Garden. The Park bridges a crucial gap in the city's infrastructure, connecting the Joe Louis Greenway to the downtown Riverwalk and Belle Isle on a continuous path. It regularly hosts free programming such as fitness walks, Zumba, and youth science activities

Notable new builds and restored buildings in Detroit include:

- **Hudson's Detroit Site (Bedrock):** This massive downtown megaproject features a soaring 685-foot mixed-use tower (one of the tallest in the state), luxury condominiums, the Detroit EDITION hotel, and unique event and retail spaces.
- **Michigan Central Station:** Ford Motor Company entirely restored this iconic 1913 Corktown train station into a gleaming global mobility and technology hub, featuring office space, community areas, and public retail.
- **Book Tower:** A Herculean \$300 million, 7-year restoration transformed this 1926 Italian Renaissance skyscraper into a mixed-use destination featuring the ROOST extended-stay hotel, apartments, and multiple restaurants.
- **Little Caesars Arena:** Opened in 2017, this state-of-the-art sports and entertainment venue serves as the anchor for the broader District Detroit development, which continues to add surrounding hotels and commercial spaces.
- **University of Michigan Center for Innovation (UMCI):** Situated just north of Beacon Park, this massive graduate-studies and research hub is designed to bring thousands of scholars and tech professionals directly to downtown.
- **New Construction & Expansions:** The 25-story **JW Marriott Detroit at Water Square** (with 600 rooms), the **Life Science Innovation Building** at the former jail site, and massive transformations at the **Henry Ford Health** campus are actively changing the skyline.



COMMUNITY MANAGEMENT

Zachary Adamski
Executive Director

Tammy Collins
Business Office Manager

Carrie Roehm
Marketing Manager

Barry Kekelik
Culinary Services Manager

Taylor Crowe
Environmental Services Manager

Brennen Bollinger
Independent Living Manager

Alyssa Duff
IL Life Enrichment Manager

Donna Donakowski
AL Life Enrichment Manager

Amber Williams
Resident Care Manager

Elijah Jones
Wellness Coordinator

Camp Waltonwood was a Great Success!

Starting with a festive registration table offering beach themed trinkets, to a giant 25 foot water slide, rain gutter regatta race, toddler pool play area, crafts, ice cream treats, specialty drinks and summer time BBQ buffet; our annual Camp Waltonwood was a splashing success! The youngsters has a grand time, and the adults loved watching them! Looking forward to more community wide events again in September!



July HIGHLIGHTS

5

Marge 100th Birthday

7

Centenarian Sing a Long



9

Tillie 100th Birthday

24

Gorgeous Grandma Spa Day



Forever Fit: Practicing Patience

Rarely in life are we a great at a new endeavor. It takes weeks, months and sometime years of working at a craft before we feel that we've truly mastered it. Exercise is no different. For many, the biggest obstacle standing between them and a more active lifestyle is the initial frustration of starting something new. While it can feel a bit overwhelming as you work through the early struggles, be patient and give yourself the grace to learn from your challenges as you work to strengthen your body and mind. We've all started our fitness journey from the ground up and good things take time to cultivate. Making the commitment to move more will challenge you, but it will also leave you feeling better than ever!

Transportation Reminders

Waltonwood University provides transportation to doctor and other necessary pre-scheduled appointments. Residents must schedule transportation at least one full week in advance to ensure availability. In order to accommodate other community outings, these appointments need to be scheduled on Mondays and Thursdays between the hours of 9a-2p. All appointments must be within a 10-mile radius of the community. Exceptions to day and distance will be considered if driver is available and with approval of the Life Enrichment Manager. Please note, driver is responsible for transportation to and from appointments, as well as other occasional urgencies. Please do not assume he is available without a scheduled appointment. Transportation request forms can be found at the driver's desk near the front concierge desk.

EVENTS TO ADD TO YOUR CALENDAR

5

Outing Ric's Driving Tour of Detroit

11

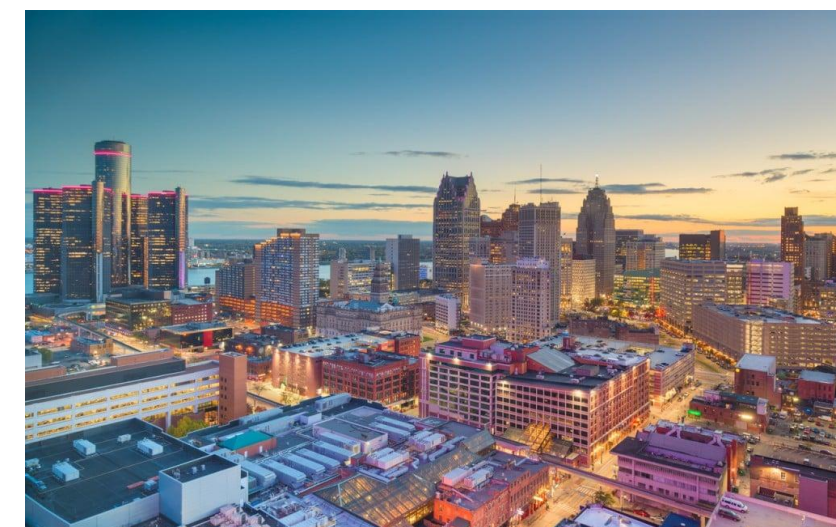
OPC Ukulele Band

20

Lemonpallooza Party

26

Blanket Tying Craft



Executive Director Note: Zachary Adamski

August arrives with the warmth of summer and the promise of making the most of every sunny day. Named after Augustus Caesar, the month of August has long been associated with achievement, celebration, and abundance. It is a time when gardens are at their peak, families gather to enjoy the season, and communities come together to create lasting memories. At Waltonwood University, August is a wonderful opportunity to embrace connection, adventure, and lifelong learning. As the summer season begins its gentle transition toward fall, we encourage residents to enjoy our outdoor events, social gatherings, wellness activities, and opportunities to spend time with friends and family. Whether you're attending a concert, participating in a fitness class, sharing stories with neighbors, or simply enjoying a peaceful afternoon in our beautiful community, there is something for everyone to enjoy.