



AUGUST BIRTHDAYS

Ursula Alebrand - 8/3

Ann Powers - 8/13

Kay Shlaes - 8/16

Message Therapy

Call 1-301-614-6158
to make appointments
or reach out to
massages222@outlook.com

SALON

Call 1-301-543-9140
to make appointments
or reach out to
wwashburn@southernluxesalons.com



FAMILY & FRIENDS REFERRAL PROGRAM!

Getting to Know Your Neighbor: Michael

Michael is a man of few words, but you never really know what he's going to say next. His quiet nature is often paired with an unexpected sense of humor that keeps everyone smiling.

Born in Chicago, Illinois, Michael is the proud father of three children: Michael, Dorothy, and Hilery. Throughout his career, he worked as an investment banker, bringing dedication and professionalism to everything he did.

Michael enjoys all things sports, with golf and tennis topping the list of his favorites. He's also a devoted fan who can often be found watching the latest game in our community man cave or soaking up the sunshine in the courtyard.

Michael has a sweet spot for coffee-flavored ice cream, dreams of vacations in beautiful Bermuda, and loves listening to the timeless rock music of the 1950s and 1960s.

Michael's quiet presence and unique personality make him someone who is truly appreciated by all who know him. We have been honored to have him as part of our community.



\$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASHBURN CONNECT - MC

August 2026



August Program Highlights

8/7 Happy Hour - Nacho Bar

8/13 New Game: Wimbledon

8/15 Camp Waltonwood

8/17 Personalizing Jenga

8/20 Musical BINGO

8/21 Happy Hour - Dirty Sodas

8/27 Diamond Paintings

Brain Teaser

Which U.S. state became the 49th state in August 1959?

A. New Jersey

B. Hawaii

C. Alaska

Answer: C. Alaska



44145 Russell Branch Parkway, Ashburn, VA 20147
www.waltonwood.com | 571-918-4854
Facebook: /WaltonwoodAshburn

COMMUNITY MANAGEMENT

Christopher Leinauer Executive Director

Audrey Wilson
Business Office Manager

Chelsea Gray
Marketing Manager

Victor Ast
Marketing Manager

Eduardo Villasmil
Culinary Services Manager

Dwayne Johnson Maintenance Manager

Tracy Philemon
Independent Living Manager

Sharon Prior
Resident Care Manager

Kesha Sampson
AL Wellness Coordinator

Sheryl Warren-Graham
MC Wellness Coordinator

Jocelyn Jackson
IL Life Enrichment Manager

Brandy Alexander
AL Life Enrichment Manager

Desiree Gilbert
MC Life Enrichment Manager

Employee Of The Month: Rosario Martinez de Lopez

Congratulations to Rosario Martinez de Lopez for being selected Employee of the Month! Rosario was chosen because she goes above and beyond.



Rosario first joined the Waltonwood family in 2019 as a server, where her natural warmth and dedication shone brightly. In 2022, she transitioned into her current role as our night shift concierge. Known for her sincere empathy, vibrant passion, and genuine heartfelt smiles, Rosario brings immense joy to our residents. She is always ready to share a comforting hug. Rosario is beloved by everyone for her warm demeanor and genuine care. She thrives on professional growth, enjoying the fact that she learns something new every day.

Originally from Perú, Rosario graduated from Garcilazo De La Vega University with an Associate’s Degree in Accounting and later expanded her skills here in Virginia through courses in English, human resources, and taxation. She moved to New York 22 years ago, but soon realized she wanted a calmer, more balanced lifestyle. That search for a better quality of life led her to Virginia where she found a community that matched her values and a workplace where she could grow, contribute, and feel at home.

Family is at the center of Rosario’s world. She is a proud mother of three and grandmother of four. Outside of work, she enjoys cooking her traditional arroz con pollo, watching suspenseful dramas and romantic movies with her husband, and staying active by playing games and riding bikes with her beloved grandchildren—moments that reflect the same warmth and dedication she brings to her role every day.

FOREVER FIT: PRACTICING PATIENCE

Rarely in life are we a great at a new endeavor. It takes weeks, months and sometime years of working at a craft before we feel that we’ve truly mastered it. Exercise is no different. For many, the biggest obstacle standing between them and a more active lifestyle is the initial frustration of starting something new. While it can feel a bit overwhelming as you work through the early struggles, be patient and give yourself the grace to learn from your challenges as you work to strengthen your body and mind. We’ve all started our fitness journey from the ground up and good things take time to cultivate. Making the commitment to move more will challenge you, but it will also leave you feeling better than ever!

TRANSPORTATION INFORMATION

Medical transportation is available on Mondays & Wednesdays from 8:30-4:00.Appointments must be made using the “Transportation Request Form” located at the front desk and requested no less than 2 business days (Mon-Fri) in advance by 4pm. We do not process requests over the weekend.

Here’s where we’re headed this month!

Sign up for the **Lunch Bunch and Shopping Trips** with Desiree Gilbert! Lunch and shopping bills will be added to monthly dues.

7/6 Scenic Drive @ 1:30pm

7/20 Lunch Bunch @ 11am

7/27 Scenic Drive @ 1:30pm

July Flashbacks



Executive Director Corner

The Dog Days of Summer are upon us. Please be mindful of the summer heat. Seek shade when necessary and stay hydrated. We have several notable communitywide events occurring in August. Our Clear the Shelters campaign continues. We’re still collecting donations for the local animal shelter. If interested, please drop your donations at the front desk. Camp Waltonwood is an intergenerational, Jurrassic themed event. Camp is open to children of all ages and will be held on August 15th. Please review the calendar for more information regarding these fun August events.

