

The Waltonwood Experience



3450 West 13 Mile Road, Royal Oak, MI 48073
www.waltonwood.com | 248-549-6400
Facebook: /WaltonwoodRoyalOak

Royal Oak Connect

AUGUST 2026

DREAM CRUISE
Dinner Party

Wednesday, August 12th
4 - 7 p.m.

Join Waltonwood Royal Oak for a Dream Cruise celebration with dinner, classic cars, live music, sweet treats and more!

4 p.m. Buffet Dinner	 Redefining Retirement Living	Tickets Include dinner and entertainment
5 p.m. Car Show		Adults: \$25
6 p.m. Live Entertainment		Children 10 and under: \$10

PLUS... Raffle drawing for a gift basket with proceeds benefiting the Alzheimer's Association

Licensed Assisted Living | 3450 West Thirteen Mile Rd., Royal Oak

www.Waltonwood.com | www.SinghCareers.com

August Birthdays

Residents

- Eileen Y. 8/7
- Frank D. 8/11

Associates

- LaPorsche M. 8/1
- Valentina B. 8/11
- Cassandra S. 8/12
- Robert C. 8/13
- Shantel B. 8/22

New Residents

- Ron G.
- Jim G.
- Ernie W.
- Marlene P.



Beat the August Heat with a Sweet Treat

August is the perfect time to enjoy ice cream. And there are so many delicious flavors—from mint chocolate chip to Oreo to rocky road to lemon pie—that you could easily sample a new one each day of the month. However, up until the turn of the 20th century, ice cream was a luxury item. Today, the cool, creamy treat is available in nearly every grocery, corner store, restaurant, and home freezer. And while there are literally thousands of flavor options, the most popular of all is simple: vanilla. It's unclear when ice cream was invented, but it was eaten in ancient China, where rulers enjoyed a frozen concoction made by packing milk and rice into snow.

The first hand-crank freezer was invented in 1846; before that, ice cream was stirred by hand in a bowl nestled over a bucket of salt and ice. In 1851, mass ice cream production began, making it possible for us all to scream for ice cream.

Waltonwood kicks August off with Ice Cream Sandwich Day on August 2nd. We'll be hosting a delightful ice cream sandwich pickup for everyone to enjoy. Additionally, on August 14th we will celebrate National Creamsicle Day with a trip the ice cream parlor for some residents and a Creamsicle social for the residents that stay behind in the community.

COMMUNITY MANAGEMENT

Taylor Obomsawin
Executive Director

Vicki Shotwell
Business Office Manager

Donyel Snead
Life Enrichment Manager

Alisa Ricumstrict
Resident Care Manager

FaShunda Braswell
Wellness Coordinator

Marketing Manager
Celeste Roth

Evan Elliott
Culinary Services Manager

Dining Room Supervisor
Tamia Davis

Sharon Boucher
Dining Room Supervisor

Jorden Swan Environmental
Service Manager

Nicholle Williams
Housekeeping and Laundry
Supervisor



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASSOCIATE SPOTLIGHT

Congratulations to April M., our Employee of the Month for August! Since joining Waltonwood in March, April has been an invaluable member of the housekeeping department working in the laundry room, ensuring our residents always have clean clothes. Her special skill is gratitude, as she believes every moment is a memorable one. On weekends, she enjoys relaxing with music and has a knack for remembering every song. April is also related to former Detroit Lions player Trey Flowers! A fan of all Detroit sports teams, her favorite candy is a Twix, and her go-to drink would be a Frappuccino if calories didn't count. April loves jamming to “Let it Whip” by Dazz Band. Thanks April, for your dedication and positivity!



TRANSPORTATION INFORMATION

The Waltonwood bus is available for reservations to go to medically necessary doctor's appointments & essential errands (grocery store, banks, salons)! Mary Ann is available to take residents to appointments Monday - Friday from 9 am to 3 pm! Please make bus reservations at the front desk. You can also speak to Mary Ann personally to set up your reservations. If we are not able to accommodate your scheduled appointments you may wish to contact the Smart Bus Company at 1-866-962-5515 or 734-212-8429



JULY HIGHLIGHTS

04

4th of July Celebration

09

Cooking Demo with Chef Evan



19

National Ice Cream Day – Ice Cream Social

23

Nurse Talk with our Resident Care Manager, Alisa



AUGUST SPECIAL EVENTS

03

Watermelon Social Celebrating National Watermelon Day

17

Drum Fitness with Sunny 3:00PM

21

Live Music with Ben 3:30PM

27

Outing- Yoga in Park with Katie 12:45PM



FOCUS ON FITNESS: Practicing Patience

Rarely in life are we great at a new endeavor. It takes weeks, months and sometime years of working at a craft before we feel that we’ve truly mastered it. Exercise is no different. For many, the biggest obstacle standing between them and a more active lifestyle is the initial frustration of starting something new. While it can feel a bit overwhelming as you work through the early struggles, be patient and give yourself the grace to learn from your challenges as you work to strengthen your body and mind. We’ve all started our fitness journey from the ground up and good things take time to cultivate. Making the commitment to move more will challenge you, but it will also leave you feeling better than ever!

By Chris Grabowski

Get ready for a fun-filled August at our community! We are excited to announce a delightful Botanical Fashion Show organized by our talented caregiver, Andrea, featuring some of our wonderful residents as models. This event promises to showcase creativity and style in a very unique way. As a way to join in on the fun, by wearing a floral print on August 6th. Additionally, don't miss our entertaining **Dog Show on August 7th**, where furry friends will impress us with their amazing tricks! As a reminder, we are accepting donations of pet food and other supplies with donations going to the Animal Welfare Society of Southeast Michigan.

Mark your calendars for our **Annual Dream Cruise Party on August 12th**, followed by a thrilling outing to a **Tigers game on August 13th**. We'll also be celebrating National Lemonade Day, perfect for cooling off on those hot summer days. Join us for a month of fun, laughter, and community spirit!