

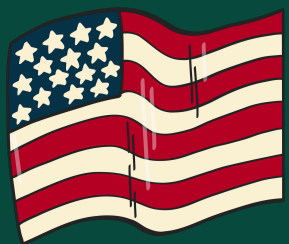


JULY ANNOUNCEMENTS

Carnival Camp Waltonwood

Residents, families, and grandchildren are invited to join us for Camp Waltonwood on Saturday, August 1st, from 11:00 a.m. to 1:00 p.m.! Step right up and experience an afternoon of carnival fun, including exciting games led by our managers and residents, a spectacular magic show, prizes, bubbles, laughter, and more. Every child will receive a special souvenir to remember the day. Enjoy a delicious lunch featuring hot dogs, chicken tenders, french fries, dessert, and beverages. This event is designed for children ages 4–12, and a parent or guardian must remain on-site. We hope you'll bring the whole family and create wonderful memories together at this fun-filled summer celebration!

“America was built on courage, on imagination, and an unbeatable determination to do the job at hand.”
— Harry S. Truman



FAMILY & FRIENDS REFERRAL PROGRAM!

\$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

LAKE BOONE CONNECT

July 2026



3550 Horton St, Raleigh, NC 27607
www.waltonwood.com | 919-569-5444

Hello July!!



The month of radiance

July is often considered the heart of summer. It is known for its warm weather, bright sunshine, and long days that encourage people to spend time outdoors. Many families enjoy vacations, cookouts, swimming, gardening, and community events during this month. In the United States, July is especially recognized for Independence Day on July 4th, a holiday celebrated with fireworks, parades, music, and gatherings with family and friends. The month is also filled with seasonal fruits, colorful flowers, and opportunities to enjoy nature. July brings a sense of fun, relaxation, and togetherness, making it one of the most enjoyable months of the year.

COMMUNITY MANAGEMENT

- Cameron Gregory**
Executive Director
- Yvette Gunter**
Business Office Manager
- Andre Vaughn**
Environmental Services Manager
- Alexander Smith**
Culinary Service Manager
- Niya Stafford-Hooks**
Valencia Smith
Marketing Managers
- LaTasha Archie**
Resident Care Manager
- Clarissa Cook**
Assisted Living Wellness Coordinator
- Rachel Walters**
Memory Care Wellness Coordinator
- Jennifer Noyd**
Independent Living Life Enrichment Manager
- Holly Bryant**
Assisted Living Life Enrichment Manager

ASSOCIATE SPOTLIGHT:

Deborah Whitley

Congratulations to Deborah Whitley, our Associate of the Month! Deborah has been a valued member of the Waltonwood team for one year, serving as a Concierge Associate. She takes great pride in helping others and enjoys interacting with residents and their families each day. Deborah especially loves solving problems and ensuring everyone feels welcomed and supported. In her free time, she enjoys listening to music, drawing, painting, and gardening. We are grateful for Deborah’s dedication, positive attitude, and commitment to providing exceptional service to our residents and families. Thank you, Deborah, for all that you do!



JULY SPECIAL EVENTS

- 1

Razzmatazz:
Patriotic Dance
- 2

Fourth of July
Happy Hour
- 7

Craft: Sun Hats
- 21

Outing: Local Pet
Shelter Donation Drop
Off



FOREVER FIT: FOCUS ON FITNESS

Proper Preparation

Summer’s the perfect time to mix things up and take our exercise routine outdoors. The fresh air and sunshine are the perfect combination to help reinvigorate the mind, body and soul. Before you head out the door ask yourself one thing, “What’s the weather?” While knowing the temperature is a good start looking at other factors like humidity, dew point, air quality, precipitation and wind speed can also greatly impact the overall safety and enjoyment of your exercise experience. If you happen to be an individual who also suffers from respiratory issues, a quick check of the weather before you head out the door is an even more important first step. This summer get to know the elements because the better prepared you are for the conditions the better your exercise will be.

INDEPENDENCE DAY

Every year on July 4th, Americans celebrate Independence Day, a holiday that commemorates the adoption of the Declaration of Independence in 1776. On this day, the thirteen American colonies declared their freedom from British rule and began their journey as an independent nation. Independence Day is important because it celebrates the birth of the United States and reminds us of the courage, sacrifice, and determination of those who fought for the freedoms we enjoy today. It is a time to reflect on the values of liberty, equality, and democracy while honoring those who have helped protect these freedoms throughout our nation's history. Today, people celebrate with family gatherings, parades, picnics, patriotic music, and fireworks, coming together as a community in gratitude and pride for our nation.

JUNE HIGHLIGHTS



EXECUTIVE DIRECTOR CORNER

July is a month when we celebrate independence, a value that means something a little different to each of us. In our community, independence isn't defined by doing everything on your own—it's about having the freedom to make your own choices, pursue your interests, maintain meaningful relationships, and live life on your terms. Our role is to provide the support, services, and opportunities that help make that possible. As we celebrate Independence Day this month, I'm reminded that one of the greatest privileges of serving this community is helping create an environment where residents can continue to thrive with confidence, dignity, and choice. Thank you for allowing us to be part of that journey.

Cameron Gregory