



RESIDENT BIRTHDAYS

8/3: Jacqueline Herde
8/7: Fran Gallagher
8/7: Jan Walker
8/9: Arlene Boyle
8/10: Anne Marie Willi
8/14: Marie Repasky
8/22: Mary Nazareth
8/25 Jimmy Bloom
8/25: Frank Prior
8/25: Elaine Wasserman
8/27: Bill Souders
8/30: Peggy McGough
8/31 Lois Downie
8/31: Pat Strickler



News Tidbits:

APARTMENT IN-HOUSE CHANNEL & APP: Did you know that you can find out what activities are happening in our community every day right from your TV by going to Channel 1970? You can even download the Intouchlink TV app on your cell phone to have the schedule right at your fingertips. Check out what activities are happening for the day and join all the fun.

ADVENTURE BY WALTONWOOD: We are looking for residents who are interested in an opportunity for a personalized and meaningful experience in 2026. The Adventure by Waltonwood program fulfills resident aspirations, revisits moments in time and rekindles connections. If you are interested in a personalized adventure, please contact Jocelyn.

COMMUNITY COMMUNICATION

8/1	Tacy Music Foundation Concert	8/18	Short Film Viewing & Discussion
8/3	Gym Equipment Demonstration	8/19	Good-Looking Grandpa Day Lunch: BBQ & Brews (RSVP by 8/12)
8/4	Lunch & Learn with Dana: Cancer Immunotherapy Treatment	8/19	Art Class with Juliet Gilden
8/4	Fabulous 50s Fling	8/19	Vocal Guitar Concert with Laurie M
8/4	National Night Out Event	8/21	Spice Up Your Life with Indonesian Spices Presentation with Indri
8/5	Brew Ha Ha Café	8/21	National Senior Citizens Day Golden Years Gala
8/5	Oil Painting Class with Heather C	8/22	How Well Do You Remember Songs Trivia with Bob S
8/5	Vocal Guitar Concert with Katy M	8/24	Local Artist Kim Richards Presen.
8/6	Dinosaurs of the Sea Presentation with Andrew Wilson	8/24	Tropical Oasis Beach Party
8/10	Languages of the Bible Presentation	8/25	History & Traditions of India with Tracy
8/10	Sing Along with Bix	8/25	Vocal Guitar Concert with Joe D
8/11	Koffee Klatsch with Dana: Nutrition Tips for Seniors	8/26	Zora Neale Hurston Presentation with Juliet Gilden
8/11	Piano Bar with Bob Clark	8/26	Lunch Out/In: Andolini's (RSVP)
8/12	Card Making with Kathy McMeekin	8/26	Piano Concert with Quentin Walston
8/12	Vocal Instrumental Concert with Bobbe Shore Trio	8/27	Music of the Melting Pot Presen. with Jimmy B
8/14	Diversity Awareness Presentation: America's Great Melting Pot	8/31	History of Shinto Religion with Jose
8/14	Harpicord Concert with Steve Hilton		
8/17	Classical Era Presentation with JJ		



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

ASHBURN CONNECT

AUGUST 2026



SINGH

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www.waltonwood.com | 571 918-4854
Facebook: WaltonwoodAshburn



UPCOMING EVENT HIGHLIGHTS

August was originally named Sextillis because it was the sixth month of the Roman calendar. Although there are no holidays in August, we are still going to have a “roaring” good time creating our own special events. It's time for the Primary Election. Elvis is back in the building. Be sure to come down and swoon over this Rock n' Roll legend. The fun continues at our Fabulous 50s Fling. We'll dance to more 50s and 60s music and coke floats. We're celebrating National Night Out for the first time. Join us for a drink on the patio as we honor our police officers and learn about neighborhood safety and camaraderie. Calling all children, grandchildren and great grandchildren! Before heading back to school, join us for Camp Waltonwood. This year is dinosaur themed, Roar and Explore. This month we're celebrating our grandpas with a barbecue and brews luncheon. We honor you during our National Senior Citizens Day Golden Years Gala. If you enjoy golfing you won't want to miss heading to a local golf course for a 9 hole game and lunch. Join us for a trip to Indonesia with Indri as she shares history, traditions and food. Tracy is doing a presentation about India too. We head to the beach before we have the autumn weather returning. Life is good at Waltonwood.

COMMUNITY MANAGEMENT

Christopher Leinauer
Executive Director

Audrey Wilson
Business Office Manager

Eduardo Villasmil
Culinary Services Manager

Dwayne Johnson
Environmental Services Manager

Tracy Philemon
Independent Living Manager

Chelsea Gray
Marketing Manager

Victor Ast
Marketing Manager

Sharon Prior
Resident Care Manager

Kesha Sampson
AL Wellness Coordinator

Sheryl Warren-Graham
MC Wellness Coordinator

Brandy Alexander
AL Life Enrichment Manager

Jocelyn Jackson
IL Life Enrichment Manager

Desiree Gilbert
MC Life Enrichment Manager

ASSOCIATE SPOTLIGHT

Congratulations to Rosario Martinez de Lopez for being selected Employee of the Month! Rosario was chosen because she goes above and beyond.

Rosario first joined the Waltonwood family in 2019 as a server, where her natural warmth and dedication shone brightly. In 2022, she transitioned into her current role as our night shift concierge. Known for her sincere empathy, vibrant passion, and genuine heartfelt smiles, Rosario brings immense joy to our residents. She is always ready to share a comforting hug. Rosario is beloved by everyone for her warm demeanor and genuine care. She thrives on professional growth, enjoying the fact that she learns something new every day.

Originally from Perú, Rosario graduated from Garcilazo De La Vega University with an Associate's Degree in Accounting and later expanded her skills here in Virginia through courses in English, human resources, and taxation. She moved to New York 22 years ago, but soon realized she wanted a calmer, more balanced lifestyle. That search for a better quality of life led her to Virginia where she found a community that matched her values and a workplace where she could grow, contribute, and feel at home.

Family is at the center of Rosario's world. She is a proud mother of three and grandmother of four. Outside of work, she enjoys cooking her traditional arroz con pollo, watching suspenseful dramas and romantic movies with her husband, and staying active by playing games and riding bikes with her beloved grandchildren—moments that reflect the same warmth and dedication she brings to her role every day.



JULY HIGHLIGHTS



FOREVER FIT: Practicing Patience

Rarely in life are we great at a new endeavor. It takes weeks, months and sometimes years of working at a craft before we feel that we've truly mastered it. Exercise is no different. For many, the biggest obstacle standing between them and a more active lifestyle is the initial frustration of starting something new. While it can feel a bit overwhelming as you work through the early struggles, be patient and give yourself the grace to learn from your challenges as you work to strengthen your body and mind. We've all started our fitness journey from the ground up and good things take time to cultivate. Making the commitment to move more will not only challenge you, but it will also leave you feeling better than ever!

TRANSPORTATION INFORMATION

MEDICAL APPOINTMENTS

Medical transportation is available on Mondays & Wednesdays from 8:30-4:00. Appointments must be made using the "Transportation Request Form" located at the front desk and requested no less than 2 business days (Mon-Fri) in advance by 4pm. We do not process requests over the weekend.

TRIPS

Please sign up at the front desk if you are interested in participating in any of the below trips as seats are limited. Sometimes we are not able to accomodate residents at the last minute as there is a cost for some trips and they need to be planned in advance.

Saturdays: 9:30 Ashburn Farmer's Market & 1:30 CVS, Giant, Harris Teeter, Lidl, Trader Joes & Whole Foods

Sundays: 9:30 St. David's Episcopal, 10am St Theresa Catholic Church,

10:30 Christian Fellowship Non-Denominational & 1:30 CVS, Dollar Store, Target, Walmart & Wegmans

8/4 9am Primary Election Voting Trip – RSVP by 8/1

8/7 9:30am Mosby's Rangers Civil War Bus Tour with Jim Anderson – FREE – RSVP by 8/1

8/7 1pm Cloud Fizz: Artisanal Soda Shop – Cost for meals, taxes & tip – RSVP by 8/1

8/14 11am Lunch Bunch: Coastal Flats – Cost for meal, taxes & tip – RSVP by 8/7

8/21 10:30am Glen Echo Park Aquarium - \$10.00 – RSVP by 8/14

8/27 9am Algonkian Golf Course Outing & Lunch – Cost for play, meal, taxes & tip – RSVP by 8/20

8/28 4:30 Supper Club: Yen's Kitchen – Cost for meal, taxes & tip – RSVP by 8/28

AUGUST SPECIAL EVENTS

8/2

Elvis is in the building!

8/8

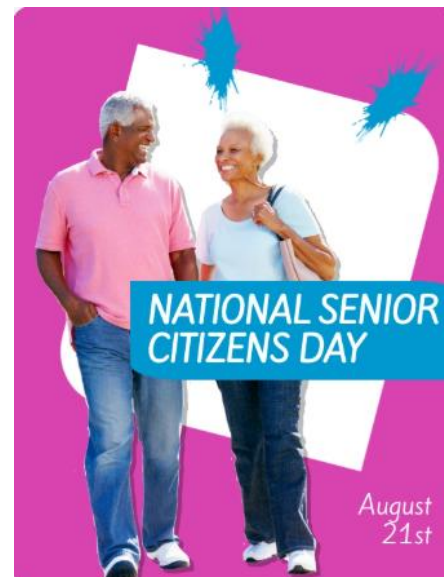
Melon Madness
Summer Party

8/15

Camp Waltonwood:
Roar & Explore

8/21

National Senior Citizens
Day Golden Years Gala



EXECUTIVE DIRECTOR CORNER

The Dog Days of Summer are upon us. Please be mindful of the summer heat. Seek shade when necessary and stay hydrated. We have several notable communitywide events occurring in August. Elvis is back in building on August 2nd. Our Clear the Shelters campaign continues. We're still collecting donations for the local animal shelter. If interested, please drop your donations at the front desk. Camp Waltonwood is an intergenerational, dinosaur-themed event. Camp is open to children ages 4-12 and will be held on August 15th. Please review the calendar for more information regarding these fun August events.

