



RESIDENT BIRTHDAYS

Jim C. - July 7th
Pete D. - July 7th
Betty B. - July 17th
Inge G. - July 19th
Maxine J. - July 20th
Charles G. - July 21st



EVENTS TO SIGN UP FOR AT CONCIERAGE

The following are upcoming events to **RSVP** for in the **BLACK** binder. Sign-Up sheets will be in the book starting the **MORNING** of the **FIRST DAY OF THE MONTH**.

July 2nd at 9:30am Outing: Harris Teeter
July 7th at 11am In House: Cards with Crystal
July 9th at 9:30am Outing: Food Lion
July 10th at 1pm Outing: Hobby Lobby
July 14th at 11am In House: Art with Ali (Watercolors)
July 16th at 9:30am Outing: Harris Teeter
July 17th at 12:30pm Outing: Howling Cow Creamery
July 17th at 3pm In House: Multimedia Landscape w/ Cathy
July 18th at 10:30am Outing: Raleigh Trolley Historic Tour
July 18th at 3:30pm In House: Landscape w/ Cathy part 2
July 22nd at 10:00am Outing: Men's Lunch to Farmers' Market
July 21st at 11am In House: Cards with Crystal
July 22nd at 11am In House: Art with Ali (Watercolors)
July 23rd at 9:30am Outing: Food Lion
July 23rd at 11:30am Outing: Ladies' Lunch to Farmers' Market
July 24th at 1pm In House: Bunco Party
July 28th at 11am In House: Fleece Blankets for Animal Shelter
July 30th at 9:30am Outing: Harris Teete

Check your InTouch App or Channel 1340 for daily programs and information!



\$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FAMILY & FRIENDS REFERRAL PROGRAM!

LAKE BOONE CONNECT

Independent Living

July, 2026



July Highlights

July is packed with fun, friendship, and patriotic spirit! We'll kick off the month with a special patriotic performance by the **Razzmatazz Ladies Dance Group** on July 1, followed by our festive **4th of July Icecream Social** on Friday, July 3. Residents can continue the celebration with a **themed dinner menu** and **Patriotic Karaoke** on July 4th. Throughout the month, enjoy our **Floor Block Parties** on July 7, 14, 21, and 30 (starting with the 5th floor on July 7th, 4th floor on July 14th, and so on), the return of the wonderful musical entertainment of **Backfence Duo**, our weekly outings for shopping, and more. We are also thrilled to announce the arrival of our **new Life Enrichment Manager, Nancy Urbanowicz!** We look forward to celebrating summer together with all of you and to welcoming Nancy to the community!



SINGH

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COMMUNITY MANAGEMENT

Cameron Gregory
Executive Director

Jennifer Noyd
Independent Living Manager

Yvette Evita-Gunter
Business Office Manager

Andre' Vaughn
Environmental Services Manager

Alex Smith
Culinary Services Manager

Niya Stafford-Hooks
Valencia Smith
Marketing Managers

Nancy Urbanowicz
Independent Living Life Enrichment Manager

Holly Bryant
Assisted Living Life Enrichment Manager

Sheridan Schoen
Memory Care Life Enrichment Manager

Clarissa Cook
Assisted Living Wellness Coordinator

Rachel Walters
Memory Care Wellness Coordinator

ASSOCIATE SPOTLIGHT: Deborah Whitley

Congratulations to Deborah Whitley, our Associate of the Month! Deborah has been a valued member of the Waltonwood Lake Boone team for one year. As our concierge, her favorite part of the job is helping residents and their family members solve problems. She truly enjoys helping others and is always ready to lend a kind, caring hand.

Outside of work, Deborah enjoys listening to music, drawing, painting, gardening, and spending time outdoors in nature. Thank you, Deborah, for your dedication, compassion, and the positive difference you make in our community every day!



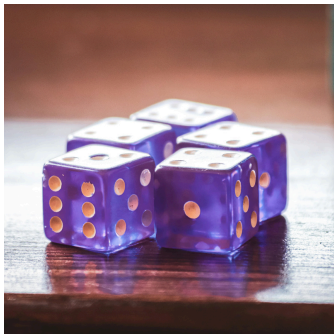
JUNE HIGHLIGHTS

11

We had a fun time playing Bunco with refreshments and prizes!

12

We went to the beautiful Cedar Creek Gallery Teapot Show!



18

We enjoyed a Father’s Day pizza luncheon with dad jokes to celebrate the wonderful dads in our community!

26

We went to the NC Museum of Art to get a tour of their Knowing the West exhibit!



FOREVER FIT: Proper Preparation

Summer’s the perfect time to mix things up and take our exercise routine outdoors. The fresh air and sunshine are the perfect combination to help reinvigorate the mind, body and soul. Before you head out the door ask yourself one thing, “What’s the weather?” While knowing the temperature is a good start looking at other factors like humidity, dew point, air quality, precipitation and wind speed can also greatly impact the overall safety and enjoyment of your exercise experience. If you happen to be an individual who also suffers from respiratory issues, a quick check of the weather before you head out the door is an even more important first step. This summer get to know the elements because the better prepared you are for the conditions the better your exercise will be.

Curiosity University Lecture

The American Revolution: Remarkable Stories You’ve Never Heard Before
Richard Bell, University of Maryland
Thursday, July 2nd, 1:30PM

The American Revolution is this country’s founding moment. It marks the birth of a nation committed to the promise of life, liberty, and the pursuit of happiness. It’s a staple of school and college curriculums and as a result, most people know something about the American Revolution and about the Founding Fathers who signed the Declaration of Independence and led their thirteen colonies into a bold new future as the United States. But the full story of the American Revolution requires us to look beyond the lives of Washington, Hamilton, Franklin, Adams, and Jefferson. This talk focuses on all the things you might not have learned in high school or college about this great struggle for independence.

JULY SPECIAL EVENTS

01,03,04

We will have a patriotic Razzmatazz performance, a themed dinner, a cornhole and desserts social, and patriotic sing-along!

7,14,21,30

Join us for another round of our floor Block Parties! The 5th floor starts on the 7th, 4th on 14th, 3rd on the 21st, and the 2nd floor on the 30th!

16

The wonderful Backfence Duo (guitar, keyboard, vocals) will be back to perform at our community!

28

Join us for an interesting presentation on unique postcards from resident Henry Fogle!



EXECUTIVE DIRECTOR CORNER

July is a month when we celebrate independence, a value that means something a little different to each of us. In our community, independence isn't defined by doing everything on your own—it's about having the freedom to make your own choices, pursue your interests, maintain meaningful relationships, and live life on your terms. Our role is to provide the support, services, and opportunities that help make that possible. As we celebrate Independence Day this month, I'm reminded that one of the greatest privileges of serving this community is helping create an environment where residents can continue to thrive with confidence, dignity, and choice. Thank you for allowing us to be part of that journey.

-Cameron Gregory, Executive Director