



JULY BIRTHDAYS!

DORIS

7/31

Engage in Exciting Activities for Cognitive Health

Cardio Drumming: Get ready to rock out with the excitement of cardio drumming! Join us for a week of drumming that will elevate your workout experience.

Floral Arrangements: Craft stunning floral arrangements that will fill your space with delightful fragrances! These workshops not only help commemorate loved ones through meaningful creations but also offer a therapeutic outlet for individuals facing Alzheimer's or dementia.

Bingo: Did you know? Bingo is not just a game; it's a brain-boosting journey for our friends with dementia! Come join us for an energetic round, and you might just win a tasty treat!

InTouch Games: Sedentary lifestyles can negatively affect cognitive function and brain performance. Participating in games is a wonderful way to stimulate the mind and rebuild neural connections, ultimately improving memory.

Trivia: Engage in trivia games that put your mental skills to the test while providing a fun way to connect with others and enhance cognitive abilities.

Arts & Crafts: Creating art serves as an excellent workout for the brain, strengthening neurons and fostering new connections. While Alzheimer's presents challenges, engaging in these activities can help forge new neural pathways and improve cognitive skills.

PET SUPPLY DRIVE : June 1 - August 15th

Please drop off NEW dog and cat supplies (toys, food, and more) in our main lobby of Independent Living at Waltonwood Twelve Oaks! The following items are appreciated as we are working together in conjunction with our sister communities for National Clear the Shelters!

If you're interested in adopting or fostering a senior dog or cat, please see Heather or Casey in Marketing. Waltonwood will help with the adoption fees!

Questions? 248-735-1500 Casey.Hess@singhmail.com | Heather.Laskos@singhmail.com

\$3,500 RESIDENTIAL REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FAMILY & FRIENDS REFERRAL PROGRAM!

TWELEVE OAKS CONNECT- ASSISTED LIVING

JULY 2026



JULY REFLECTION

Welcoming July: A Month of Renewal and Joy

July represents a time of renewal and joy, providing an opportunity for reflection, growth, and trying new activities. This is a moment to celebrate achievements while reassessing goals and reconnecting with the simple joys of summer. The month encourages personal development and self-discovery, inspiring the pursuit of meaningful experiences, connections, and exploring new ventures. July serves as a "second January," motivating us to reignite our goals and immerse ourselves in creative, physical, and adventurous activities. Genuine joy arises from cherishing everyday moments and valuing experiences, making July a time for purposeful living. Approach this month with intention, gratitude, and an open heart to possibilities.



27475 Huron Circle, Novi, MI, 48377
www.waltonwood.com | 248-735-1030
Facebook: /WaltonwoodTwelveOaks

COMMUNITY MANAGEMENT

Joe Whitney
Executive Director

Deanna Hite
Business Office Manager

Shay McClendon
Resident Care Manager

Marcia Combs
Life Enrichment Manager (AL)

Justin Will
Independent Manager

Debbie Runnels
Life Enrichment Manager (IL)

Heather Laskos
Leading Marketing Manager

Casey Hess
Marketing Manager

Priyanka Ghelani
Wellness Coordinator

Tylisha Jones
Wellness Coordinator

Jacob Chamberlin
Culinary Service Manager

Alecia Greenberg
Life Enrichment Manager (MC)

FOREVER FIT: PROPER PREPARATION

Summer’s the perfect time to mix things up and take our exercise routine outdoors. The fresh air and sunshine are the perfect combination to help reinvigorate the mind, body and soul. Before you head out the door ask yourself one thing, “What’s the weather?” While knowing the temperature is a good start looking at other factors like humidity, dew point, air quality, precipitation and wind speed can also greatly impact the overall safety and enjoyment of your exercise experience. If you happen to be an individual who also suffers from respiratory issues, a quick check of the weather before you head out the door is an even more important first step. This summer get to know the elements because the better prepared you are for the conditions the better your exercise will be.



JUNE HIGHLIGHTS

12

Today, residents enjoyed a wonderful experience crafting floral arrangements for our dining room.

18

Residents participated in an engaging behind-the-scenes discussion hosted by the DIA.

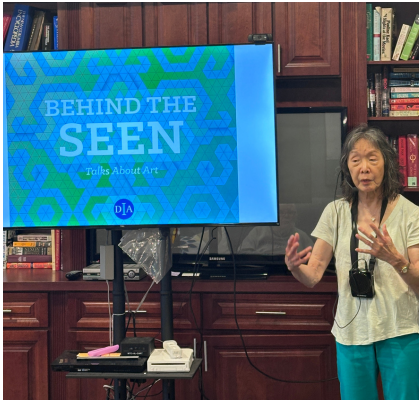


26

We had a fantastic time hosting residents, staff, and families at our annual Camp Waltonwood event,

29

Residents had a delightful time playing a friendly game of Mexican Train.



JOIN US OUTSIDE OF THE COMMUNITY

Join us for exciting outings beyond Waltonwood Twelve Oaks. We're planning trips to fun restaurants, fascinating museums, charming farms, and other fun local spots. It's a wonderful opportunity to explore new places, enjoy delicious meals, and create lasting memories with friends. Don't miss out on the fun – sign up with the concierge at the front desk today!

RESIDENT COUNCIL

We would like to remind everyone about our monthly Resident Council meetings held in the Activities Room. All residents are welcome and encouraged to attend. These meetings are designed as an open forum where you can share your thoughts and ideas about our community, discuss processes, and talk about upcoming events and changes within the community. Your input is invaluable in helping us create a vibrant and inclusive environment. Join us for our next meeting to have your voice heard and contribute to the continuous improvement of our community!

JULY SPECIAL EVENTS

6

DTE singers will be here to deliver an outstanding performance in the AL Piano area after dinner at 6pm.

7

Art for All Ages will take place at 10 AM. Please RSVP to secure your spot!



8

This resident picked outing will take us to the White Lake Inn today for lunch on the patio.

29

Join us for a scenic drive as we savor some delicious Rita's Ice Cream.

EXECUTIVE DIRECTOR CORNER- Joe Whitney

“This year our country celebrates it’s Semiquincentennial marking the 250th anniversary of the signing of the Declaration of Independence . This is also called the Sestercentennial or Quarter Millenium. For all of us young and old, this is a momentous occasion that we are all present on tis planet to celebrate. We will not get to celebrate an anniversary of our country like this in our lifetime. I hope this summer we all can take time to reflect on what makes the USA such a wonderful and privileged place to call home. We may have differences of opinions with each other, but we are all Americans and should be proud of the land we call home, the land of the free and home of the brave. With that said, please also take a moment to reflect on those who have and are serving in our armed forces. Those who have served did so with courage and bravery, to protect the freedom we celebrate this year. Please enjoy the rest of the summer and be safe.”