



Congratulations to Rosario Martinez de Lopez

August Employee of the Month!

Rosario was chosen because she goes above and beyond!

Rosario first joined the Waltonwood family in 2019 as a server, where her natural warmth and dedication shone brightly. In 2022, she transitioned into her current role as our night shift concierge. Known for her sincere empathy, vibrant passion, and genuine heartfelt smiles, Rosario brings immense joy to our residents. She is always ready to share a comforting hug. Rosario is beloved by everyone for her warm demeanor and genuine care. She thrives on professional growth, enjoying the fact that she learns something new every day.



Originally from Perú, Rosario graduated from Garcilazo De La Vega University with an Associate’s Degree in Accounting and later expanded her skills here in Virginia through courses in English, human resources, and taxation. She moved to New York 22 years ago, but soon realized she wanted a calmer, more balanced lifestyle.

That search for a better quality of life led her to Virginia where she found a community that matched her values and a workplace where she could grow, contribute, and feel at home.

Family is at the center of Rosario’s world. She is a proud mother of three and grandmother of four. Outside of work, she enjoys cooking her traditional arroz con pollo, watching suspenseful dramas and romantic movies with her husband, and staying active by playing games and riding bikes with her beloved grandchildren—moments that reflect the same warmth and dedication she brings to her role every day.

Birthdays:

- Gratia N. 8/3
- Betty S. 8/8
- Jean R. 8/10
- Maggie M. 8/21
- Laele P. 8/25
- Sally B. 8/26
- Pierrette F. 8/30



f WaltonwoodAshburn

Life at Waltonwood Ashburn is filled with laughter, lasting connections, and meaningful moments between residents and our team.

Scan the QR code to follow along on Facebook and see what makes our community so special.



\$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

**ASHBURN
CONNECT**

**Assisted Living
August 2026**



August

August brings new enriching programs here at Waltonwood! We kicked off our company-wide Waltonwood “Clear the Shelter” pet campaign which will continue into August culminating on Camp Waltonwood day. There is donation collection located by the front concierge desk. Stay tuned for more exciting programs to help this worthy cause!

August 15th will be the return of Camp Waltonwood. You and your grandchildren are invited to stomp, chomp, and explore at Camp Waltonwood. The agenda includes dino-mite activities including games and a petting zoo, crafts, a hands-on laboratory experiment, and more! A prehistoric lunch will also be served. RSVP for you and your young paleontologist 571-918-4854.

I hope to see you all
in the AL neighborhood!



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Facebook: /WaltonwoodAshburn

**COMMUNITY
MANAGEMENT**

Christopher Leinauer
Executive Director

Audrey Wilson
Business Office Manager

Chelsea Gray
Marketing Manager

Victor Ast
Marketing Manager

Eduardo Villasmil
Culinary Services Manager

Dwayne Johnson
Maintenance Manager

Tracy Philemon
Independent Living
Manager

Sharon Prior
Resident Care Manager

Kesha Sampson
AL Wellness Coordinator

Sheryl Warren-Graham
MC Wellness Coordinator

Jocelyn Jackson
IL Life Enrichment Manager

Brandy Alexander
AL Life Enrichment Manager

Desiree Gilbert
MC Life Enrichment Manager



July HIGHLIGHTS



If you would like to book Mon or Wed transportation, please see front desk concierge for a Transportation Request Form. Prior notice of 2 business days is needed. We also offer drop off services on Sunday to specific church's and local retail stores. To sign up or for more information regarding Sunday transportation please contact: **Jocelyn Jackson:** **1-571-918-4854** or via email: **Jocelyn.Jackson@singhmail.com**

Here's where we're headed this month!

- 7/:4: Donuts at Dunkin' 11am (no money needed)
7/11: Scenic Ride 11am
7/18: Scenic Ride 11am
7/25: Lunch Bunch, Restaurant Outing: McAlister's Deli 12:30pm
- (need minimum of 4 residents signed up to go, sign up no later than 7/18, residents will need to be able to self-pay for their meal)
- *For shopping and restaurant outings residents must be able to navigate personal needs, shopping and purchases, providing their own method of payment.**

Upcoming in August (See calendar for more details)

Health Talks with Dana! Environmental Art with Juliet Camp Waltonwood!
Lee Jones Concert Series Monday Happy Hour with Live Music

We are encouraging residents to participate in a company-sponsored program called **Adventure by Waltonwood**. At Waltonwood we pride ourselves on providing residents with exceptional life experience. The purpose of this program is to encourage residents to pursue their life's desires and ambitions. Adventures can be as big or small as you would like--the possibilities are endless! Residents can nominate themselves for an adventure, or be nominated by a family member, staff or other residents. If you have any questions, want to submit an adventure request, or would like more information about our program please reach out to Brandy Alexander, Life Enrichment manager.



FOREVER FIT: Practicing Patience

Rarely in life are we a great at a new endeavor. It takes weeks, months and sometime years of working at a craft before we feel that we've truly mastered it. Exercise is no different. For many, the biggest obstacle standing between them and a more active lifestyle is the initial frustration of starting something new. While it can feel a bit overwhelming as you work through the early struggles, be patient and give yourself the grace to learn from your challenges as you work to strengthen your body and mind. We've all started our fitness journey from the ground up and good things take time to cultivate. Making the commitment to move more will challenge you, but it will also leave you feeling better than ever!

EXECUTIVE DIRECTOR CORNER

The Dog Days of Summer are upon us. Please be mindful of the summer heat. Seek shade when necessary and stay hydrated. We have several notable communitywide events occurring in August. Our Clear the Shelters campaign continues. We're still collecting donations for the local animal shelter. If interested, please drop your donations at the front desk. Camp Waltonwood is an intergenerational, dinosaur themed event. Camp will be held on August 15th. Please review the calendar for more information regarding these fun August events.

