



JULY ANNOUNCEMENTS

Helping Our Furry Friends

This summer, Waltonwood is proud to support the Wake County Animal Center through our Pet Supply Drive. Residents, families, and team members are invited to donate new pet supplies through August 15. Requested items include dog and cat food, treats, toys, cat litter, paper towels, pet blankets, crates and carriers, Kong-style toys, peanut butter (xylitol-free), trash bags, and other shelter essentials. New or gently used towels, blankets, toys, and approved pet equipment are also welcome. Donations can be dropped off in the community lobby and will help provide comfort, enrichment, and daily care for animals awaiting their forever homes. Thank you for helping us make a difference for pets in need throughout our community! 🐾



\$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FAMILY & FRIENDS REFERRAL PROGRAM!

LAKE BOONE CONNECT

JULY 2026



SINGH
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Hello July!



Embracing the Heart of Summer

Welcome to July! As we settle into the heart of summer, we are greeted by sunny days, vibrant community events, and countless opportunities to enjoy the season with family, friends, and neighbors. July is a month that invites us to slow down, spend time outdoors, create lasting memories, and appreciate the simple pleasures that summer brings.

This month is especially meaningful as we celebrate Independence Day and reflect on the freedoms, values, and shared traditions that unite us. It is also a time to recognize the strength of our community and the importance of coming together to support one another. Whether you're enjoying local events, traveling with loved ones, gathering for a backyard barbecue, or simply taking time to relax and recharge, we hope this season brings joy, connection, and inspiration.

We wish you a safe, happy, and memorable July filled with sunshine, celebration, and special moments. Thank you for being part of our community, and we look forward to all that this exciting summer month has in store.

COMMUNITY MANAGEMENT

Cameron Gregory
Executive Director

Yvette Gunter
Business Office Manager

Jennifer Noyd
Independent Living Manager

Andre Vaughn
Environmental Services
Manager

Alexander Smith
Culinary Service Manager

Niya Stafford-Hooks
Valencia Smith
Marketing Managers

Latasha Archie
Resident Care Manager

Clarissa Cook
Assisted Living Wellness
Coordinator

Rachel Walters
Memory Care Wellness
Coordinator

Holly Bryant
Assisted Living Life Enrichment
Manager

ASSOCIATE SPOTLIGHT:

Deborah Whitley

Congratulations to Deborah Whitley, our Associate of the Month! Deborah has been a valued member of the Waltonwood team for one year, serving as a Concierge Associate. She takes great pride in helping others and enjoys interacting with residents and their families each day. Deborah especially loves solving problems and ensuring everyone feels welcomed and supported. In her free time, she enjoys listening to music, drawing, painting, and gardening. We are grateful for Deborah’s dedication, positive attitude, and commitment to providing exceptional service to our residents and families. Thank you, Deborah, for all that you do!



JUNE HIGHLIGHTS



FOREVER FIT: FOCUS ON FITNESS

Proper Preparation

Summer’s the perfect time to mix things up and take our exercise routine outdoors. The fresh air and sunshine are the perfect combination to help reinvigorate the mind, body and soul. Before you head out the door ask yourself one thing, “What’s the weather?” While knowing the temperature is a good start looking at other factors like humidity, dew point, air quality, precipitation and wind speed can also greatly impact the overall safety and enjoyment of your exercise experience. If you happen to be an individual who also suffers from respiratory issues, a quick check of the weather before you head out the door is an even more important first step. This summer get to know the elements because the better prepared you are for the conditions the better your exercise will be.

Independence Day - July 4th

This Fourth of July is especially meaningful as we celebrate 250 years of the American spirit, history, and independence. For a quarter of a millennium, our nation has been shaped by the courage, innovation, and determination of generations who have worked to build a brighter future. As we gather with family, friends, and neighbors, we honor the values that unite us and reflect on the journey that has brought us here. We wish everyone a safe, joyful, and memorable Independence Day as we commemorate this historic milestone and look ahead to the future with pride and optimism.



JULY SPECIAL EVENTS

1

Razzmatazz

2

4th of July Happy Hour



7

World Chocolate Day

14

Baking Dog Treats



EXECUTIVE DIRECTOR CORNER

July is a month when we celebrate independence, a value that means something a little different to each of us. In our community, independence isn't defined by doing everything on your own—it's about having the freedom to make your own choices, pursue your interests, maintain meaningful relationships, and live life on your terms. Our role is to provide the support, services, and opportunities that help make that possible. As we celebrate Independence Day this month, I'm reminded that one of the greatest privileges of serving this community is helping create an environment where residents can continue to thrive with confidence, dignity, and choice. Thank you for allowing us to be part of that journey.

Cameron Gregory